

Sunday Monday Tuesday Wednesday Thursday Friday Saturday

<p>9:00 pm 11:00 pm 1:00 am 3:00 am 5:00 am</p>	<p>9:00 pm <i>Word Search</i> 1 11:00 pm <i>Puzzles</i> 1:00 am <i>Who am I</i> 3:00 am <i>Black Jack</i> 5:00 am <i>Spelling Bee</i></p>	<p>9:00 pm <i>Herbal Tea and Hand</i> 2 massage 11:00 pm <i>Spelling Bee</i> 1:00 am <i>Uno</i> 3:00 am <i>Trivia</i> 5:00 am <i>Boggle</i></p>	<p>9:00 pm <i>Memories</i> 3 11:00 pm <i>Midnight Movie-</i> 1:00 am <i>Tea and Readers</i> <i>Digest</i> 3:00 am <i>Counting backwards.</i> 5:00 am <i>Early risers</i> <i>Walking club</i></p>	<p>9:00 pm <i>Ring Toss</i> 4 11:00 pm <i>Crazy Eights</i> 1:00 am <i>Amazing Mazes</i> 3:00 am <i>Shut the Box</i> 5:00 am <i>Categories</i></p>	<p>9:00 pm <i>Card Games</i> 5 11:00 pm <i>Qwirkle</i> 1:00 am <i>Trivia</i> 3:00 am <i>What is it??</i> 5:00 am <i>Early risers</i> <i>Walking</i></p>	<p>9:00 pm <i>Herbal Tea and Hand</i> 6 <i>Massage</i> 11:00 am <i>Word Search</i> 1:00 am <i>Dice Games</i> 3:00 am <i>Trivia</i> 5:00 am <i>Sunrise chat</i></p>
<p>9:00 pm <i>Dice Games</i> 7 11:00 pm <i>Midnight Travels-</i> 1:00 am <i>Concentration</i> 3:00 am <i>Puzzles</i> 5:00 am <i>Early Risers</i> <i>Walking</i> <i>Club</i></p> <p>Daylight Saving Time Ends</p>	<p>9:00 pm <i>Memories</i> 8 11:00pm <i>Midnight Movie</i> 1:00 am <i>Tea and Readers</i> <i>Digest</i> 3:00 am <i>Journaling.</i> 5:00 am <i>Early risers</i> <i>Walking club</i></p>	<p>9:00 pm <i>Concentration</i> 9 11:00 pm <i>Poetry Reading</i> 1:00 am <i>Name 5</i> 3:00 am <i>Card Games</i> 5:00 am <i>Brush strokes</i></p>	<p>9:00 pm <i>Ball Toss</i> 10 11:00 pm <i>Dice Games</i> 1:00 am <i>Remember When</i> 3:00 am <i>20 Questions</i> 5:00 am <i>Coffee /</i> <i>Conversation</i></p>	<p>9:00 pm <i>Brushstrokes</i> 11 11:00 pm <i>Memories</i> 1:00 am <i>Scavenger Hunt</i> 3:00 am <i>Yarn Club</i> 5:00 am <i>Early Risers</i> <i>Walking Club</i></p> <p>Veterans Day Remembrance Day (Canada)</p>	<p>9:00 pm <i>Family Stories</i> 12 11:00 am <i>Midnight Movie</i> 1:00 am <i>Hand Massages</i> 3:00 am <i>Early risers walking</i> <i>club</i> 5:00am <i>Pictionary</i></p>	<p>9:00 pm <i>Puzzles</i> 13 11:00 am <i>Meditational Coloring</i> 1:00 am <i>Music and hand</i> <i>massage</i> 3:00 am <i>Sorting</i> 5:00 am <i>Sunrise stroll</i></p>
<p>9:00 pm <i>Concentration</i> 14 11:00 pm <i>Poetry Readin</i> 1:00 am <i>3 of a kind</i> 3:00 am <i>Card Games</i> 5:00 am <i>Brushstrokes</i></p>	<p>9:00 pm <i>Word Search</i> 15 11:00 pm <i>Puzzles</i> 1:00 am <i>Who am I</i> 3:00 am <i>Black Jack</i> 5:00 am <i>Spelling Bee</i></p>	<p>9:00 pm <i>Herbal Tea and Hand</i> 16 massage 11:00 pm <i>Spelling Bee</i> 1:00 am <i>Uno</i> 3:00 am <i>Trivia</i> 5:00 am <i>Boggle</i></p>	<p>9:00 pm <i>Memories</i> 17 11:00 pm <i>Midnight Movie-</i> 1:00 am <i>Tea and Readers</i> <i>Digest</i> 3:00 am <i>Counting backwards.</i> 5:00 am <i>Early risers</i> <i>Walking club</i></p>	<p>9:00 pm <i>Ring Toss</i> 18 11:00 pm <i>Crazy Eights</i> 1:00 am <i>Amazing Mazes</i> 3:00 am <i>Shut the Box</i> 5:00 am <i>Categories</i></p>	<p>9:00 pm <i>Card Games</i> 19 11:00 pm <i>Qwirkle</i> 1:00 am <i>Trivia</i> 3:00 am <i>What is it??</i> 5:00 am <i>Early risers</i> <i>Walking</i></p>	<p>9:00 pm <i>Herbal Tea and Hand</i> 20 <i>Massage</i> 11:00 am <i>Word Search</i> 1:00 am <i>Dice Games</i> 3:00 am <i>Trivia</i> 5:00 am <i>Sunrise chat</i></p>
<p>9:00 pm <i>Dice Games</i> 21 11:00 pm <i>Midnight Travels-</i> 1:00 am <i>Concentration</i> 3:00 am <i>Puzzles</i> 5:00 am <i>Early Risers</i> <i>Walking</i> <i>Club</i></p>	<p>9:00 pm <i>Memories</i> 22 11:00pm <i>Midnight Movie</i> 1:00 am <i>Tea and Readers</i> <i>Digest</i> 3:00 am <i>Journaling.</i> 5:00 am <i>Early risers</i> <i>Walking club</i></p>	<p>9:00 pm <i>Concentration</i> 23 11:00 pm <i>Poetry Reading</i> 1:00 am <i>Name 5</i> 3:00 am <i>Card Games</i> 5:00 am <i>Brush strokes</i></p>	<p>9:00 pm <i>Ball Toss</i> 24 11:00 pm <i>Dice Games</i> 1:00 am <i>Remember When</i> 3:00 am <i>20 Questions</i> 5:00 am <i>Coffee /</i> <i>Conversation</i></p>	<p>9:00 pm <i>Brushstrokes</i> 25 11:00 pm <i>Memories</i> 1:00 am <i>Scavenger Hunt</i> 3:00 am <i>Yarn Club</i> 5:00 am <i>Early Risers</i> <i>Walking Club</i></p> <p>Thanksgiving Day</p>	<p>9:00 pm <i>Family Stories</i> 26 11:00 am <i>Midnight Movie</i> 1:00 am <i>Hand Massages</i> 3:00 am <i>Early risers walking</i> <i>club</i> 5:00am <i>Pictionary</i></p>	<p>9:00 pm <i>Puzzles</i> 27 11:00 am <i>Meditational Coloring</i> 1:00 am <i>Music and hand</i> <i>massage</i> 3:00 am <i>Sorting</i> 5:00 am <i>Sunrise stroll</i></p>
<p>9:00 pm <i>Concentration</i> 28 11:00 pm <i>Poetry Readin</i> 1:00 am <i>3 of a kind</i> 3:00 am <i>Card Games</i> 5:00 am <i>Brushstrokes</i></p>	<p>9:00 pm <i>Word Search</i> 29 11:00 pm <i>Puzzles</i> 1:00 am <i>Who am I</i> 3:00 am <i>Black Jack</i> 5:00 am <i>Spelling Bee</i></p>	<p>9:00 pm <i>Herbal Tea and Hand</i> 30 massage 11:00 pm <i>Spelling Bee</i> 1:00 am <i>Uno</i> 3:00 am <i>Trivia</i> 5:00 am <i>Boggle</i></p>	<h1>November 2021</h1> <p>Night Owl Recreation program for Orchard Heights Assisted Living</p>			

Hanukkah Begins
All Programs will be facilitated by the Nursing Staff upon request in your lounge