

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

<p><b>Calendar Key: Staff:</b> 1- Lee 2- Linda 3-Jennifer 4-Lori 5-Recreation staff 6-Diana 7-Recreation staff 8-Volunteer 9-independent Room key: A-Art Gallery C-Chestnut Lounge LB-Library L-Lilac BP-Back D- Main dining Room G- Family Room. I-Ice cream parlor area L-Lilac Lounge P-Parlor W-Willow</p>	<p>Activity packet delivery <b>1</b> 9:30 am-Chair Pilates-New-R6 10:15 am-Giant Connect 4-R6 2:15pm- Antique Roadshow-guess the value-R3  3:15pm-Walking Club-R3 6:45 pm-Bingo-R5</p>	<p>Activity packet delivery <b>2</b> 9:30am-Exercise to music -R6 10:00am-Bridge club-A8 10:00 am <i>Country Ride-O4</i> 10:15 am-Jeopardy-R6 2:00 pm-Scrabble with Arlene-R8 2:15 pm-Make gifts for Veterans-R3 5:45pm – Video Sing along-your lounge</p>	<p>Activity packet delivery <b>3</b> 9:30 am-Arthritis Exercise-R2 10:00am-Bridge club-A8 10:30 am-Rosary-R2 2:15 pm-Independent Pinochle-R4 2:15 pm-Make gifts for Veterans-R2 5:45 pm- Online concert- Ringo Starr and his all star band-your lounge</p>	<p>Activity packet delivery <b>4</b> <b>9:30 am-Virtual Dance with Nardin-R2</b> 10:15 am-Senior Moments-R2 1:30-4:00 pm-Virtual Family visits 2:00/3:15PM COUNTRY RIDE-O4 2:15 pm-Airplane photo quiz-R 5:45pm TV time-your lounge</p>	<p>Activity packet delivery <b>5</b> 9:30am-Arthritis Exercise/Amazing chimpanzees-R2 10:15am-Nail Décor-space is limited –R2 1:30-3:00pm- Virtual Family visits 2:15 pm-Painting with Linda-R2 2:15 pm-Independent Dominoes-A4 6:45 pm-Friday night Bingo-R5</p>	<p>Activity packet delivery <b>6</b> 10:15 am-Morning Stretch-R3 <b>2:00 pm-Concert-Betty McDorman-W5</b> <b>2:20 pm-Concert—Betty McDorman -C5</b> <b>2:40 pm-Concert-Betty McDorman -L5</b> 5:45 pm -Saturday night movie-Worth-your lounge</p>
<p>Activity packet delivery <b>7</b> 10:15 am-Move n’ Groove-R3 <u>11:00 am-Mass on TV in your lounge</u> <u>1:00pm-Bills @Jaguars</u> <u>2:15 pm-Bible Study-R5</u> 3:15 pm-Friendly visits-5 7:00 pm-Classic TV-your lounge</p> <p>Daylight Saving Time Ends</p>	<p>Activity packet delivery <b>8</b> 9:30 am-Chair Pilates-New-R6 10:15am-Tongue twisters-R6 2:15pm-Piano Players united-R6 3:15pm-Walking Club-R3 6:45 pm-Bingo-R5</p>	<p>Activity packet delivery <b>9</b> 9:30am-Exercise to music -R6 <i>10:00am Admin+1-sign up required-R8</i> 10:00am-Bridge club-A8 2:00 pm-Scrabble with Arlene-R8 2:15 pm-Bowling-R2 5:45pm– Video Sing along-your lounge</p>	<p>Activity packet delivery <b>10</b> 9:30 am-Arthritis Exercise-R2 10:00am-Bridge club-A8 10:30 am-Rosary-R2 2:15 pm-Independent Pinochle-R4 2:15 pm -Mystery Program-R6 5:45 pm- Online concert- Sammy Davis Jr.-your lounge</p>	<p>Activity packet delivery <b>11</b> 9:30am-Exercise to music-R2 10:15 am-Catch Phrase-R2 1:30-4:00pm-Virtual Family visits 2:00 pm-Mayor Clinton visits Veterans -W3 2:20pm Mayor Clinton visits Veterans-C1 2:40pm Mayor Clinton visits Veterans-L1 5:45pm TV time-your lounge</p> <p>Veterans Day Remembrance Day (Canada)</p>	<p>Activity packet delivery <b>12</b> 9:30 am-Arthritis Exercise-R2 10:15 am-Nail Décor-space is limited –R2 1:30-3:00pm-Virtual Family visits 1:30PM TRIP TO PIERCE ARROW CAR MUSEUM-O4 2:15 pm-Painting with Linda-R2 2:15 pm-Independent Dominoes-A4 6:45 pm-Friday night Bingo-R5</p>	<p>Activity packet delivery <b>13</b> <b>10:15 amZumba-R3</b> <b>2:00 pm -Concert- Tricia Ferraro-W2</b> <b>2:20 pm -Concert-Tricia Ferraro-C2</b> <b>2:40 pm -Concert-Tricia Ferraro -L2</b> 5:45 pm -Saturday Night movie— Hunt for Wilderpeople-your lounge</p>
<p>Activity packet delivery <b>14</b> 10:15 am-Move n’ Groove-R6 <u>11:00 am-Mass on TV in your lounge</u> <u>1:00pm-Bills @Jets</u> <u>2:15 pm-Bible Study-R5</u> 3:15 pm-Friendly visits-5 7:00 pm-Classic TV-your lounge</p>	<p>Activity packet delivery <b>15</b> 9:30am- Chair Pilates-New-R6 10:15am-Reading circle-R6 2:15 pm-Teachers social-R3 3:15pm- Walking Club-R3 6:45 pm-Bingo-R5</p>	<p>Activity packet delivery <b>16</b> 9:30 am-Exercise to music-R6 <i>10:00 am-Country Ride-O4</i> 10:00am-Bridge club-A8 10:15am-Spelling Bee-R6 2:00 pm-Scrabble with Arlene-R8 2:15 pm-Kitchen Creations-Pie Baking-R3 5:45pm- Video Sing along-your lounge</p>	<p>Activity packet delivery <b>17</b> 9:30 am-Arthritis Exercise-R2 10:00am-Bridge club-A8 10:30am-Rosary-R2 <i>2:15 pm-Chef Chat-sign up required-R3</i> 2:15 pm-Independent Pinochle-R4 5:45 pm-Online concert- Dean Marin-a Legend in Concert-your lounge</p>	<p>Activity packet delivery <b>18</b> <b>9:30 am-Virtual Dance with Nardin-R6</b> <b>11:00AM MASS AT ST. BERNADETTE'S OUTING.</b> 1:30-4:00 pm-Virtual Family visits 2:15 pm-Jewelry making-R3 5:45pm TV time-your lounge</p>	<p>Activity packet delivery <b>19</b> 9:30am-Arthritis Exercise-R2 10:15 am-Nail Décor-space is limited -R2 1:30-3:00pm-Virtual Family visits 2:15pm-Sketching with Linda-R2 2:15 pm-Independent Dominoes-A4 6:45 pm-Friday night Bingo-R5</p>	<p>Activity packet delivery <b>20</b> 10:15 am Morning Stretch-R3 <b>2:00 pm-Concert-Kathy Carr-W5</b> <b>2:20 pm-Concert-Kathy Carr-C5</b> <b>2:40 pm- Concert-Kathy Carr-L5</b> 5:45 pm-Saturday Night movie—A Knights Tale-your lounge</p>
<p>Activity packet delivery <b>21</b> 10:15 am-Move n’ Groove-R3 <u>11:00 am-Mass on TV in your lounge</u> 1:00pm Bills vs. colts 2:15 pm-<u>OP Wesleyan Church Service-R2</u> 3:15 pm-Friendly visits-5 7:00 pm-Classic TV-your lounge</p>	<p>Activity packet delivery <b>22</b> 9:30am-Chair Pilates-New-R6 10:15am-Giant Connect 4-R6 2:15pm-Indoor Hockey-R3 3:15pm -Walking Club-R3 6:45pm-Po-ke-no-R5</p>	<p>Activity packet delivery <b>23</b> 9:30am-Exercise to music-R6 <i>10:00am-Country Ride -O4</i> 10:00am-Bridge club-A8 10:15am-Wheel of Fortune-R6 2:00pm-Scrabble with Arlene-R8 2:15pm-Men’s Tinkerers group-R2 6:45pm-Online Sing a long-R5</p>	<p>Activity packet delivery <b>24</b> 9:30 am-Arthritis Exercise-R2 10:00am-Bridge club-A8 10:30 am Rosary-R2 2:15 pm-Independent Pinochle-R4 <b>2:15 pm- Try a new Brew social-R3</b> 5:45 pm-Online concert- Chuck Berry live in concert- your lounge</p>	<p>Activity packet delivery <b>25</b> 9:30 am-Turkey Trot-R2 10:15 am-Free Rice-R2 <b>2:00pm Concert-Ed Bentley-W8</b> <b>2:20pm Concert-Ed Bentley-C8</b> <b>2:40pm Concert-Ed Bentley-L8</b> 8:15pm Bills @Saints</p> <p>Happy Thanksgiving to all!</p>	<p>Activity packet delivery <b>26</b> 9:30am-Arthritis Exercise-R2 10:15 am-Nail Décor-space is limited-R2 1:30-3:00pm-Virtual Family visits 2:00/3:15-PM COUNTRY RIDE-O4 2:15 pm-Painting with Linda-R2 2:15 pm-Independent Dominoes-A4 6:45 pm-Friday night Bingo-R5</p>	<p>Activity packet delivery <b>27</b> <b>10:15 am- Zumba-R6</b> <b>2:00 pm-Concert-Bill Hedderich -W2</b> <b>2:20 pm-Concert-Bill Hedderich C2</b> <b>2:40 pm-Concert-Bill Hedderich -L2</b> 5:45 pm -Saturday night movie-The Lincoln Lawyer-your lounge</p>
<p>Activity packet delivery <b>28</b> <i>10:15 am-Move n’ Groove-R6</i> <u>11:00 am-Mass on TV in your lounge</u> <u>2:15 pm-OP Presbyterian online Service-R2</u> 3:15 pm-Friendly visits-2 7:00 pm-Classic TV-your lounge</p> <p>Hanukkah Begins</p>	<p>Activity packet delivery <b>29</b> 9:30 am-Exercise to music-R6 10:15am-Unscramble-R3 2:15 pm-Axe throwing-R3 3:15pm-Walking Club-R3 6:45 pm-Bingo-R5</p>	<p>Activity packet delivery <b>30</b> 9:30am-Exercise to music-R6 <i>10:00am-Country Ride-O4</i> 10:00am-Bridge club-A8 10:15am-Family Feud-R6 2:00pm-Scrabble with Arlene-R8 2:00pm-Resident Council-W1 2:15pm-Resident Council-C1 2:30pm-Resident Council-L1 5:45 pm- Video Sing along-your lounge-R5</p>	<h1>November 2021</h1> <p>Recreation Calendar for Orchard Heights Assisted Living</p>			