

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# January 2022

## Night Owl Recreation Calendar for Harmony Lane of Orchard Heights

9:00 pm Herbal Tea and Hand Massage-L7 **1**  
 11:00 am Word Search-L7  
 1:00 am Dice Games-R7  
 3:00 am Trivia-L7  
 5:00 am Sunrise chat-L7

New Year's Day

9:00 pm Dice Games-R7 **2**  
 11:00 pm Midnight Travels-L7  
 1:00 am Sorting-R7  
 3:00 am Puzzles-R7  
 5:00 am Early Risers Walking Club-L7

9:00 pm Memories-R7 **3**  
 11:00 pm Midnight Movie-L7  
 1:00 am Tea and Readers Digest-L7  
 3:00 am Paper craft.-R7  
 5:00 am Early risers Walking club-L7

9:00 pm Herbal Tea and Hand massage-R7 **4**  
 11:00 pm Spelling Bee-R7  
 1:00 am Uno-R7  
 3:00 am Proverbs plus-L7  
 5:00 am Magazine scavenger hunt-R7

9:00 pm Brushstrokes-R7 **5**  
 11:00 pm Memories-R7  
 1:00 am What am I?-L7  
 3:00 am Yarn Club -R7  
 5:00 am Early Risers Walking Club-L7

9:00 pm Magazine Flip-R7 **6**  
 11:00 pm Netflix movie-R7  
 1:00 pm Puzzles-R7  
 3:00 pm Counting Sheep etc-R7  
 5:00 pm I Spy-R7

9:00 pm Card Games-R7 **7**  
 11:00 pm Qwirkle-R7  
 1:00 am Categories-L7  
 3:00 am What is it??-L7  
 5:00 am Early risers Walking -L7

9:00 pm Travel Stories-L7 **8**  
 11:00 am Midnight Movie-L7  
 1:00 am Soothing sounds-L7  
 3:00 am Early risers walking club-L7  
 5:00am Puzzles-L7

9:00 pm Concentration-R7 **9**  
 11:00 pm Poetry Reading-R7  
 1:00 am 3 of a kind-R7  
 3:00 am Card Games-R7  
 5:00 am Brushstrokes -R7

9:00 pm Word Search-R7 **10**  
 11:00 pm Puzzles-R7  
 1:00 am Who am I-L7  
 3:00 am Black Jack -R7  
 5:00 am Spelling Bee-L7

9:00 pm Memories-R7 **11**  
 11:00 pm Midnight Movie-L7  
 1:00 am Tea and Readers Digest-R7  
 3:00 am Music Hour.-R7  
 5:00 am Early risers Walking club-L7

9:00 pm Ring Toss-L7 **12**  
 11:00 pm Crazy Eights-R7  
 1:00 am Amazing Mazes-R7  
 3:00 am Shut the Box-R7  
 5:00 am Categories-L7

9:00 pm Family Stories-L7 **13**  
 11:00 am Midnight Movie-L7  
 1:00 am Hand Massages-L7  
 3:00 am Early risers walking club-L7  
 5:00am Pictionary-L7

9:00 pm Family Stories-L7 **14**  
 11:00 am Midnight Movie-L7  
 1:00 am Hand Massages-L7  
 3:00 am Early risers walking club-L7  
 5:00am Pictionary-L7

9:00 pm Herbal Tea and Hand Massage-L7 **15**  
 11:00 am Word Search-L7  
 1:00 am Dice Games-R7  
 3:00 am Trivia-L7  
 5:00 am Sunrise chat-L7

9:00 pm Dice Games-R7 **16**  
 11:00 pm Midnight Travels-L7  
 1:00 am Sorting-R7  
 3:00 am Puzzles-R7  
 5:00 am Early Risers Walking Club-L7

9:00 pm Memories-R7 **17**  
 11:00 pm Midnight Movie-L7  
 1:00 am Tea and Readers Digest-L7  
 3:00 am Paper craft.-R7  
 5:00 am Early risers Walking club-L7

9:00 pm Herbal Tea and Hand massage-R7 **18**  
 11:00 pm Spelling Bee-R7  
 1:00 am Uno-R7  
 3:00 am Proverbs plus-L7  
 5:00 am Magazine scavenger hunt-R7

9:00 pm Brushstrokes-R7 **19**  
 11:00 pm Memories-R7  
 1:00 am What am I?-L7  
 3:00 am Yarn Club -R7  
 5:00 am Early Risers Walking Club-L7

9:00 pm Magazine Flip-R7 **20**  
 11:00 pm Netflix movie-R7  
 1:00 pm Puzzles-R7  
 3:00 pm Counting Sheep etc-R7  
 5:00 pm I Spy-R7

9:00 pm Card Games-R7 **21**  
 11:00 pm Qwirkle-R7  
 1:00 am Categories-L7  
 3:00 am What is it??-L7  
 5:00 am Early risers Walking -L7

9:00 pm Travel Stories-L7 **22**  
 11:00 am Midnight Movie-L7  
 1:00 am Soothing sounds-L7  
 3:00 am Early risers walking club-L7  
 5:00am Puzzles-L7

9:00 pm Concentration-R7 **23**  
 11:00 pm Poetry Reading-R7  
 1:00 am 3 of a kind-R7  
 3:00 am Card Games-R7  
 5:00 am Brushstrokes -R7

9:00 pm Word Search-R7 **24**  
 11:00 pm Puzzles-R7  
 1:00 am Who am I-L7  
 3:00 am Black Jack -R7  
 5:00 am Spelling Bee-L7

9:00 pm Memories-R7 **25**  
 11:00 pm Midnight Movie-L7  
 1:00 am Tea and Readers Digest-R7  
 3:00 am Music Hour.-R7  
 5:00 am Early risers Walking club-L7

9:00 pm Ring Toss-L7 **26**  
 11:00 pm Crazy Eights-R7  
 1:00 am Amazing Mazes-R7  
 3:00 am Shut the Box-R7  
 5:00 am Categories-L7

9:00 pm Family Stories-L7 **27**  
 11:00 am Midnight Movie-L7  
 1:00 am Hand Massages-L7  
 3:00 am Early risers walking club-L7  
 5:00am Pictionary-L7

9:00 pm Family Stories-L7 **28**  
 11:00 am Midnight Movie-L7  
 1:00 am Hand Massages-L7  
 3:00 am Early risers walking club-L7  
 5:00am Pictionary-L7

9:00 pm Herbal Tea and Hand Massage-L7 **29**  
 11:00 am Word Search-L7  
 1:00 am Dice Games-R7  
 3:00 am Trivia-L7  
 5:00 am Sunrise chat-L7

Activity Professionals Week

Australia Day (observed)

9:00 pm Dice Games-R7 **30**  
 11:00 pm Midnight Travels-L7  
 1:00 am Sorting-R7  
 3:00 am Puzzles-R7  
 5:00 am Early Risers Walking Club-L7

9:00 pm Memories-R7 **31**  
 11:00 pm Midnight Movie-L7  
 1:00 am Tea and Readers Digest-L7  
 3:00 am Paper craft.-R7  
 5:00 am Early risers Walking club-L7

All programs will be offered by the Nursing staff upon request R-Recreation Room L- living Room.  
 All programs are subject to change. Please contact Lee in Recreation with any questions you may have

