

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# October 2021

## Recreation Calendar for Orchard Heights Assisted Living

<p>Activity packet delivery 10:15 am-Move n' Groove-R3 11:00 am-Mass on TV in your lounge 1:00pm-Bills vs. Texans 2:15 pm-Bible Study-R5 3:15 pm-Friendly visits-5 7:00 pm-Classic TV-your lounge</p> <p><b>3</b></p>	<p>Activity packet delivery 9:30 am-Exercise to music-R6 10:15 am-Giant Connect 4-R6 2:15pm-Craft-Wooden Pumpkins-R3 3:15pm-Walking Club-R3 6:45 pm-Bingo-R5</p> <p><b>4</b></p>	<p>Activity packet delivery 9:30am-Exercise to music -R6 10:00 am-Foliage Ride-O4 10:00am-Bridge club-A8 10:15 am-Jeopardy-R6 2:00 pm-Scrabble with Arlene-A8 2:15 pm-Bowling-R2 5:45pm - Video Sing along-your lounge</p> <p><b>5</b></p>	<p>Activity packet delivery 9:30 am-Arthritis Exercise-R2 10:00am-Bridge club-A8 10:30 am-Rosary-R2 2:15 pm-Independent Cards-Art room 2:15 pm-Getting to know you social-BP3 5:45 pm-Our Planet on Netflix Pt.6-your lounge</p> <p><b>6</b></p>	<p>Activity packet delivery 9:30am-Exercise to music-R2 10:15 am-Catch Phrase-R2 1:30-4:00pm-Virtual Family visits 2:15 pm-Create Fall Door Decor-R3 2:15/3:15-PM FOLIAGE RIDE-O4 5:45pm TV time-your lounge</p> <p><b>7</b></p>	<p>Activity packet delivery 9:30 am-Arthritis Exercise-R2 10:15 am-Nail Décor-space is limited -R2 1:30-3:00pm-Virtual Family visits 2:15 pm-Painting with Linda-R2 2:15 pm-Independent Pinochle-A4 6:45 pm-Friday night Bingo-R5</p> <p><b>8</b></p>	<p>Activity packet delivery 10:15 am-Morning Stretch-R3 2:00 pm -Concert- David Stockton W2 2:20 pm -Concert-David Stockton-C2 2:40 pm -Concert-David Stockton - L2 5:45 pm -Saturday Night movie-The Tourist-your lounge</p> <p><b>9</b></p>
<p>Activity packet delivery 10:15 am-Move n' Groove-R6 11:00 am-Mass on TV in your lounge 1:00pm-Bills @Chiefs 2:15 pm-Bible Study-R5 3:15 pm-Friendly visits-5 7:00 pm-Classic TV-your lounge</p> <p><b>10</b></p>	<p>Activity packet delivery 9:30am-Exercise to music-R6 10:15am-Columbus Day Trivia-R6 2:15 pm-Target Practice-R3 3:15pm- Walking Club-R3 6:45 pm-Bingo-R5</p> <p><b>11</b></p> <p>Columbus Day (US) Indigenous Peoples' Day Thanksgiving (Canada)</p>	<p>Activity packet delivery 9:30 am-Exercise to music-R6 10:00 am-Foliage Ride-O4 10:00am-Bridge club-A8 10:15am-Spelling Bee-R6 2:00 pm-Scrabble with Arlene-A8 2:15 pm-Kitchen Creations-R3 5:45pm-Old Time Rock n Roll-Legends in Concert-your lounge</p> <p><b>12</b></p>	<p>Activity packet delivery 9:30 am-Arthritis Exercise-R2 10:00am-Bridge club-A8 10:30am-Rosary-R2 2:15 pm-Crafts with Jen-R3 2:15 pm-Independent Cards-Art room 5:45 pm-Our Planet on Netflix-Pt.7-your lounge</p> <p><b>13</b></p>	<p>Activity packet delivery 9:30 am-Exercise to music-R2 10:15 am-Senior Moments-R2 2:15 pm-Jewelry making-R 1:30-4:00 pm-Virtual Family visits 2:15/3:15PM-RIDE TO RED BARREL CIDER MILL-O4 5:45pm TV time-your lounge</p> <p><b>14</b></p>	<p>Activity packet delivery 9:30am-Arthritis Exercise-R2 10:15 am-Nail Décor-space is limited -R2 1:30-3:00pm-Virtual Family visits 2:15pm-Sketching with Linda-R2 2:15 pm-Independent Pinochle-A4 6:45 pm-Friday night Bingo-R5</p> <p><b>15</b></p>	<p>Activity packet delivery 10:15 am Zumba-R6 2:00 pm-Concert-Craig Wilkins-W5 2:20 pm-Concert-Craig Wilkins-C5 2:40 pm- Concert-Craig Wilkins-L5 5:45 pm-Saturday Night movie—Spiderwick Chronicles-your lounge</p> <p><b>16</b></p>
<p>Activity packet delivery 10:15 am-Move n' Groove-R3 11:00 am-Mass on TV in your lounge 2:15 pm-OP Wesleyan Church Service-R2 3:15 pm-Friendly visits-5 7:00 pm-Classic TV-your lounge</p> <p><b>17</b></p>	<p>Activity packet delivery 9:30am-Exercise to music-R6 10:15am-Giant Connect 4-R6 2:15pm-Indoor Hockey-R3 3:15pm -Walking Club-R3 6:45pm-Po-ke-no-R5 8:15pm-Bills @Titans</p> <p><b>18</b></p>	<p>Activity packet delivery 9:30am-Exercise to music-R6 10:00am-Country Ride -O4 10:00am-Bridge club-A8 10:15am-Wheel of Fortune-R6 2:00pm-Scrabble with Arlene-A8 2:15pm-Bowling-R2 6:45pm-online Sing a long-R5</p> <p><b>19</b></p>	<p>Activity packet delivery 9:30 am-Arthritis Exercise-R2 10:00am-Bridge club-A8 10:30 am Rosary-R2 2:00PM-A TASTE OF GERMANY WITH DAVE GAWRONSKI-W3 2:20 PM-A TASTE OF GERMANY WITH DAVE GAWRONSKI-C3 2:40PM-A TASTE OF GERMANY WITH DAVE GAWRONSKI-L3 2:15 pm-Independent Cards-Art room 5:45 pm-Our Planet on Netflix-Pt.8-your lounge</p> <p><b>20</b></p> <p>Oktobefest</p>	<p>Activity packet delivery 9:30 am-Exercise to music-R2 10:15 am-Free Rice-R2 2:15 pm-Karaoke with Jen-R3 1:30-4:00pm-Virtual Family visits 2:15/3:15PM-COUNTRY RIDE-O4 2:15pm-Chef Chat-R8 5:45pm TV time-your lounge</p> <p><b>21</b></p>	<p>Activity packet delivery 9:30am-Arthritis Exercise-R2 10:15 am-Nail Décor-space is limited-R2 1:30-3:00pm-Virtual Family visits 2:15 pm-Painting with Linda-R2 2:15 pm-Independent Pinochle-A4 6:45 pm-Friday night Bingo-R5</p> <p><b>22</b></p>	<p>Activity packet delivery 10:15 am- Morning Stretch-R6 2:00 pm -Concert-Joseph Mahfoud-W2 2:20 pm -Concert Joseph Mahfoud-C2 2:40 pm -Concert- Mahfoud-L2 5:45 pm -Saturday night movie-Hubie Halloween-your lounge</p> <p><b>23</b></p>
<p>Activity packet delivery 10:15 am-Move n' Groove-R6 11:00 am-Mass on TV in your lounge 1:00 pm-Bye Week 2:15 pm-OP Presbyterian online Service-R2 3:15 pm-Friendly visits-2 7:00 pm-Classic TV-your lounge</p> <p><b>24</b></p>	<p>Activity packet delivery 9:30 am-Exercise to music-R6 10:15am-Unscramble-R3 2:15 pm-Axe throwing-R3 3:15pm-Walking Club-R3 6:45 pm-Bingo-R5</p> <p><b>25</b></p>	<p>Activity packet delivery 9:30am-Exercise to music-R6 10:00am-Country Ride-O4 10:00am-Bridge club-A8 10:15am-Family Feud-R6 2:00pm-Scrabble with Arlene-A8 2:00pm-Resident Council-W1 2:15pm-Resident Council-C1 2:30pm-Resident Council-L1 5:45 pm-Louis Armstrong-Legends in Concert- your lounge-R5</p> <p><b>26</b></p>	<p>Activity packet delivery 9:30 am-Arthritis Exercise-R2 10:00am-Bridge club-A8 10:30 am-Rosary-R2 2:15 pm-Karaoke with Jen-R3 2:15 pm-Independent Cards-Art room 5:45 pm-Birders on Netflix-your lounge</p> <p><b>27</b></p>	<p>Activity packet delivery 9:30am-Exercise to music -R2 10:15 am-Say Anything game-R2 1:30-4:00pm-Virtual Family visits 2:15/3:15PM-COUNTRY RIDE-O4 2:15 pm-Chef Chat-space is limited-R8 5:45pm TV time-your lounge</p> <p><b>28</b></p>	<p>Activity packet delivery 9:30am-Arthritis Exercise-R2 10:15am-Nail Décor-space is limited-R2 1:30-3:00pm-Virtual Family visits 2:15 pm-Painting with Linda-R2 2:15 pm-Independent Pinochle-A4 6:45 pm-Friday night Bingo-R5</p> <p><b>29</b></p>	<p>Activity packet delivery 10:15 am- Zumba-R6 2:00 PM -HALLOWEEN MAGIC SHOW-W2 2:20 PM-HALLOWEEN MAGIC SHOW-C2 2:40 PM-HALLOWEEN MAGIC SHOW-L2 5:45pm-Saturday night movie- Murder Mystery</p> <p><b>30</b></p>

**Calendar Key: Staff:** 1- Lee 2-Linda 3-Jennifer 4-Lori 5- Chelsie 6-Diana 7-Recreation staff 8-Volunteer 9-independent Room key: A-Art Gallery C-Chestnut Lounge  
 LB-Library L-Lilac Lounge BP-Back Room key: A-Art Gallery C-Chestnut Lounge D- Main dining Room G- Family Room, I-Ice cream parlor area LB-Library L-Lilac Lounge BP-Back Patio

Activity packet delivery  
10:15 am-Move n' Groove-R6  
11:00 am-Mass on TV in your lounge  
1:00 pm-Bills vs. Dolphins  
2:15 pm-Reverse Trick or Treat  
7:00 pm-Classic TV-your lounge

**31**

**Happy Halloween!**

Halloween

