

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Activity packet delivery 1 10:15 am Move n' Groove-R5 11:00 am Mass on TV in your lounge 2:00 pm Tai Chi- your lounge 2:15 pm Bible Study-R4 3:15 pm Friendly visits	Activity packet delivery 2 8:30 am Activity packet delivery 9:30 am Exercise to music-R5 10:15 am Wheel of Fortune-R5 2:15 pm Sno-Cones on the Porch-P3 7:00 pm Bingo-R4	Activity packet delivery 3 9:30 am Exercise to music -R2 10:15 am Walking Club- BP2 2:15 pm Getting to know you social-BP4 7:00 pm Sing a long-R4	Activity packet delivery 4 9:30 am Arthritis Exercise-R2 10:30 am Rosary-R2 2:15 pm Indoor Hockey-R3 5:45 pm <i>Concert in the Park outing-Hamburg Town Band</i>	Activity packet delivery 5 9:30 am Moon Ball-R4 10:15am Buzzword-R4 1:30-3:00 pm Virtual Family visits 2:15 pm Patio Games-BP3 6:00 pm Movie Night-Sinatra Part 1-your lounge	Activity packet delivery 6 9:30 am Morning Stretch-R3 10:15 am- Nail Décor-space is limited -R3 2:15 pm Art with Linda-R2 2:15 pm Independent Pinochle-A4 7:00 pm Friday night Bingo-R4	Activity packet delivery 7 10:15 am- Morning Stretch-R2 2:00 pm Concert-Tricia Ferraro-W8 2:20 pm Concert-Tricia Ferraro-C8 2:40 pm Concert-Tricia Ferraro-L8 5:45 pm Expedition China on Netflix-your lounge
Activity packet delivery 8 10:15 am Move n' Groove-R6 11:00 am Mass on TV in your lounge 2:00 pm Tai Chi- your lounge 2:15 pm OP Wesleyan Church Service-R8 3:15 pm Friendly visits	Activity packet delivery 9 8:30 am Activity packet delivery 10:15am Exercise to music-R5 2:15 pm Patio Book club-P3 7:00 pm Bingo-R4	Activity packet delivery 10 9:30 am Exercise to music-R5 10:15 am Walking Club-BP2 10:30 am Bridge with Shirley-A5 2:00 pm Scrabble with Arlene-A8 2:15 pm Tinkers United-R4 7:00 pm Drum Circle-R4	Activity packet delivery 11 9:30 am Arthritis Exercise-R2 10:30 am Rosary-R2 2:15 pm Independent Cards-Art room 2:15 pm Golf Par-Tee-P3 5:45 pm Rick Steve's Croatia-your lounge	Activity packet delivery 12 9:30 am Tai Chi-R2 10:15 am Catch Phrase-R2 1:30-4:00 pm Virtual Family visits 2:15/3:15 pm <i>Country Ride-O4</i> 2:15 pm Keeping Cool photo op-BP3 6:00 pm Movie night- Sinatra-part 2- Your lounge	Activity packet delivery 13 9:30 am Morning Stretch-R3 10:15 am- Nail Décor-space is limited -R3 1:30-3:00 pm Virtual Family visits 2:15 pm Art with Linda-R2 2:15 pm Independent Pinochle-A4 7:00 pm Friday night Bingo-R4	Activity packet delivery 14 10:15 am- Zumba-R2 2:00 pm -Concert-Brian Beaudry-W5 2:20 pm Concert-Brian Beaudry -C5 2:40 pm Concert-Brian Beaudry-L5 5:45 pm Tiny creatures on Net flix-your lounge
Activity packet delivery 15 10:15 am Move n' Groove-R5 11:00 am Mass on TV in your lounge 2:00 pm Tai Chi- your lounge 2:15 pm Bible Study-R4 3:15 pm Friendly visits 7:00 pm Classic TV-your lounge	Activity packet delivery 16 8:30 am Activity packet delivery 9:30 am- Exercise to music-R5 10:15 am Create a word-R5 2:15 pm Patio Book club-P3 7:00 pm Po-ke-no-R4	Activity packet delivery 17 10:15am Walking club-BP2 2:00 pm Scrabble with Arlene-A8 2:15 pm Sand art candle making-R4 7:00 pm Sing a long-R4	Activity packet delivery 18 9:30 am Arthritis Exercise-R2 10:30am Rosary-R2 2:15 pm Traveling Fair Games-W3 2:30 pm Traveling Fair Games-C3 3:00pm Traveling Fair Games-L3 2:15 pm Independent Cards-Art room 5:45 pm Rick Steve's Majesty of Madrid-your lounge	Activity packet delivery 19 9:30 am- Tai Chi -R3 10:15 am Senior Moments-R3 10:15 am Make popsicles-R2 2:00 pm Ride to Sturgeon Point-O4 1:30-4:00 pm Virtual Family visits 2:15 pm Virtual Horseraces-R2 6:00 pm Movie night-Walk Ride Rodeo-your lounge	Activity packet delivery 20 10:15 am- Nail Décor-space is limited -R3 1:30-3:00 pm Virtual Family visits 2:15 pm Popsicles on the patio-R4 2:15 pm Independent Pinochle-A4 7:00 pm Friday night Bingo-R4	Activity packet delivery 21 10:15 am- Morning Stretch-R2 2:00 pm Concert-Russ Keyser-W8 2:20 pm Concert- Russ Keyser-C5 2:40 pm Concert-Russ Keyser-L5 5:45 pm Age of Tanks on Netflix your lounge
Activity packet delivery 22 10:15 am Move n' Groove-R6 11:00 am Mass on TV in your lounge 2:00 pm Tai Chi- your lounge 2:15 pm Bible Study-R2 3:15 pm Friendly visits 7:00 pm Classic TV-your lounge	Activity packet delivery 23 8:30 am Activity packet delivery 9:30 am Exercise to music-R5 10:15 am Jeopardy-R5 2:15 pm Patio Book club-P3 6:45 pm Bingo-R4	Activity packet delivery 24 9:30 am Exercise to music -R2 10:15 am Walking club-BP2 2:00 pm Scrabble with Arlene-A8 2:15 pm Resident Council-W1 2:30 pm Resident Council-C1 2:45 pm Resident Council-L1 7:00 pm Dance Break-R4	Activity packet delivery 25 9:30 am Arthritis Exercise-R2 10:30 am- Rosary-R2 2:15 pm Share your travels and sunshine-P3 2:15 pm Independent Cards-Art room 5:45 pm Rick Steve's Scotland Highlands- your lounge	Activity packet delivery 26 9:30 am- Tai Chi-R5 10:15 am- Free Rice -vocabulary game for charity-R3 1:30-4:00 pm Virtual Family visits 2:15/3:15 pm <i>Ride for ice cream</i> 2:15 pm Patio Games-BP3 6:00 pm Movie night-Audrey-your lounge	Activity packet delivery 27 9:30 am Morning Stretch-R3 10:15 am- Nail Décor-space is limited-R3 1:30-3:00 pm Virtual Family visits 2:15 pm Art with Linda-R2 2:15 pm Independent Pinochle-A4 7:00 pm Friday night Bingo-R4	Activity packet delivery 28 10:15 am- Zumba-R2 2:00 pm Concert-Kathy Carr-W8 2:20 pm Concert Kathy Carr-C8 2:40 pm Concert- Kathy Carr-L8 5:45 pm Birders on Netflix your lounge
Activity packet delivery 29 10:15 am- Move n' Groove-R5 11:00 am Mass on TV in your lounge 2:15 pm Bible Study-R4 3:15 pm Friendly visits 7:00 pm Classic TV-your lounge	Activity packet delivery 30 8:30 am Activity packet delivery 9:30 am Exercise to music-R5 10:15 am Family Feud-R5 2:15 pm Word Jumble- R3 6:45 pm Bingo-R4	Activity packet delivery 31 9:30 am Exercise to music -R2 10:15 am Walking club-BP2 2:15 pm Remembering Princess Diana-BP4 7:00pm Axe Throwing-R4	 <p style="text-align: center;">August 2021 Recreation Calendar for Orchard Heights Assisted Living</p>			