

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

January 2021

Recreation Calendar for Orchard Heights Assisted Living Community.



| | | | | | | | |
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|  | | | | | |  |  |
| 3 Activity packet delivery 10:15 am- Exercise video-your lounge 2:15 pm Bible Study-C5 2:45 pm Bible Study-W5 3:15 pm Bible Study-L5 7:00 pm Mass on your TV-Ch. 10 | 4 Activity packet delivery 10:15 am- Exercise video-your lounge 1:30-4:00 pm Virtual Family visits 2:15 pm Bingo-C7 2:45 pm Bingo-W7 3:15 pm Bingo--L7 | 5 Activity packet delivery 10:15 am- Exercise video-your lounge 1:30-4:00 pm Virtual Family visits 2:15 pm Brain Games-C3 2:45 pm Brain Games-W3 3:15 pm Brain games-L3 6:00 pm Rick Steve's Travels on PBS -Ch. 17.2 | 6 Activity packet delivery 10:15 am- Tai Chi video-your lounge 1:30-4:00 pm Virtual Family visits 2:15 pm Name that Tune-C3 2:45 pm Name that Tune-W3 3:15 pm Name that Tune-L3 | 7 Activity packet delivery 10:15 am- Exercise video-your lounge 1:30-4:00pm Virtual Family visits 2:15 pm Traveling crafts-C7 2:45 pm Traveling crafts-W7 3:15 pm Traveling crafts-L7 6:45 pm The Highway men in concert on you-tube | 8 Activity packet delivery 10:15 am- Exercise video-your lounge 1:30-4:00pm Virtual Family visits 2:15pm Rosary-C6 2:45 pm Rosary-W3 3:15 pm Rosary -L3 <small>New Year's Day</small> | 9 Activity packet delivery 10:15 am- Exercise video-your lounge 2:15pm - Traveling Library-C7 2:45pm Traveling Library-W7 3:15 pm Traveling Library-L7 | |
| 10 Activity packet delivery 10:15 am- Exercise video-your lounge 2:15 pm Bible Study-C5 2:45 pm Bible Study-W5 3:15 pm Bible Study-L5 7:00 pm Mass on your TV-Ch. 10 | 11 8:30am Activity packet delivery 10:15 am- Exercise video-your lounge 1:30-4:00pm Virtual Family visits 2:15 pm Bingo-C7 2:45 pm Bingo-W7 3:15 pm Bingo--L7 | 12 8:30 am Activity packet delivery 10:15 am- Exercise video-your lounge 1:30-4:00 pm Virtual Family visits 2:15pm Traveling happy Hour-C3 2:45 pm Traveling happy Hour-W3 3:15 pm Traveling happy Hour-L3 6:00 pm Rick Steve's Travels on PBS -Ch. 17.2 | 13 Activity packet delivery 10:15 am- Tai Chi video-your lounge 1:30-4:00 pm Virtual Family visits 2:00pm Resident Council-C1 2:30 pm Resident Council-W1 3:00pm Resident Council-L1 | 14 Activity packet delivery 10:15 am- Exercise video-your lounge 1:30-4:00pm Virtual Family visits 2:15 pm Traveling crafts-C7 2:45 pm Traveling crafts-W7 3:15 pm Traveling crafts-L7 6:45pm Andy Williams sings the hits on you tube | 15 Activity packet delivery 10:15 am- Exercise video-your lounge 1:30-4:00pm Virtual Family visits 2:15pm Rosary-C6 2:45 pm Rosary-W3 3:15 pm Rosary -L3 | 16 Activity packet delivery 10:15 am- Exercise video-your lounge 2:15 pm Cookie decorating-C7 2:45 pm Cookie decorating-W7 3:15 pm Cookie decorating-L7 | |
| 17 Activity packet delivery 10:15 am- Exercise video-your lounge 2:15 pm Bible Study-C5 2:45 pm Bible Study-W5 3:15 pm Bible Study-L5 7:00 pm Mass on your TV-Ch. 10 | 18 8:30am Activity packet delivery 10:15 am- Exercise video-your lounge 1:30-4:00pm Virtual Family visits 2:15 pm Bingo-C7 2:45 pm Bingo-W7 3:15 pm Bingo--L7 <small>Martin Luther King Day</small> | 19 Activity packet delivery 10:15 am- Exercise video-your lounge 1:30-4:00 pm Virtual Family visits 2:15 pm Big Bowling-C3 2:45 pm Big Bowling-W3 3:15 pm Big Bowling-L3 6:00 om Rick Steve's Travels on PBS-Ch17.2 | 20 Activity packet delivery 1:30-4:00 pm Virtual Family visits 2:15 pm Who Am i? --C3 2:45 pm Who am I?-W3 3:15 pm Who am I?-L3 | 21 Activity packet delivery 10:15 am- Exercise video-your lounge 1:30-4:00pm Virtual Family visits 2:15 pm Traveling crafts-C7 2:45 pm Traveling crafts-W7 3:15 pm Traveling crafts-L7 6:45 pm The Righteous brothers in concert on you tube | 22 Activity packet delivery 10:15 am- Exercise video-your lounge 1:30-4:00pm Virtual Family visits 2:15pm Rosary-C6 2:45 pm Rosary-W3 3:15 pm Rosary -L3 | 23 Activity packet delivery 10:15 am- Exercise video-your lounge 2:15 pm Traveling Trivia wheel-C7 2:45 pm Traveling Trivia wheel-L7 3:15 pm Traveling Trivia wheel-W7 | |
| 24 Activity packet delivery 10:15 am- Exercise video-your lounge 2:15pm Bible Study-C7 2:45 pm Bible study-W7 3:15 pm Bible study-L7 7:00 pm Mass on your TV-Ch. 10 <small>Activity Professionals Week</small> | 25 8:30 amActivity packet delivery 10:15 am- Exercise video-your lounge 1:30-4:00pm Virtual Family visits 2:15 pm Bingo-C7 2:45 pm Bingo-W7 3:15 pm Bingo--L7 | 26 Activity packet delivery 10:15 am- Exercise video-your lounge 1:30-4:00 pm Virtual Family visits 2:15 pm Traveling Snowball games-C3 2:45 pm Traveling snowball games-W3 3:15 pm Traveling snowball games-L3 6:00 pm Rick Steves Travels on PBS Ch17.2 <small>Australia Day (observed)</small> | 27 Activity packet delivery 10:15 am- Tai Chi video-your lounge 1:30-4:00pm Virtual Family visits 2:15 pm Traveling Dance Break-C7 2:45pm Traveling Dance Break-W7 3:15 pm Traveling Dance break-L7 | 28 Activity packet delivery 10:15 am- Exercise video-your lounge 1:30-4:00 pm Virtual Family visits 2:15 pm Traveling crafts-C7 2:45 pm Traveling crafts-W7 3:15 pm Traveling crafts-L7 6:45 pm Kenny Rogers in concert on You tube | 29 Activity packet delivery 10:15 am- Exercise video-your lounge 1:30-4:00 pm Virtual Family visits 2:15pm Rosary-C6 2:45 pm Rosary-W3 3:15 pm Rosary -L3 | 30 Activity packet delivery 10:15 am- Exercise video-your lounge 2:15 pm Sundaes on Saturday-C7 2:45 pm Sundaes on Saturday-W7 3:15 pm Sundaes on Saturday-L7 | |
| 31 Activity packet delivery 10:15 am- Exercise video-your lounge 2:15pm Bible Study-C7 2:45 pm Bible study-W7 3:15 pm Bible study-L7 7:00 pm Mass on your TV-Ch. 10 |  <p>Calendar Key :Staff:1- Lee 2-Recreation staff 3-Linda 4-MK 5-Cyndy 6-Staff 7-Recreation Staff 8-Volunteer- 9-independent <u>Room key:</u> A-Art Gallery C-Chestnut Lounge D- Main dining Room G- Family Room. I-Ice cream parlor area LB-Library L-Lilac Lounge O-Outing P-Patio/Parlor R-Recreation Room WP-Willow Patio W-Willow Lounge</p> | | | | |  | |