

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:00 pm Dice Games 1 11:00 pm Midnight Travels- 1:00 am Concentration 3:00 am Puzzles 5:00 am Early Risers Walking Club	9:00 pm Memories 2 11:00pm Midnight Movie 1:00 am Tea and Readers Digest 3:00 am Journaling. 5:00 am Early risers Walking club	9:00 pm Concentration 3 11:00 pm Poetry Reading 1:00 am Name 5 3:00 am Card Games 5:00 am Brush strokes	9:00 pm Ball Toss 4 11:00 pm Dice Games 1:00 am Remember When 3:00 am 20 Questions 5:00 am Coffee / Conversation	9:00 pm Brushstrokes 5 11:00 pm Memories 1:00 am Scavenger Hunt 3:00 am Yarn Club 5:00 am Early Risers Walking Club	9:00 pm Family Stories 6 11:00 am Midnight Movie 1:00 am Hand Massages 3:00 am Early risers walking club 5:00am Pictionary	9:00 pm Puzzles 7 11:00 am Meditational Coloring 1:00 am Music and hand massage 3:00 am Sorting 5:00 am Sunrise stroll
9:00 pm Concentration 8 11:00 pm Poetry Reading 1:00 am 3 of a kind 3:00 am Card Games 5:00 am Brushstrokes	9:00 pm Word Search 9 11:00 pm Puzzles 1:00 am Who am I 3:00 am Black Jack 5:00 am Spelling Bee	9:00 pm Herbal Tea and Hand massage 10 11:00 pm Spelling Bee 1:00 am Uno 3:00 am Trivia 5:00 am Boggle	9:00 pm Memories 11 11:00 pm Midnight Movie-Digest 1:00 am Tea and Readers 3:00 am Counting backwards. 5:00 am Early risers Walking club	9:00 pm Ring Toss 12 11:00 pm Crazy Eights 1:00 am Amazing Mazes 3:00 am Shut the Box 5:00 am Categories	9:00 pm Card Games 13 11:00 pm Qwirkle 1:00 am Trivia 3:00 am What is it?? 5:00 am Early risers Walking	9:00 pm Herbal Tea and Hand Massage 14 11:00 am Word Search 1:00 am Dice Games 3:00 am Trivia 5:00 am Sunrise chat
9:00 pm Dice Games 15 11:00 pm Midnight Travels- 1:00 am Concentration 3:00 am Puzzles 5:00 am Early Risers Walking Club	9:00 pm Memories 16 11:00pm Midnight Movie 1:00 am Tea and Readers Digest 3:00 am Journaling. 5:00 am Early risers Walking club	9:00 pm Concentration 17 11:00 pm Poetry Reading 1:00 am Name 5 3:00 am Card Games 5:00 am Brush strokes	9:00 pm Ball Toss 18 11:00 pm Dice Games 1:00 am Remember When 3:00 am 20 Questions 5:00 am Coffee / Conversation	9:00 pm Brushstrokes 19 11:00 pm Memories 1:00 am Scavenger Hunt 3:00 am Yarn Club 5:00 am Early Risers Walking Club	9:00 pm Family Stories 20 11:00 am Midnight Movie 1:00 am Hand Massages 3:00 am Early risers walking club 5:00am Pictionary	9:00 pm Puzzles 21 11:00 am Meditational Coloring 1:00 am Music and hand massage 3:00 am Sorting 5:00 am Sunrise stroll
9:00 pm Concentration 22 11:00 pm Poetry Reading 1:00 am 3 of a kind 3:00 am Card Games 5:00 am Brushstrokes	9:00 pm Word Search 23 11:00 pm Puzzles 1:00 am Who am I 3:00 am Black Jack 5:00 am Spelling Bee	9:00 pm Herbal Tea and Hand massage 24 11:00 pm Spelling Bee 1:00 am Uno 3:00 am Trivia 5:00 am Boggle	9:00 pm Memories 25 11:00 pm Midnight Movie-Digest 1:00 am Tea and Readers 3:00 am Counting backwards. 5:00 am Early risers Walking club	9:00 pm Ring Toss 26 11:00 pm Crazy Eights 1:00 am Amazing Mazes 3:00 am Shut the Box 5:00 am Categories	9:00 pm Card Games 27 11:00 pm Qwirkle 1:00 am Trivia 3:00 am What is it?? 5:00 am Early risers Walking	9:00 pm Herbal Tea and Hand Massage 28 11:00 am Word Search 1:00 am Dice Games 3:00 am Trivia 5:00 am Sunrise chat
9:00 pm Dice Games 29 11:00 pm Midnight Travels- 1:00 am Concentration 3:00 am Puzzles 5:00 am Early Risers Walking Club	9:00 pm Memories 30 11:00pm Midnight Movie 1:00 am Tea and Readers Digest 3:00 am Journaling. 5:00 am Early risers Walking club	9:00 pm Concentration 31 11:00 pm Poetry Reading 1:00 am Name 5 3:00 am Card Games 5:00 am Brush strokes	 <p>August 2021 Night Owl Program for Orchard Heights Assisted Living</p>			

All Programs will be facilitated by the Nursing Staff upon request in your lounge