

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# May 2021

## Orchard Heights Assisted Living Recreation Calendar



|  |  |   |   |  |  |   |
|--|--|---|---|--|--|---|
| <p>Activity packet delivery<br/>10:15 am- Exercise video-your lounge<br/>11:00 am Mass on TV in your lounge<br/>2:15 pm Bible Study-R5<br/>7:00 pm Classic TV-your lounge</p> <p><b>2</b></p>  | <p>Activity packet delivery<br/>10:15 am- Exercise video-your lounge<br/>1:30-4:00 pm Virtual Family visits<br/>2:15 pm Make gifts for Nurses-R3<br/>6:00 pm Evening TV-your lounge</p> <p><b>3</b></p>                              | <p>Activity packet delivery<br/>10:15 am- Exercise Class -your lounge<br/>1:30-4:00 pm Virtual Family visits<br/>2:15 pm Bingo-R2<br/>5:45 pm Rick Steve's Travels on PBS-Egypt-your lounge</p> <p><b>4</b></p>                                       | <p>Activity packet delivery<br/>10:15 am- Arthritis Exercise-R2<br/>1:30-4:00 pm Virtual Family visits<br/>2:15 pm Traveling Pinata party-W3<br/>2:30 pm Traveling Pinata Party-C3<br/>3:00 pm Traveling Pinata Party-L3<br/><br/>3:15 pm Independent Cards-Art room<br/><i>Cinco de Mayo</i></p> <p><b>5</b></p> | <p>Activity packet delivery<br/>10:00 am Country Ride<br/>10:15 am- Tai Chi video-your lounge<br/>1:30-4:00 pm Virtual Family visits<br/>2:15 pm Rosary-C1<br/>2:15 pm Country Ride<br/>2:45 pm Rosary-L1<br/>3:15 pm Rosary -W1<br/>5:45 pm You Tube-Comedy-Larry Weaver</p> <p><b>6</b></p>              | <p>Activity packet delivery<br/>10:15 am- Group Exercise-R2<br/>1:30-4:00 pm Virtual Family visits<br/>2:15 pm Art with Linda-R2<br/>5:45 pm Movie Night-Dolly Parton Tribute on Netflix</p> <p><b>7</b></p> | <p>Activity packet delivery<br/>10:15 am- History Chicks-Podcast-Your lounge<br/>2:15 pm Horseraces and Mint Juleps-R3<br/>6:50 pm Kentucky Derby on TV</p> <p><b>1</b></p> <p><i>May Day</i></p> |
| <p>Activity packet delivery<br/>10:15 am Mothers Day Gift delivery<br/>11:00 am Mass on TV in your lounge<br/>7:00 pm Classic TV-your lounge</p> <p><b>9</b></p> <p><i>Mother's Day</i></p>  | <p>8:30 am Activity packet delivery<br/>10:15 am- Exercise video-your lounge<br/>1:30-4:00 pm Virtual Family visits<br/>2:15 pm Bingo-R2<br/>6:00 pm Evening TV-your lounge</p> <p><b>10</b></p>                                     | <p>Activity packet delivery<br/>10:15 am- Virtual Dance Class -your lounge<br/>1:30-4:00 pm Facetime visits<br/>2:15 pm How well do you know your birds? R2<br/>5:45 pm Virtual Concert- Brian Beaudry</p> <p><b>11</b></p>                           | <p>Activity packet delivery<br/>10:15 am- Arthritis Exercise-R2<br/>1:30-4:00 pm Virtual Family visits<br/>2:15 pm Indoor Bocci-your lounge<br/>3:15 pm Independent Cards-Art room</p> <p><b>12</b></p>   | <p>Activity packet delivery<br/>10:00 am Country Ride<br/>10:15 am- Tai Chi video-your lounge<br/>1:30-4:00 pm Virtual Family visits<br/>2:15 pm Rosary-C1<br/>2:15 pm Country Ride<br/>2:45 pm Rosary-L1<br/>3:15 pm Rosary -W1<br/>5:45 pm Comedy-Nate Barzgate on Netflix</p> <p><b>13</b></p>          | <p>Activity packet delivery<br/>10:15 am- Group Exercise-R2<br/>1:30-4:00 pm Virtual Family visits<br/>2:15 pm Art with Linda-R2<br/>5:45 pm Movie Night-The Quartet on Netflix</p> <p><b>14</b></p>         | <p>Activity packet delivery<br/>10:15 am- History Chicks Pod cast-your lounge<br/>2:15 pm - Patriotic sing along-R2</p> <p><b>15</b></p> <p><i>Armed Forces Day</i></p>                           |
| <p>Activity packet delivery<br/>10:15 am- Exercise video-your lounge<br/>11:00 am Mass on TV in your lounge<br/>2:15 pm Bible Study-R5<br/>3:15 pm Friendly visits<br/>7:00 pm Classic TV-your lounge</p> <p><b>16</b></p> <p><i>Shavuot Begins</i></p>                        | <p>8:30 am Activity packet delivery<br/>10:15 am- Exercise video-your lounge<br/>1:30-4:00 pm Virtual Family visits<br/>2:15 pm Bingo-R2<br/>6:00 pm Evening TV-your lounge</p> <p><b>17</b></p>                                     | <p>Activity packet delivery<br/>10:15 am- Virtual Dance Class -your lounge<br/>1:30-4:00 pm Virtual Family visits<br/>2:15 pm Unscramble-R3<br/>5:45 pm Rick Steve's Travels on PBS-Sicily-your lounge</p> <p><b>18</b></p>                           | <p>Activity packet delivery<br/>10:15 am- Arthritis Exercise-R2<br/>1:30-4:00 pm Virtual Family visits<br/>2:15 pm Say anything game-R2<br/>3:15 pm Independent Cards-Art room</p> <p><b>19</b></p>   | <p>Activity packet delivery<br/>10:00 am Country Ride<br/>10:15 am- Tai Chi video-your lounge<br/>1:30-4:00 pm Virtual Family visits<br/>2:15 pm Rosary-C1<br/>2:15 pm Country Ride<br/>2:45 pm Rosary-L1<br/>3:15 pm Rosary -W1<br/>5:45 pm Comedy-Jim Gaffigan-Obsessed on Net Flix</p> <p><b>20</b></p> | <p>Activity packet delivery<br/>10:15 am- Group Exercise-R2<br/>1:30-4:00 pm Virtual Family visits<br/>2:15 pm Art with Linda-R2<br/>5:45 pm Movie Night- Miracle on Netflix</p> <p><b>21</b></p>            | <p>Activity packet delivery<br/>10:15 am- Exercise video- your lounge<br/>2:15 pm - Virtual concert in your lounge- Lyle Stang</p> <p><b>22</b></p>   |
| <p>Activity packet delivery<br/>10:15 am- Exercise video-your lounge<br/>11:00 am Mass on TV in your lounge<br/>2:15 pm Bible Study-R5<br/>3:15 pm Turtle Break-!5 Turles you won't believe actually exist-your lounge<br/>7:00 pm Classic TV-your lounge</p> <p><b>23</b></p> | <p>8:30 am Activity packet delivery<br/>10:15 am- Exercise video-your lounge<br/>1:30-4:00 pm Virtual Family visits<br/>2:15 pm Bingo-R2<br/>6:00 pm Evening TV-your lounge</p> <p><b>24</b></p> <p><i>Victoria Day (Canada)</i></p> | <p>Activity packet delivery<br/>10:15 am- Virtual Dance Class -your lounge<br/>1:30-4:00 pm Virtual Family visits<br/>2:15 pm Wheel of Fortune-R3<br/>5:45 pm Rick Steve's Travels on PBS Cruising the Mediterranean-your lounge</p> <p><b>25</b></p> | <p>Activity packet delivery<br/>10:15 am- Arthritis Exercise-R2<br/>1:30-4:00 pm Virtual Family visits<br/>2:15 pm Plant raised gardens -R2<br/>3:15 pm Independent Cards-Art room</p> <p><b>26</b></p>   | <p>Activity packet delivery<br/>10:00 am Country Ride<br/>10:15 am- Tai Chi video-your lounge<br/>1:30-4:00 pm Virtual Family visits<br/>2:15 pm Rosary-C1<br/>2:30 pm Country Ride<br/>2:45 pm Rosary-L1<br/>3:15 pm Rosary -W1<br/>6:00 pm You tube-Comedy-Brian Regan on Net Flix</p> <p><b>27</b></p>  | <p>Activity packet delivery<br/>10:15 am- Group Exercise-R2<br/>1:30-4:00 pm Virtual Family visits<br/>2:15 pm Art with Linda-R2<br/>5:45 pm Movie Night-My Fair lady on netflix</p> <p><b>28</b></p>        | <p>Activity packet delivery<br/>10:15 am- History Chicks Pod cast<br/>2:15 pm -Virtual concert in your lounge- Judd Sunshine</p> <p><b>29</b></p>   |

Activity packet delivery  
10:15 am- Exercise video-your lounge  
11:00 am Mass on TV in your lounge  
2:15 pm Bible Study-R7  
3:15 pm Friendly visits  
7:00 pm Classic TV-your lounge

**30**

8:30 am Activity packet delivery  
10:15 am- Exercise video-your lounge  
1:30-4:00 pm Virtual Family visits  
2:30 pm Bingo-R7  
6:00 pm Evening TV-your lounge

**31**

*Memorial Day*

**Calendar Key :**Staff:1- Lee 2-Linda 3-Jennifer  
4-staff 8-Volunteer- 9-independent Room key:  
A-Art Gallery C-Chestnut Lounge D- Main dining Room G- Family Room.  
I-Ice cream parlor area  
LB-Library L-Lilac Lounge

