

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

January 2022

Night owl Recreation calendar for



9:00 pm Herbal Tea and Hand Massage **1**
 11:00 am Word Search
 1:00 am Dice Games
 3:00 am Trivia
 5:00 am Sunrise chat

New Year's Day

9:00 pm Dice Games **2**
 11:00 pm Midnight Travels-
 1:00 am Concentration
 3:00 am Puzzles
 5:00 am Early Risers Walking Club

9:00 pm Memories **3**
 11:00pm Midnight Movie
 1:00 am Tea and Readers Digest
 3:00 am Journaling.
 5:00 am Early risers Walking club

9:00 pm Concentration **4**
 11:00 pm Poetry Reading
 1:00 am Name 5
 3:00 am Card Games
 5:00 am Brush strokes

9:00 pm Ball Toss **5**
 11:00 pm Dice Games
 1:00 am Remember When
 3:00 am 20 Questions
 5:00 am Coffee / Conversation

9:00 pm Brushstrokes **6**
 11:00 pm Memories
 1:00 am Scavenger Hunt
 3:00 am Yarn Club
 5:00 am Early Risers Walking Club

9:00 pm Family Stories **7**
 11:00 am Midnight Movie
 1:00 am Hand Massages
 3:00 am Early risers walking club
 5:00am Pictionary

9:00 pm Puzzles **8**
 11:00 am Meditational Coloring
 1:00 am Music and hand massage
 3:00 am Sorting
 5:00 am Sunrise stroll

9:00 pm Concentration **9**
 11:00 pm Poetry Reading
 1:00 am 3 of a kind
 3:00 am Card Games
 5:00 am Brushstrokes

9:00 pm Word Search **10**
 11:00 pm Puzzles
 1:00 am Who am I
 3:00 am Black Jack
 5:00 am Spelling Bee

9:00 pm Herbal Tea and Hand massage **11**
 11:00 pm Spelling Bee
 1:00 am Uno
 3:00 am Trivia
 5:00 am Boggle

9:00 pm Memories **12**
 11:00 pm Midnight Movie-
 1:00 am Tea and Readers Digest
 3:00 am Counting backwards.
 5:00 am Early risers Walking club

9:00 pm Ring Toss **13**
 11:00 pm Crazy Eights
 1:00 am Amazing Mazes
 3:00 am Shut the Box
 5:00 am Categories

9:00 pm Card Games **14**
 11:00 pm Qwirkle
 1:00 am Trivia
 3:00 am What is it??
 5:00 am Early risers Walking

9:00 pm Herbal Tea and Hand Massage **15**
 11:00 am Word Search
 1:00 am Dice Games
 3:00 am Trivia
 5:00 am Sunrise chat

9:00 pm Dice Games **16**
 11:00 pm Midnight Travels-
 1:00 am Concentration
 3:00 am Puzzles
 5:00 am Early Risers Walking Club

9:00 pm Memories **17**
 11:00pm Midnight Movie
 1:00 am Tea and Readers Digest
 3:00 am Journaling.
 5:00 am Early risers Walking club
 Martin Luther King Jr. Day

9:00 pm Concentration **18**
 11:00 pm Poetry Reading
 1:00 am Name 5
 3:00 am Card Games
 5:00 am Brush strokes

9:00 pm Ball Toss **19**
 11:00 pm Dice Games
 1:00 am Remember When
 3:00 am 20 Questions
 5:00 am Coffee / Conversation

9:00 pm Brushstrokes **20**
 11:00 pm Memories
 1:00 am Scavenger Hunt
 3:00 am Yarn Club
 5:00 am Early Risers Walking Club

9:00 pm Family Stories **21**
 11:00 am Midnight Movie
 1:00 am Hand Massages
 3:00 am Early risers walking club
 5:00am Pictionary

9:00 pm Puzzles **22**
 11:00 am Meditational Coloring
 1:00 am Music and hand massage
 3:00 am Sorting
 5:00 am Sunrise stroll

9:00 pm Concentration **23**
 11:00 pm Poetry Reading
 1:00 am 3 of a kind
 3:00 am Card Games
 5:00 am Brushstrokes
 Activity Professionals Week

9:00 pm Word Search **24**
 11:00 pm Puzzles
 1:00 am Who am I
 3:00 am Black Jack
 5:00 am Spelling Bee

9:00 pm Herbal Tea and Hand massage **25**
 11:00 pm Spelling Bee
 1:00 am Uno
 3:00 am Trivia
 5:00 am Boggle

9:00 pm Memories **26**
 11:00 pm Midnight Movie-
 1:00 am Tea and Readers Digest
 3:00 am Counting backwards.
 5:00 am Early risers Walking club
 Australia Day (observed)

9:00 pm Ring Toss **27**
 11:00 pm Crazy Eights
 1:00 am Amazing Mazes
 3:00 am Shut the Box
 5:00 am Categories

9:00 pm Card Games **28**
 11:00 pm Qwirkle
 1:00 am Trivia
 3:00 am What is it??
 5:00 am Early risers Walking

9:00 pm Herbal Tea and Hand Massage **29**
 11:00 am Word Search
 1:00 am Dice Games
 3:00 am Trivia
 5:00 am Sunrise chat

9:00 pm Dice Games **30**
 11:00 pm Midnight Travels-
 1:00 am Concentration
 3:00 am Puzzles
 5:00 am Early Risers Walking Club

9:00pm Word Search **31**
 11:00pm Puzzles
 1:00am Who am I?
 3:00am Black Jack
 5:00am Spelling Bee

All programs will be facilitated upon request by the nursing staff in your lounge. This calendar is subject to change. Questions regarding it may be directed to Lee in Recreation


