

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

January 2021

Recreation calendar for Harmony Lane of Orchard Heights

					<p>10:45 am Exercise -R7 2:15pm Help Wanted-R7 2:45pm Bingo-R7 3:15 pm Reading aloud-R7 7:15pm Video Sing-a-long-L6</p> <p>New Year's Day</p>	<p>10:45am Music and Exercise-R7 2:15pm Sing a long-R7 2:45pm Ping pong ball Toss-R7 3:15pm It's Puzzling-R7 7:00pm Movie Night-L6</p>
<p>10:45 am Exercise-R7 2:15pm Walking Club-R7 2:45pm Bingo-R7 7:00pm Mass on TV-Ch. 10-L6</p>	<p>10:45am Arthritis Exercise-R7 2:15 pm Indoor Golf-R7 2:45 pm Shuffleboard-R7 3:15 pm Its puzzling-R7 7:15pm Classic TV shows-L6</p>	<p>10:45am Dancercise-R7 2:15 pm Nail decor-R7 2:45pm Bingo- R7 3:15pm Greenhouse Volunteers-R7 7:15pm Music video-R6</p>	<p>10:45am Music and Exercise-R7 2:15pm Creative corner-R7 2:45 pm Remembering Winter fun-R7 3:15pm Balloon volleyball-R7 7:15 pm TV Time-L6</p>	<p>10:45am Gentle stretches-R7 2:15 pm Kick Ball-R7 2:45 pm Rosary-R7 3:15 pm Fun with color-R7 7:15 pm Music Hour-R6</p>	<p>10:45 am Exercise-R7 2:15pm Help Wanted-R7 2:45pm Bingo-R7 3:15 pm Math Bee-R7 7:15pm Video Sing-a-long-L3</p>	<p>10:45am Music and Exercise-R7 2:15pm Sing a long-R7 2:45pm Big Bowling-R7 3:15pm It's Puzzling-R7 7:00pm Movie Night-L6</p>
<p>10:45 am Exercise-R7 2:15pm Walking Club-R7 2:45 pm Skee Ball-R7 7:00pm Mass on TV-Ch 10-L6</p>	<p>10:45am Arthritis Exercise-R7 2:15pm 60's Drum Circle-R7 2:45pm Sip and In the Spotlight -R7 3:15pm Its puzzling-R7 7:15pm Classic TV shows-L6</p>	<p>10:45am Dancercise-R7 2:15pm Table Ball-R7 2:45pm Hot Cocoa social-R7 3:15 pm Greenhouse Volunteers-R7 7:15pm Music video-R6</p>	<p>10:45 am Music and Exercise-R7 2:15 am Creative corner-R7 2:45 pm Community Meeting -R7 3:15 pm Beach ball Volleyball-R7 7:15 pm TV Time-L6</p>	<p>10:45 am Gentle stretches-R7 2:15 pm Walking club-R7 2:45 pm Rosary-R7 3:15 pm Card Match Game-R7 7:15pm Music Hour-R6</p>	<p>10:45 am Exercise -R7 2:15 pm Picture this!-R7 2:45 pm Bingo-R7 3:15 pm Reading aloud-R7 7:15pm Video Sing-a-long-L6</p>	<p>10:45am Music and Exercise-R7 2:15pm Sing a long-R7 2:45pm Balloon volleyball-R7 3:15pm It's Puzzling-R7 7:00pm Movie Night-L6</p>
<p>10:45 am Exercise-R7 2:15 pm Walking Club-R7 2:45pm Bingo-R7 7:00pm Mass on TV-Ch 10-L6</p>	<p>10:45 am Arthritis Exercise-R7 2:15am Coffee and MLK-R7 2:45pm Clay Creations-R7 3:15 pm Its puzzling-R7 7:15pm Classic TV shows-L6</p> <p>Martin Luther King Day</p>	<p>10:45am Dancercise-R6 2:15 pm Nail Decor-R3 2:45 pm Bingo- R7 3:15 pm Finish the lyrics-R7 7:15pm Music video-R6</p>	<p>10:45am Music and Exercise-R7 2:15 pm Painting-R7 2:45 pm Sing a long-R7 3:15pm Corn hole Game-R7 7:15pm TV Time-L6</p>	<p>10:45am Gentle stretches-R7 2:15pm Ice Cream Social-R7 2:45 pm Rosary-A7 3:15pm Fun with color-R7 7:15 pm Music Hour-R6</p>	<p>10:45 am Exercise -R7 2:15 pm Cookies and cocoa-R7 2:45pm What's in the bag?-R7 3:15 pm Reading aloud-R7 7:15 pm Video Sing-a-long-L6</p>	<p>10:45am Music and Exercise-R7 2:15 pm Junk Drawer detective-R7 2:45pm Big Bowling-R7 3:15pm It's Puzzling-R7 7:00pm Movie Night-L6</p>
<p>10:45 am Exercise-R7 2:15pm <i>Dice Games -R7</i> 2:45 pm Bingo-R7 3:15 pm Buffalo Trivia-R7 7:00 pm Mass on TV-Ch.10-L6</p> <p>Activity Professionals Week</p>	<p>10:45am Arthritis Exercise-R7 2:15am 60's Drum Circle-R7 2:45pm Wood crafts-R7 3:15 pm Its puzzling-R7 7:15 pm Classic TV shows-L6</p>	<p>10:45am Dancercise-R6 2:15pm Nail Decor-R3 2:45pm Bingo- R7 3:15 pm Greenhouse Volunteers-R7 7:15pm Music video-R6</p> <p>Australia Day (observed)</p>	<p>10:45 am Music and Exercise-R7 2:15 pm Painting- R7 2:45 pm Sing a long-R7 3:15pm Corn hole Game-R7 7:15 pm TV Time-L6</p>	<p>10:45am Gentle stretches-R7 2:15pm Ice Cream Social-R7 2:45 pm Rosary-A7 3:15pm Fun with color-R7 7:15 pm Music Hour-R6</p>	<p>10:45 am Exercise-R7 2:15 pm Cookies and cocoa-R7 2:45 pm Picture this!-R7 3:15 pm Reading aloud-R7 7:15 pm Video Sing-a-long-L6</p>	<p>10:45am Music and Exercise-R7 2:15 pm Junk Drawer detective-R7 2:45 pm Big Bowling-R7 3:15pm It's Puzzling-R7 7:00pm Movie Night-L6</p>
<p>10:45 am Exercise-R7 2:15 pm Walking Club-R7 2:45pm Bingo-R7 7:00pm Mass on TV-Ch 10-L6</p>	<p>Calendar Key :Staff:1-Lee 2-Staff 3-Linda 4-Staff 5-Cyndy 6-Staff 7-Recreation Staff 8-Volunteer- 9-independent Room: A-Activities Room (AL side)D-Main dining Room G-Greenhouse L-Living Room O-Outing R-Recreation Room</p>					