

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10:15 am Exercise-R7 1 1:00 pm Bills vs. Patriots-L 2:15pm Walking Club-R7 2:45pm Bingo-R7 7:00pm Mass on TV-Ch. 10-L6 Wear your Bills-wear! Daylight Saving Time Ends	10:15am Arthritis Exercise-R7 2 2:15 pm Corn Hole Toss-R7 2:45 pm A thru Z-R7 3:15 pm Its puzzling-R7 7:15pm Classic TV shows-L6	10:15am Dancercise-R7 3 2:15 pm Nail decor-R7 2:45pm Bingo- R7 3:15pm Greenhouse Volunteers-R7 7:15pm Music video-R6	10:15am Music and Exercise-R7 4 2:15pm Painting-R7 2:45pm Sing a long-R7 3:15pm Finishing Lyrics-R7 7:15pm TV Time-L6	10:15am Gentle stretches 5 R7 2:15pm Walking club-R7 2:45 pm Rosary-R7 3:15pm Dice Wheel of Fortune-R7 7:15pm Music Hour-R6	10:15 am Exercise -R7 6 2:15pm Help Wanted-R7 2:45pm Bingo-R7 3:15 pm Reading aloud-R7 7:15pm Video Sing-a-long-L6	10:15am Music and Exercise-R7 7 2:15pm Sing a long-R7 2:45pm Ping pong ball Toss-R7 3:15pm It's Puzzling-R7 7:00pm Movie Night-L6
10:15 am Exercise-R7 8 1:00 pm Bills vs. Seahawks-L 2:15pm Walking Club-R7 2:45pm Bingo-R7 7:00pm Mass on TV-Ch. 10-L6 Wear your Bills-wear!	10:15am Arthritis Exercise-R7 9 2:15 pm Corn Hole Toss-R7 2:45 pm Junk Drawer Detective-R7 3:15 pm Its puzzling-R7 7:15pm Classic TV shows-L6	10:15am Dancercise-R7 10 2:15 pm Nail decor-R7 2:45pm Bingo- R7 3:15pm Greenhouse Volunteers-R7 7:15pm Music video-R6	10:15am Music and Exercise-R7 11 2:15pm Painting-R7 2:45pm Sing a long-R7 3:15pm Thank you Veterans-R7 7:15pm TV Time-L6 Veterans Day Remembrance Day (Canada)	10:15am Gentle stretches 12 R7 2:15pm Ice Cream Social-R7 2:45 pm Rosary-R7 3:15pm Fun with color-R7 7:15pm Music Hour-R6	10:15 am Exercise-R7 13 2:15pm Qwirkle-R7 2:45pm Bingo-R7 3:15 pm Memories-Game-R7 7:15pm Video Sing-a-long-L3	10:15am Music and Exercise-R7 14 2:15pm Sing a long-R7 2:45pm Big Bowling-R7 3:15pm It's Puzzling-R7 7:00pm Movie Night-L6
10:15 am Exercise-R7 15 1:00pm Bills @ Cardinals 2:15pm Walking Club-R7 2:45 pm Skee Ball-R7 7:00pm Mass on TV-Ch 10-L6 Wear your Bills-wear!	10:15am Arthritis Exercise-R7 16 2:15pm 60's Drum Circle-R7 2:45pm Sip and In the Spotlight -R7 3:15pm Its puzzling-R7 7:15pm Classic TV shows-L6	10:15am Dancercise-R7 17 2:15pm Table Ball-R7 2:45pm Wheel of Fortune w/Dice-R7 3:15pm Greenhouse Volunteers-R7 7:15pm Music video-R6	10:15 am Music and Exercise-R7 18 2:15am Creative corner- 2:45pm Community Meeting -R7 3:15pm Beach ball Volleyball-R7 7:15pm TV Time-L6	10:15am Gentle stretches 19 R7 2:15pm Walking club-R7 2:45 pm Rosary-R7 3:15pm Card Match Game-R7 7:15pm Music Hour-R6	10:15 am Exercise -R7 20 2:15pm Help Wanted-R7 2:45pm Bingo-R7 3:15 pm Reading aloud-R7 7:15pm Video Sing-a-long-L6	10:15am Music and Exercise-R7 21 2:15pm Sing a long-R7 2:45pm Ping Pong Ball Toss-R7 3:15pm It's Puzzling-R7 7:00pm Movie Night-L6
10:15 am Exercise-R7 22 1:00 pm Bills Vs. Chiefs-L 2:15 pm Counting out Blessings-R7 2:45pm Bingo-R7 7:00pm Mass on TV-Ch 10-L6	10:15am Parachute Fun-R7 23 2:15am Move to Fifties music-R7 2:45pm Clay Creations-R7 3:15 pm Its puzzling-R7 7:15pm Classic TV shows-L6	10:15am Dancercise-R6 24 2:15pm Nail Decor-R3 2:45pm Bingo- R7 3:15pm Greenhouse Volunteers-R7 7:15pm Music video-R6	10:15am Music and Exercise-R7 25 2:15pm Painting-R7 2:45pm Sing a long-R7 3:15pm Corn hole Game-R7 7:15pm TV Time-L6	10:15am Gentle stretches 26 R7 2:15pm Pie Social-R7 2:45 pm Rosary-A7 3:15pm Fun with color-R7 7:15pm Music Hour-R6	10:15 am Exercise-R7 27 2:15pm Help wanted-R7 2:45pm Bingo-R7 3:15 pm Memories-Game-R7 7:15pm Video Sing-a-long-L6	10:15am Music and Exercise-R7 28 2:15pm Big Bowling-R7 3:15pm It's Puzzling-R7 7:00pm Movie Night-L6
29 1:00 pm Bills vs. Chargers-L 2:15pm Dice Games -R7 2:45 pm Bingo-R7 3:15 pm Buffalo Trivia-R7	30 10:15am Parachute Fun-R7 2:15am 60's Drum Circle-R7 2:45pm Wood crafts-R7 3:15 pm Its puzzling-R7					

November 2020

Recreation calendar for Harmony Lane of Orchard Heights

Calendar Key :Staff:1-Lee 2-Staff 3-Linda 4-Staff 5-Cyndy 6-Staff 7-Recreation Staff 8-Volunteer- 9-independent Room: A-Activities Room (AL side)D-Main dining Room G-Greenhouse L-Living Room O-Outing R-Recreation Room