

THE ORCHARD SCOOP

Orchard Heights 5200 Chestnut Ridge Road
Orchard Park, New York 14127



January 2022



Santa made it in during quarantine to deliver gifts to all of our residents. The Grinch and Frosty



A trip to the Botanical Gardens



On Christmas Day, Peter Van Scozza



A concert by the Buffalo Gals!



A friendly visit from Santa!



Trimming the tree and getting the star just right!

A letter from Tami Jo-Assistant Administrator



Dear Orchard Heights residents,

We just wanted to take a moment to say thank you for your patience and understanding as we navigate the challenges that this pandemic has brought us. As you may know, COVID 19 cases are rising throughout the country, state and county and here at Orchard Heights we have had several residents and staff test positive for COVID 19 in the last few weeks. Please know that we are doing everything we can to protect you and there are a few ways you can protect yourself and others.

First, it is always important to practice good hand hygiene, but it is especially critical now. Make sure to wash your hands several times a day with antibacterial soap. Next, wear a mask when you are outside of your room. If you need a mask, just ask. We have plenty to go around. Finally, keep your distance. It can get lonely in your room but staying away from others can go a long way to protect you from getting COVID 19. When you are outside of your room, practice social distancing by standing 6 feet away from the nearest person to you.

What happens if you get COVID-19? Not everyone who gets COVID feels sick. Sometimes, people's symptoms are very mild like a small cold. Other times people can feel very ill, everyone is different. Our nursing team will monitor your symptoms and treat you accordingly. The first thing we do is quarantine you to your room for 10 days. The staff will wear special protective clothing to prevent the spread of the virus and will deliver your meals and your medications.

Dealing with COVID can be scary and makes some people very nervous. You don't have to go through anything alone. We are here to answer your questions and support you, so please don't hesitate to reach out to us.

Happy New Year and Well Wishes!

Tami Jo

January Entertainers

- ◆ Lyle Stang-One man band-January 1
- ◆ Mike Horning-Piano-January 8
- ◆ Vince Martino-eclectic-January 15
- ◆ The Kindred-Duet, Cello/ vocals-January 22
- ◆ Matt Tritto-Saxophone-January 29



Special Offerings

- ◆ Scenic Rides
- ◆ Mass at St. Bernadettes Parish
- ◆ Disco Day
- ◆ Trivia Championship Day
- ◆ Coffee from around the world



Word search Puzzle

Mammals

All the words are hidden vertically, horizontally or diagonally—in both directions. The letters that remain unused form a sentence from left to right.

M A M M R I N G E D S E A L F
A L S A L P I N E S H R E W I
A R D O L P H I N Y E A W A E
R E M H A R P S E A L H B L L
O F E R R E T N O D E N D A D
R F N I M A A L S T H I A T V
A A R D V A R K I L U A S U O
E R A L L Y G N I I G T L V L
B I E T I B D I G O O N L R E
R G T P A R H N T N R U I O S
A E A U I R O L I E I O B B I
L K D M D R P V E O L M N I O
O S F D U U F A S P L K R S P
P R A T E S K A N G A R O O R
I N N B G E K A E S R O H N O
N I D N L U R R R S E G T H P
B E I R Y E O U A N G N W I T
S U P Y T A L P H T M U I L K

GNU
GORILLA
HARP SEAL
HORNBILL
HORSE
HYENA
INDRI
KANGAROO
KUDU
LION
MOUNTAIN HARE
MUSKRAT
OKAPI
PIG
PLATYPUS
POLAR BEAR
PORPOISE
RED DEER
RINGED SEAL
SABLE
TARPAN

AARDVARK
ALPINE SHREW
BINTURONG

BISON
DOLPHIN
ELK

FERRET
FIELD VOLE
GIRAFFE



Happy New Year from Your Management Team!!

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January Fun Facts

Did You Know?

- ◆ In Pasadena, California, there has been a Rose Parade held every year since 1890. It has since been broadcasted worldwide and is typically viewed in over 100 countries around the globe.
- ◆ In leap years, January always starts on the same day as April and July.
- ◆ January was a monumental year for Alaska! As of January 3, 1959, Alaska officially became the 49th state of the United States.
- ◆ Are you a fan of the stars? Celebrities, that is! Then you'll be interested to know that the first-ever Emmy Awards were held on January 25, 1949.
- ◆ Ten Historical Figures Born in January: Paul Revere, 1735, Betsy Ross, 1752, President Franklin D. Roosevelt, 1882, President William McKinley, 1843, Edgar Allen Poe, 1809, James Madison Randolph, first child born in the White House, 1806, Martin Luther King Jr., 1929, President Richard M. Nixon, 1913, President Millard Fillmore (who?), 1800, First Lady Helen Taft, 1861
- ◆ Elvis Presley's birthday is January 8.