

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

October 2021

Night owl Recreation program for Orchard Heights



<p>9:00 pm Concentration 3</p> <p>11:00 pm Poetry Reading</p> <p>1:00 am 3 of a kind</p> <p>3:00 am Card Games</p> <p>5:00 am Brushstrokes</p>	<p>9:00 pm Word Search 4</p> <p>11:00 pm Puzzles</p> <p>1:00 am Who am I</p> <p>3:00 am Black Jack</p> <p>5:00 am Spelling Bee</p>	<p>9:00 pm Herbal Tea and Hand 5</p> <p>massage</p> <p>11:00 pm Spelling Bee</p> <p>1:00 am Uno</p> <p>3:00 am Trivia</p> <p>5:00 am Boggle</p>	<p>9:00 pm Memories 6</p> <p>11:00 pm Midnight Movie-</p> <p>1:00 am Tea and Readers</p> <p>Digest</p> <p>3:00 am Counting backwards.</p> <p>5:00 am Early risers</p> <p>Walking club</p>	<p>9:00 pm Ring Toss 7</p> <p>11:00 pm Crazy Eights</p> <p>1:00 am Amazing Mazes</p> <p>3:00 am Shut the Box</p> <p>5:00 am Categories</p>	<p>9:00 pm Family Stories 1</p> <p>11:00 am Midnight Movie</p> <p>1:00 am Hand Massages</p> <p>3:00 am Early risers walking</p> <p>club</p> <p>5:00am Pictionary</p>	<p>9:00 pm Puzzles 2</p> <p>11:00 am Meditational Coloring</p> <p>1:00 am Music and hand</p> <p>massage</p> <p>3:00 am Sorting</p> <p>5:00 am Sunrise stroll</p>
<p>9:00 pm Dice Games 10</p> <p>11:00 pm Midnight Travels-</p> <p>1:00 am Concentration</p> <p>3:00 am Puzzles</p> <p>5:00 am Early Risers</p> <p>Walking</p> <p>Club</p>	<p>9:00 pm Memories 11</p> <p>11:00pm Midnight Movie</p> <p>1:00 am Tea and Readers</p> <p>Digest</p> <p>3:00 am Journaling.</p> <p>5:00 am Early risers</p> <p>Walking club</p> <p><small>Columbus Day (US)</small></p> <p><small>Indigenous Peoples' Day</small></p> <p><small>Thanksgiving (Canada)</small></p>	<p>9:00 pm Concentration 12</p> <p>11:00 pm Poetry Reading</p> <p>1:00 am Name 5</p> <p>3:00 am Card Games</p> <p>5:00 am Brush strokes</p>	<p>9:00 pm Ball Toss 13</p> <p>11:00 pm Dice Games</p> <p>1:00 am Remember When</p> <p>3:00 am 20 Questions</p> <p>5:00 am Coffee /</p> <p>Conversation</p>	<p>9:00 pm Brushstrokes 14</p> <p>11:00 pm Memories</p> <p>1:00 am Scavenger Hunt</p> <p>3:00 am Yarn Club</p> <p>5:00 am Early Risers</p> <p>Walking Club</p>	<p>9:00 pm Family Stories 15</p> <p>11:00 am Midnight Movie</p> <p>1:00 am Hand Massages</p> <p>3:00 am Early risers walking</p> <p>club</p> <p>5:00am Pictionary</p>	<p>9:00 pm Puzzles 16</p> <p>11:00 am Meditational Coloring</p> <p>1:00 am Music and hand</p> <p>massage</p> <p>3:00 am Sorting</p> <p>5:00 am Sunrise stroll</p>
<p>9:00 pm Concentration 17</p> <p>11:00 pm Poetry Reading</p> <p>1:00 am 3 of a kind</p> <p>3:00 am Card Games</p> <p>5:00 am Brushstrokes</p>	<p>9:00 pm Word Search 18</p> <p>11:00 pm Puzzles</p> <p>1:00 am Who am I</p> <p>3:00 am Black Jack</p> <p>5:00 am Spelling Bee</p>	<p>9:00 pm Herbal Tea and Hand 19</p> <p>massage</p> <p>11:00 pm Spelling Bee</p> <p>1:00 am Uno</p> <p>3:00 am Trivia</p> <p>5:00 am Boggle</p>	<p>9:00 pm Memories 20</p> <p>11:00 pm Midnight Movie-</p> <p>1:00 am Tea and Readers</p> <p>Digest</p> <p>3:00 am Counting backwards.</p> <p>5:00 am Early risers</p> <p>Walking club</p>	<p>9:00 pm Ring Toss 21</p> <p>11:00 pm Crazy Eights</p> <p>1:00 am Amazing Mazes</p> <p>3:00 am Shut the Box</p> <p>5:00 am Categories</p>	<p>9:00 pm Card Games 22</p> <p>11:00 pm Qwirkle</p> <p>1:00 am Trivia</p> <p>3:00 am What is it??</p> <p>5:00 am Early risers</p> <p>Walking</p>	<p>9:00 pm Herbal Tea and Hand 23</p> <p>Massage</p> <p>11:00 am Word Search</p> <p>1:00 am Dice Games</p> <p>3:00 am Trivia</p> <p>5:00 am Sunrise chat</p>
<p>9:00 pm Dice Games 24</p> <p>11:00 pm Midnight Travels-</p> <p>1:00 am Concentration</p> <p>3:00 am Puzzles</p> <p>5:00 am Early Risers</p> <p>Walking</p> <p>Club</p>	<p>9:00 pm Memories 25</p> <p>11:00pm Midnight Movie</p> <p>1:00 am Tea and Readers</p> <p>Digest</p> <p>3:00 am Journaling.</p> <p>5:00 am Early risers</p> <p>Walking club</p>	<p>9:00 pm Concentration 26</p> <p>11:00 pm Poetry Reading</p> <p>1:00 am Name 5</p> <p>3:00 am Card Games</p> <p>5:00 am Brush strokes</p>	<p>9:00 pm Ball Toss 27</p> <p>11:00 pm Dice Games</p> <p>1:00 am Remember When</p> <p>3:00 am 20 Questions</p> <p>5:00 am Coffee /</p> <p>Conversation</p>	<p>9:00 pm Brushstrokes 28</p> <p>11:00 pm Memories</p> <p>1:00 am Scavenger Hunt</p> <p>3:00 am Yarn Club</p> <p>5:00 am Early Risers</p> <p>Walking Club</p>	<p>9:00 pm Family Stories 29</p> <p>11:00 am Midnight Movie</p> <p>1:00 am Hand Massages</p> <p>3:00 am Early risers walking</p> <p>club</p> <p>5:00am Pictionary</p>	<p>9:00 pm Puzzles 30</p> <p>11:00 am Meditational Coloring</p> <p>1:00 am Music and hand</p> <p>massage</p> <p>3:00 am Sorting</p> <p>5:00 am Sunrise stroll</p>

All Programs will facilitated by the Nursing Staff upon request in your lounge

<p>9:00 pm Concentration 31</p> <p>11:00 pm Poetry Reading</p> <p>1:00 am 3 of a kind</p> <p>3:00 am Card Games</p> <p>5:00 am Brushstrokes</p>
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Halloween

