Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10:15 am- Exercise -R7	10:15 am- Exercise-R7 1:30-4:00pm Virtual Family visits	Activity packet delivery 10:15 am- Exercise-R7 1:30-4:00pm Virtual Family visits 2:15 Music and manicures- R7 7:00pm Free Rice vocabulary game-R5 Election Day	Activity packet delivery 10:15 am- Exercise-R7 1:30-4:00pm Virtual Family visits 2:15 pm Bowling-R7 3:15-3:45 pm Erie Canal trivia-R7 6:45 pm Bingo-R5	10:15 am- Exercise-R7 1:30-4:00pm Virtual Family visits 2:15 pm Art Class-R4 3:15-3:45 pm Traveling share	1:30-4:00pm Virtual Family visits 2:15pm Rosary-R6 2:45-3:45 Famous birthdays today-R6	Activity packet delivery 10:15 am- Exercise -R7 2:15 pm Traveling makeovers-C7 2:45pm- Traveling makeovers-L7 3:15pm-Traveling makeovers-W7
10:15 am- Exercise -R7 1:00pm Bills vs. Seahawks 2:15pm Bible Study-R7 3:15 pm Indoor Golf-TBD	Activity packet delivery 10:15 am- Exercise-R7 1:30-4:00pm Virtual Family visits 2:15 pm Bingo R6 3:15-3:45 pm 7:00pm Your card club-R7	Activity packet delivery 10 10:15 am- Exercise-R7 1:30-4:00pm Virtual Family visits 2:15 Music and manicures- R7 7:00 pm Jeapardy-R5	Activity packet delivery 10:15 am- Exercise-R7 1:30-4:00pm Virtual Family visits 2:15 pm Traveling Veteran Recognition 6:45 pm Bingo-R5  Veterans Day Remembrance Day (Canada)	10:15 am- Exercise-R7 1:30-4:00pm Virtual Family visits 2:15 pm Art Class –R4	1:30-4:00pm Virtual Family visits	Activity packet delivery 10:15 am- Exercise -R7 2:15 pm Mulled cider-R7 3:30 pm Traveling getting to know your neighbors
10:15 am- Exercise -R7 1:00pm Bills @ Cardinals 2:15pm Bible Study-R7 3:15 pm Bean Bag Bocci-R7 7:00 pm Mass on your TV-	delivery 10:15 am- Exercise 1:30-4:00pm Virtual Family	8:30 am Activity packet deliver 10:00 am- Virtual Dance with Nardin-R7 1:30-4:00pm Virtual Family visits 2:15 pm Memories Game-R7 3:15-3:45 Remembering Rock Hudson and other hearth throbs 7:00 pm Concentration-R5	Activity packet delivery <b>18</b> 10:00 am- Virtual dance with	10:15 am- Exercise-R7 1:30-4:00pm Virtual Family visits 2:15 pm Art Class-R4 3:15-3:45 pm History of Elmers glue and other	1:30-4:00pm Virtual Family visits	Activity packet delivery 10:15 am- Exercise-World Hello Day-R7 2:15 pm Traveling Ice Cream Sundae Bar
10:15 am- Exercise-R7 2:15pm Bible Study-R7 3:15 pm Indoor Golf-TBD 7:00 pm Mass on your TV-	10:15 am- Exercise-R7 1:30-4:00pm Virtual Family visits 2:15 pm Bingo-R7	Activity packet delivery 24 10:15 am- Exercise-R7 1:30-4:00pm Virtual Family visits 2:15 pm Music and manicures-R7 3:15-3:45 pm Traveling Trivia 7:00pm Wheel of Fortune-R5	10:15 am- Exercise-R7 1:30-4:00pm Virtual Family visits 2:15 pm Sing a long-R7 3:15 pm Traveling golf-R7	Thanksgiving day Parade 10:15 am- Exercise/Turkey Trivia-R7	10:15 am- Exercise-R7 1:30-4:00pm Virtual Family visits 2:00pm Rosary-R6 3:15-3:45pm Traveling move	Activity packet delivery 28 10:15 am- Exercise-R7 2:15 pm Indoor Bocci-R7 3:15 Traveling Trivia wheel
10:15 am- Exercise-R7 1:00 pm Bills vs. Chargers 2:15pm Bible Study-R7 3:15 pm Bean Bag Bocci- TBD 7:00 pm Mass on your TV-	Activity packet delivery 30 10:15 am- Exercise video-R7 1:30-4:00pm Virtual Family visits 2:15 pm Christmas Decorating 7:00pm Your card club-R7		No	Recreation Calendar for	020	

Wear your Bills-wear!

Orchard Heights Assisted Living Community