

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

May 2021

Recreation calendar for Harmony Lane of Orchard Heights



10:45am Horse races
Game-R2
2:15pm Sing a long-R2
2:45pm Bingo-R2
3:15pm It's Puzzling-R2
7:00pm Movie Night-L4

May Day

10:45 am Exercise-R3
11:00 am TV Mass-R3
2:15 pm Collage making-R3
3:15pm Walking Club-R3
6:45pm Soothing sounds-R4

2
10:45 am Arthritis
Exercise-R3
2:15 pm Table ball-R3
2:45 pm Bingo-R3
3:15 pm Peace and color-R3
6:45 pm Video sing along-R4

3
10:45am Dancercise-R2
2:15 pm Big Bowling-R2
2:45pm A-Z game-R2
3:15pm Greenhouse
Volunteers-Planting-R2
6:45 pm Music video-R4

4
10:45am Music and
Exercise-R3
2:15 pm Creative corner-R3
2:45 pm Pinata Fun-R3
3:15pm Conversation
Starters-R3
6:45 pm TV Time-L4

Cinco de Mayo

5
10:45 am Gentle stretches-R2
2:15 pm Washers game-R2
2:30 pm Rosary-R2
3:00 pm Coffee/Reminisce-Remembering Mom-R2
3:30 pm Fun with color-R2
6:45 pm Music Hour- R4

6
10:45 am Exercise-R2
2:15pm Help Wanted-R2
2:45pm 50's Sing a long -R2
3:15 pm Math Bee-R2
3:30 pm Puzzles-R2
7:15 pm Classic TV shows-L4

7
10:45am Music and
Exercise-R3
2:15pm Junk Drawer
detective-3
2:45pm Bingo- R3
3:15pm It's Puzzling-R3
7:00pm Movie Night-L4

8
10:45 am Exercise-R1
11:00 am TV Mass-R1
2:15 pm Walking club-R3
2:30 pm Name that tune-R3
3:00 pm Toss across-R3
6:45pm Soothing sounds-R4

Mother's Day

9
10:45 am Arthritis
Exercise-R3
2:15 pm Table ball-R3
2:45 pm Bingo-R3
3:15 pm Peace and color-R3
6:45 pm Video sing along-R4

10
10:45 am Dancercise-R2
2:15pm Who, What
When? R2
2:45pm Basketball-R2
3:15 pm Greenhouse
Volunteers-R2
6:45 pm Music video-R4

11
10:45 am Music and
Exercise-R3
2:15 pm Help wanted-R3
2:45 pm Nail time-R3
3:15 pm Ice Cream social-R3
6:45 pm TV Time-L4

12
10:45 am Gentle stretches-R2
2:15 pm Kick ball-R2
2:30 pm Rosary-R2
3:00 pm Coffee/Reminisce-Wedding Day-R2
3:30 pm Fun with color-R2
6:45 pm Americas funniest home videos-R2

13
10:45 am Exercise -R3
2:15 pm Picture this!-R3
2:45 pm Dance Break -R3
3:15 pm Easel Escapades-R2
3:30 pm Puzzles-R3
7:15pm Classic TV shows-L4

14
10:45am Music and
Exercise-R2
2:15pm Patriotic Sing a
long-R2
2:45pm Bingo-R2
3:15pm Horse races -R2
7:00pm Movie Night-L4

Armed Forces Day

15
10:45 am Exercise-R3
11:00 am TV Mass-R3
2:15pm Walking Club-R3
2:30 pm Common
denominator-R3
3:00 pm Bowling-R3
6:45pm Soothing sounds-R4

Shavuot Begins

16
10:45 am Arthritis
Exercise-R3
2:15 pm Table ball-R3
2:45 pm Bingo-R3
3:15 pm Peace and color-R3
6:45 pm Video sing along-R4

17
10:45 am Dancercise-R2
2:15 pm Penny Pitch-R2
2:45 pm Picture this-R2
3:15 pm Greenhouse
Volunteers-R2
6:45 pm Music video-R4

18
10:45 am Music and Exercise-R3
11:30 am Community meeting-R3
2:15 pm Creative corner-R3
2:45 pm Nail time-R3
3:15 pm Conversation
Starters-R3
6:45 pm TV Time-L4

19
10:45 am Gentle stretch-R7
2:15pm Washers game-R2
2:30 pm Rosary-A3
3:00 pm Laughter and Lemonade-R2
3:30pm Fun with color-R2
6:45 pm Music Hour- -R4

20
10:45 am Exercise-R3
2:15 pm Help Wanted-R3
2:45 pm 50's Sing a long -R3
3:15 pm Easel Escapades-R3
3:30 pm Puzzles-R3
7:15pm Classic TV shows-L4

21
10:45am Music and
Exercise-R3
2:15 pm Junk Drawer
detective-3
2:45 pm Bingo-R3
3:15pm It's Puzzling-R3
7:00pm Movie Night-L6

22
10:45 am Exercise-R5
11:00 am TV Mass-R3
2:15 pm Walking club-R3
2:30 pm Name that Hymn-R3
3:00 pm Toss across-R
6:45pm Soothing sounds-R4

23
10:45 am Arthritis
Exercise-R3
2:15 pm Table ball-R3
2:45 pm Bingo-R3
3:15 pm Peace and color-R3
6:45 pm Video sing along-R4

Victoria Day (Canada)

24
10:45 am Dancercise-R2
2:15 pm Penny Pitch-R2
2:45 pm Picture this-R2
3:15 pm Greenhouse
Volunteers- Plant raised
gardens-R2
6:45 pm Music video-R4

25
10:45 am Music and
Exercise-R3
2:15 am Help wanted-R3
2:45 pm Nail time-R3
3:15 pm Ice Cream Social-R3
6:45 pm TV Time-L4

26
10:45 am Gentle stretches-R2
2:15 pm Patio Games-P2
2:30 pm Rosary-P2
3:00 pm Laughter and
Lemonade-P2
3:30 pm Fun with color-R2
6:45 pm Music Hour-R2

27
10:45 am Exercise -R3
2:15 pm Picture this!-R3
2:45 pm Dance break -R3
3:15 pm Math Bee-R3
3:30 pm Puzzles-R3
7:15pm Classic TV shows-L4

28
10:45am Music and
Exercise-R3
2:15 pm Junk Drawer
detective-3
2:45 pm Bingo-R3
3:15pm It's Puzzling-R3
7:00pm Movie Night-L6

29
10:45 am Exercise-R5
11:00 am TV Mass-R3
2:15 pm Walking club-R3
2:30 pm Name that Hymn-R3
3:00 pm Indoor Bocci-R3
6:45pm Soothing sounds-R4

30
10:45 am Arthritis
Exercise-R3
2:15 pm Sip and
Memorial day memories-R3
2:45 pm Bingo-R3
3:15 pm Peace and color-R3
6:45 pm Video sing along

Memorial Day



Calendar Key :Staff:1-Lee 2-Linda 3-Jennifer 4- Nursing Staff 5- Recreation staff
8-Volunteer- 9-independent **Room:** A-Activities Room (AL side)
D-Main dining Room G-Greenhouse L-Living Room O-Outing R-Recreation Room

