

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
All programs are conducted by your Nursing staff upon request	9:00 pm-Word Search 1 11:00 pm-Puzzles 1:00 am-Who am I 3:00 am-Black Jack 5:00 am -Spelling Bee	9:00 pm-Herbal Tea and Hand 2 massage 11:00 pm-Spelling Bee 1:00 am-Uno 3:00 am-Trivia 5:00 am-Boggle	9:00 pm-Memories 3 11:00 pm-Midnight Movie- 1:00 am-Tea and Readers Digest 3:00 am-Counting backwards. 5:00 am-Early risers Walking club	9:00 pm-Ring Toss 4 11:00 pm-Crazy Eights 1:00 am-Amazing Mazes 3:00 am-Shut the Box 5:00 am-Categories	9:00 pm-Card Games 5 11:00 pm-Remembering favorite movie stars 1:00 am-Trivia 3:00 am-What is it?? 5:00 am-Early risers Walking	9:00 pm-Herbal Tea and Hand 6 Massage 11:00 am-Word Search 1:00 am-Dice Games 3:00 am-Trivia 5:00 am-Sunrise chat	
	9:00 pm-Dice Games 7 11:00 pm- Midnight Travels- 1:00 am-Concentration 3:00 am-Puzzles 5:00 am-Early Risers Walking Club	9:00 pm-Memories 8 11:00pm-Midnight Movie 1:00 am-Tea and Readers Digest 3:00 am-Journaling. 5:00 am-Early risers Walking club	9:00 pm-Concentration 9 11:00 pm- Poetry Reading 1:00 am-Name 5 3:00 am-Card Games 5:00 am-Brush strokes	9:00 pm-Ball Toss 10 11:00 pm-Dice Games 1:00 am-Remember When 3:00 am-20 Questions 5:00 am-Coffee / Conversation	9:00 pm-Brushstrokes 11 11:00 pm-Memories 1:00 am-Scavenger Hunt 3:00 am-Chicken soup for the soul 5:00 am-Early Risers Walking Club	9:00 pm-Family Stories 12 11:00 am-Midnight Movie 1:00 am-Hand Massages 3:00 am-Early risers walking club 5:00am -Pictionary	9:00 pm-Puzzles 13 11:00 am-Meditational Coloring 1:00 am-Music and hand massage 3:00 am-Sorting 5:00 am-Sunrise stroll
	9:00 pm -Concentration 14 11:00 pm- Poetry Readin7 1:00 am-3 of a kind 3:00 am-Card Games 5:00 am-Brushstrokes	9:00 pm-Word Search 15 11:00 pm-Puzzles 1:00 am-Who am I 3:00 am-Black Jack 5:00 am -Spelling Bee	9:00 pm-Herbal Tea and Hand 16 massage 11:00 pm-Spelling Bee 1:00 am-Uno 3:00 am-Trivia 5:00 am-Boggle	9:00 pm-Memories 17 11:00 pm-Midnight Movie- 1:00 am-Tea and Readers Digest 3:00 am-Counting backwards. 5:00 am-Early risers Walking club	9:00 pm-Ring Toss 18 11:00 pm-Crazy Eights 1:00 am-Amazing Mazes 3:00 am-Shut the Box 5:00 am-Categories	9:00 pm-Card Games 19 11:00 pm-Remembering favorite movie stars 1:00 am-Trivia 3:00 am-What is it?? 5:00 am-Early risers Walking	9:00 pm-Herbal Tea and Hand 20 Massage 11:00 am-Word Search 1:00 am-Dice Games 3:00 am-Trivia 5:00 am-Sunrise chat
	9:00 pm-Dice Games 21 11:00 pm- Midnight Travels- 1:00 am-Concentration 3:00 am-Puzzles 5:00 am-Early Risers Walking Club	9:00 pm-Memories 22 11:00pm-Midnight Movie 1:00 am-Tea and Readers Digest 3:00 am-Journaling. 5:00 am-Early risers Walking club	9:00 pm-Concentration 23 11:00 pm- Poetry Reading 1:00 am-Name 5 3:00 am-Card Games 5:00 am-Brush strokes	9:00 pm-Ball Toss 24 11:00 pm-Dice Games 1:00 am-Remember When 3:00 am-20 Questions 5:00 am-Coffee / Conversation	9:00 pm-Brushstrokes 25 11:00 pm-Memories 1:00 am-Scavenger Hunt 3:00 am-Chicken soup for the soul 5:00 am-Early Risers Walking Club	9:00 pm-Family Stories 26 11:00 am-Midnight Movie 1:00 am-Hand Massages 3:00 am-Early risers walking club 5:00am -Pictionary	9:00 pm-Puzzles 27 11:00 am-Meditational Coloring 1:00 am-Music and hand massage 3:00 am-Sorting 5:00 am-Sunrise stroll
	9:00 pm -Concentration 28 11:00 pm- Poetry Readin7 1:00 am-3 of a kind 3:00 am-Card Games 5:00 am-Brushstrokes	9:00 pm-Word Search 29 11:00 pm-Puzzles 1:00 am-Who am I 3:00 am-Black Jack 5:00 am -Spelling Bee	9:00 pm-Herbal Tea and Hand 30 massage 11:00 pm-Spelling Bee 1:00 am-Uno 3:00 am-Trivia 5:00 am-Boggle	9:00 pm-Memories 31 11:00 pm-Midnight Movie- 1:00 am-Tea and Readers Digest 3:00 am-Counting backwards. 5:00 am-Early risers Walking club	<div style="text-align: center;"> <h1>August 2022</h1> <p>Night Owl Recreation Calendar for Orchard Heights Assisted Living</p> </div>		