

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# January 2022

## Recreation Calendar for Orchard Heights Assisted Living community



8:00am-Tournament of Roses parade on your TV  
 10:15pm-Exercise-R2  
 2:15pm Concert- Dick O'Dell and 21 Skidoo-R3  
 5:45m Robin Hood-Part 1- your lounge

New Year's Day

Activity packet delivery 10:15 am- Exercise video-your lounge  
 11:00am-Mass on TV-Your lounge  
 1:00pm-Bills vs. Falcons  
 2:15 pm-Bible Study-C5  
 2:45 pm-Bible Study-W5  
 3:15 pm-Bible Study-L5

Activity packet delivery 9:30am- Exercise-R5  
 10:15am-Unscramble-R2  
 2:15 pm-Dear Abby-R2  
 3:15pm-Walking club-R2  
 7:00pm-Music by Lyle Stang-R2

Activity packet delivery 9:30am- Exercise-R5  
 10:15 am-Catch Phrase game  
 2:00pm-Scrabble with Arlene-R8  
 2:15pm-Bowling-C3  
 6:00pm-Rick Steve's on you tube Netherlandsyour lounge

Activity packet delivery 9:30am-Move to music-R2  
 10:00am-Rosary-R7  
 2:15 pm-Name that Tune-C3  
 6:45pm-Independent Table Games-A8

Activity packet delivery 9:30am- Exercise-R2  
 10:15am-Wheel of Fortune-R2  
 1:30-4:00pm-Virtual Family visits  
 Pack away the Christmas trees for another year.  
 6:00pm Mystery Ride-O4

Activity packet delivery 9:30 am- Exercise-R2  
 10:15am- Friendly visits  
 1:30-4:00pm Virtual Family visits  
 2:15pm-Art with Linda-R2  
 6:45pm-Bingo-R5

Activity packet delivery 10:15 am- Exercise-R2  
 2:15pm-Concert- Mike Horning-R3  
 5:45pm-Saturday night movie-Robin Hood-Part 2- your lounge

Activity packet delivery 10:15 am- Exercise video-your lounge  
 11:00am-Mass on TV-Your lounge  
 1:00pm-Bills vs Jets  
 2:15 pm-Bible Study-C5  
 2:45 pm-Bible Study-W5  
 3:15 pm-Bible Study-L5

8:30am-Activity packet delivery 9:30am-Exercise-R5  
 10:15am-Snowball Olympics-R2  
 2:15 pm-Dear Abby-R2  
 3:15pm-Walking club-R2  
 6:45pm-Bingo-R2  
 10:15am-Name 5-R2  
 2:15-pm-Cheese Tasting-R2  
 3:15pm-Walking club-R2

8:30 am Activity packet delivery 9:30am-Exercise-R5  
 11:00am-Mass at St.Bernadettes  
 2:00pm-Scrabble with Arlene-R8  
 2:15pm-Traveling happy Hour-C3  
 3:30-Country Ride-O4  
 2:45 pm-Traveling happy Hour-W3  
 3:15 pm-Traveling happy Hour-L3  
 6:00pm-Rick Steve's Travels on You tube Back Street Riches-your lounge

Activity packet delivery 9:30am-Move to music-R2  
 10:00am-Rosary-R7  
 2:15pm-Drama Club-R4  
 6:45pm-Independent Table Games-A8

Activity packet delivery 9:30am- Exercise-R2  
 10:15am-Family Feud-R2  
 1:30-4:00pm-Virtual Family visits  
 2:15pm-Winter crafts-R3  
 6:45pm-Sing with friends and fun-R6

Activity packet delivery 9:30 am- Exercise-R2  
 1:30-4:00pm Virtual Family visits  
 2:15pm-Art with Linda-R2  
 6:45pm-Bingo-R5

Activity packet delivery 10:15 am- Exercise-R2  
 2:15pm-Concert- Vince Martino-R3  
 5:45pm-Saturday night movie-Flipped- your lounge

Activity packet delivery 10:15 am- Exercise video-your lounge  
 11:00am-Mass on TV-Your lounge  
 2:15 pm-Bible Study-C5  
 2:45 pm-Bible Study-W5  
 3:15 pm-Bible Study-L5

8:30am-Activity packet delivery 9:30am-Exercise -R5  
 10:15 am-Remembering MLK-your lounge  
 1:30-4:00pm Virtual Family visits  
 2:15 pm-Peace Craft-R2  
 3:15pm-Walking club-R2  
 6:45pm-Bingo-R2

Martin Luther King Jr. Day

Activity packet delivery 9:30am- Exercise -R5  
 10:15 am-Learn the Hustle and Funky chicken dance moves-R2  
 10:15am-Country Ride-O4  
 2:00pm-Scrabble with Arlene-R8  
 2:15/3:30pm-Country Ride-O4  
 2:15pm-Bowling-C3  
 6:00pm-Rick Steve's on you tube South east England-your lounge

Activity packet delivery 9:30am-Move to music-R2  
 10:00am-Rosary-R7  
 2:15pm-Indoor Hockey-R4  
 6:45pm-Independent Table Games-A8

Activity packet delivery 9:30 am- Exercise-R2  
 10:15am-Unscramble-R2  
 1:30-4:00pm Virtual Family visits  
 2:15 pm-Coffee around the world-R3  
 6:45pm-Sing with friends and fun-R6

Activity packet delivery 9:30 am- Exercise-R2  
 1:30-4:00pm Virtual Family visits  
 2:15pm Traveling Disco Party-W6  
 2:45pm-Traveling Disco party-C3  
 3:15pm-Traveling Disco-L3 party-L3  
 6:45pm-Bingo-R5

Activity packet delivery 10:15 am- Exercise-R2  
 2:15 pm Concert-The Kindred-R3  
 5:45pm Saturday night movie-Poseidon-your lounge

Activity packet delivery 10:15 am-Exercise video-your lounge  
 11:00am-Mass on TV-Your lounge  
 2:15 pm-Bible Study-C5  
 2:45 pm-Bible Study-W5  
 3:15 pm-Bible Study-L5

Activity Professionals Week

8:30am Activity packet delivery 9:30am- Exercise R5  
 10:15am-Buzzword-R4  
 1:30-4:00pm Virtual Family visits  
 2:15 pm-Headbanz-R4  
 3:15pm-Walking club-R2  
 6:45pm-Bingo-R2

Activity packet delivery 9:30am-Exercise-R5  
 10:15 am- Axe Throwing-R5  
 2:00pm-Scrabble with Arlene-R8  
 2:15-3:30pm- Country Ride-O4  
 2:15pm-Tim Tams and Australia-R3  
 6:00 pm-Rick Steve's Travel on you tube-Iconic Australia-your lounge

Australia Day (observed)

Activity packet delivery 9:30am-Move to music-R2  
 10:00am-Rosary-R7  
 2:00pm-Resident Council-C1  
 2:30pm-Resident Council-W1  
 3:00pm-Resident Council-L1  
 6:45pm-Independent Table Games-A8

Activity packet delivery 10:15 am- Exercise-R2  
 1:30-4:00pm Virtual Family visits  
 2:15 pm- Traveling Mozart Tea-W7  
 2:45 pm-Traveling Mozart Tea-C7  
 3:15 pm-Traveling Mozart Tea-L7  
 6:45pm- Sing with friends and fun-R6

Activity packet delivery 9:30 am- Exercise-R2  
 1:30-4:00pm Virtual Family visits  
 2:15pm-Traveling sock craft-W6  
 6:45pm-Bingo-R5

Wear your ODD socks today

Activity packet delivery 10:15 am- Exercise-R2  
 2:15 pm Concert- Matt Tritto-R3  
 5:45am-Saturday night movie-Fools Gold-your lounge

Activity packet delivery 10:15 am- Exercise video-your lounge  
 2:15 pm-Bible Study-C5  
 2:45 pm-Bible Study-W5  
 3:15 pm-Bible Study-L5

8:30am-Activity packet delivery 9:30 am- Exercise-R5  
 10:15am-Giant connect 4-R4  
 1:30-4:00pm-Virtual Family visits  
 2:15 pm-Cardo-C2  
 3:15pm-Walking club-R2  
 6:45pm-Bingo-R2

Calendar Key :Staff:1- Lee 2-Jen 3-Linda 4-Lori 5-Diana 6-Staff 7-Recreation Staff 8-Volunteer- 9-independent Room key:  
 A-Art Gallery C-Chestnut Lounge D- Main dining Room G- Family Room. I-Ice cream parlor area LB-Library L-Lilac Lounge O-Outing P-  
 Patio/Parlor R-Recreation Room WP-Willow  
 Patio W-Willow Lounge