

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

January 2021

Night Owl Program for Orchard Heights Assisted Living Community



9:00 pm Family Stories **1**
 11:00 am Midnight Movie
 1:00 am Hand Massages
 3:00 am Early risers walking club
 5:00am Pictionary
 New Year's Day

9:00 pm Puzzles **2**
 11:00 am Meditational Coloring
 1:00 am Music and hand massage
 3:00 am Sorting
 5:00 am Sunrise stroll

9:00 pm Dice Games **3**
 11:00 pm Midnight Travels-
 1:00 am Concentration
 3:00 am Puzzles
 5:00 am Early Risers Walking Club

9:00 pm Memories **4**
 11:00pm Midnight Movie
 1:00 am Tea and Readers Digest
 3:00 am Beads etc.
 5:00 am Early risers Walking club

9:00 pm Herbal Tea and Hand **5**
 massage
 11:00 pm Spelling Bee
 1:00 am Uno
 3:00 am Trivia
 5:00 am Boggle

9:00 pm Memories **6**
 11:00 pm Midnight Movie-
 1:00 am Tea and Readers Digest
 3:00 am Beads etc.
 5:00 am Early risers Walking club

9:00 pm Ring Toss **7**
 11:00 pm Crazy Eights
 1:00 am Amazing Mazes
 3:00 am Shut the Box
 5:00 am Categories

9:00 pm Card Games **8**
 11:00 pm Qwirkle
 1:00 am Trivia
 3:00 am What is it??
 5:00 am Early risers Walking

9:00 pm Herbal Tea and Hand **9**
 Massage
 11:00 am Word Search
 1:00 am Dice Games
 3:00 am Trivia
 5:00 am Sunrise chat

9:00 pm Concentration **10**
 11:00 pm Poetry Reading
 1:00 am 3 of a kind
 3:00 am Card Games
 5:00 am Brushstrokes

9:00 pm Word Search **11**
 11:00 pm Puzzles
 1:00 am Who am I
 3:00 am Black Jack
 5:00 am Spelling Bee

9:00 pm Concentration **12**
 11:00 pm Poetry Reading
 1:00 am Name 5
 3:00 am Card Games
 5:00 am Brush strokes

9:00 pm Ball Toss **13**
 11:00 pm Dice Games
 1:00 am Remember When
 3:00 am 20 Questions
 5:00 am Coffee / Conversation

9:00 pm Brushstrokes **14**
 11:00 pm Memories
 1:00 am Scavenger Hunt
 3:00 am Yarn Club
 5:00 am Early Risers Walking Club

9:00 pm Family Stories **15**
 11:00 am Midnight Movie
 1:00 am Hand Massages
 3:00 am Early risers walking club
 5:00am Pictionary

9:00 pm Puzzles **16**
 11:00 am Meditational Coloring
 1:00 am Music and hand massage
 3:00 am Sorting
 5:00 am Sunrise stroll

9:00 pm Dice Games **17**
 11:00 pm Midnight Travels-
 1:00 am Concentration
 3:00 am Puzzles
 5:00 am Early Risers Walking Club

9:00 pm Memories **18**
 11:00pm Midnight Movie
 1:00 am Tea and Readers Digest
 3:00 am Beads etc.
 5:00 am Early risers Walking club
 Martin Luther King Day

9:00 pm Herbal Tea and Hand **19**
 massage
 11:00 pm Spelling Bee
 1:00 am Uno
 3:00 am Trivia
 5:00 am Boggle

9:00 pm Memories **20**
 11:00 pm Midnight Movie-
 1:00 am Tea and Readers Digest
 3:00 am Beads etc.
 5:00 am Early risers Walking club

9:00 pm Ring Toss **21**
 11:00 pm Crazy Eights
 1:00 am Amazing Mazes
 3:00 am Shut the Box
 5:00 am Categories

9:00 pm Card Games **22**
 11:00 pm Qwirkle
 1:00 am Trivia
 3:00 am What is it??
 5:00 am Early risers Walking

9:00 pm Herbal Tea and Hand **23**
 Massage
 11:00 am Word Search
 1:00 am Dice Games
 3:00 am Trivia
 5:00 am Sunrise chat

9:00 pm Concentration **24**
 11:00 pm Poetry Reading
 1:00 am 3 of a kind
 3:00 am Card Games
 5:00 am Brushstrokes
 Activity Professionals Week

9:00 pm Word Search **25**
 11:00 pm Puzzles
 1:00 am Who am I
 3:00 am Black Jack
 5:00 am Spelling Bee

9:00 pm Concentration **26**
 11:00 pm Poetry Reading
 1:00 am Name 5
 3:00 am Card Games
 5:00 am Brush strokes
 Australia Day (observed)

9:00 pm Ball Toss **27**
 11:00 pm Dice Games
 1:00 am Remember When
 3:00 am 20 Questions
 5:00 am Coffee / Conversation

9:00 pm Brushstrokes **28**
 11:00 pm Memories
 1:00 am Scavenger Hunt
 3:00 am Yarn Club
 5:00 am Early Risers Walking Club

9:00 pm Family Stories **29**
 11:00 am Midnight Movie
 1:00 am Hand Massages
 3:00 am Early risers walking club
 5:00am Pictionary

9:00 pm Puzzles **30**
 11:00 am Meditational Coloring
 1:00 am Music and hand massage
 3:00 am Sorting
 5:00 am Sunrise stroll

9:00 pm Dice Games **31**
 11:00 pm Midnight Travels-
 1:00 am Concentration
 3:00 am Puzzles
 5:00 am Early Risers Walking Club

Calendar Key: W-Willow lounge C-Chestnut lounge L-Lilac lounge. All Programs will facilitated by the Nursing Staff upon request in the lounge

