

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

December 2022

Recreation Calendar for Harmony Lane of Orchard Heights



<p>10:45 am-Exercise-R3 11:00 am-TV Mass-3 11:45am- Parachute fun-R2 2:15 pm-What's in santa's sack game?-R2 3:00 pm-Hymn Sing-R5 6:45pm-Peace and color-R8</p> <p style="text-align: right;">4</p>	<p>9:30 am- Arthritis Exercise-R6 10:15am-Indoor Hockey-R6 11:30am-News and views-R6 2:15pm-Making ornaments-R6 3:15pm-Bingo-R6 4:30pm-Armchair Travels- North Pole-R5 6:45pm-Nature Web Cam -R7</p> <p style="text-align: right;">5</p>	<p>11:15am-Greenhouse Time-R3 2:15pm-Walk to ice cream parlor 2:45pm- Penny Pitch-R3 3:15 pm- Pretty Nails-R3 4:30 pm-Its Puzzling-R5 6:45 pm-Music video-R5</p> <p style="text-align: right;">6</p>	<p>9:30am- Conga line exercise - R4 10:15am-Inspiration moment-R3 11:15am-Basketball-R3 2:15pm-Christmas games-R3 2:45pm- Painting-R2 3:30 pm <u>Rosary</u>-R2 4:30pm-Walking Club-R5 6:45 pm- Americas funniest home videos-R7</p> <p style="text-align: right;">7</p>	<p>9:30am- Dance moves-R3 10:15 am Catholic Mass-R3 11:30am-Car Races-O3 2:15 pm- Bowling-R6 3:00pm- Pretty Nails-R6 3:30pm- Baskets of Fun-R6 4:30 pm-Fun with color-R6 6:45 pm-Twilight sing a long-O6</p> <p style="text-align: right;">8</p>	<p>9:30 am- Exercise cube-R6 10:15am-Help Wanted-R6 11:00am-Sleigh Painting-R6 12:00pm-Greenhouse time-R6 2:15 pm-Minute to Win it games-R2 2:45 pm-Dice Wheel of fortune-R6 3:25 pm-Carol sing-R6 4:30 pm-Magazine flip-R5 7:15pm-Classic TV shows-L5</p> <p style="text-align: right;">9</p>	<p>10:15am- Exercise-R3 10:45am-Bowling -R2 11:15am-Match up game-R2 12:00am-Giant Connect 4-R2 3:30pm-Octaband-R3 7:00pm-Movie Night-L8</p> <p style="text-align: right;">10</p>
<p>10:15 am-Communion Service-R3 11:00 am-TV Mass-3 11:45am- Parachute fun-R2 2:15 pm-Finish the Christmas carol-R2 2:30pm- Hymn sing-R5 3:00 pm-Washers game-R5 6:45pm-Peace and color-R8</p> <p style="text-align: right;">11</p>	<p>9:30 am- Arthritis Exercise-R6 10:15am- Indoor hockey-R6 11:30am You be the judge-R6 2:15 pm-Hot Cocoa and Christmas readings-R6 2:45 pm-Bingo-R6 3:30 pm-Junk Drawer detective-R6 4:30pm-Armchair Travels- 6:45pm-Docenko Music Hour-R7</p> <p style="text-align: right;">12</p>	<p>11:15am-Greenhouse Time-R3 2:15pm-Kitchen creations-Christmas cookies-R3 3:15pm- Paint with water-R3 4:30 pm-Its Puzzling-R5 6:45 pm-Music video-R7</p> <p style="text-align: right;">13</p>	<p>9:30am- Conga line exercise R4 10:15am-Rosary-R3 11:15am-Christmas card matching game-R3 2:15 pm- Brian Beaudry in concert-R3 3:15 pm-Community mtg.-R3 4:30 pm-Walking club-R5 6:45 pm- Americas funniest home videos-R7</p> <p style="text-align: right;">14</p>	<p>9:30am- Dance moves-R3 10:15 am Communion Service-R3 11:30 am-Say Anything-O3 2:15 pm-Bowling-R6 3:00pm- Dice game Bunco-R6 3:30pm- Baskets of Fun-R6 4:30 pm-Fun with color-R6 6:45 pm- Twilight sing a long -O6</p> <p style="text-align: right;">15</p>	<p>9:30 am- Exercise cube -R6 10:15am-Conversation Starters-R6 11:00am Corn Hole Toss-R6 12:00pm-Greenhouse time-R6 2:15 pm-Walk to Ice cream parlor-2 2:45 pm-Table Ball-R2 3:15 pm-Carol sing-R2 4:30 pm-Magazine flip-R5 7:15pm-Classic TV shows-L5</p> <p style="text-align: right;">16</p>	<p>10:15am-Exercise-R3 10:45am- Bowling -R2-R2 11:15am-Match up game-R2 2:15 pm-Bingo-R3 2:00pm-Concert- 3:30pm-Parachute fun-R3 7:00pm-Movie Night-L8</p> <p style="text-align: right;">17</p>
<p>10:45 am-Exercise-R3 11:45am- Parachute fun-R2 11:00 am-TV Mass-3 2:15 pm-Charades-R2 3:00 pm-Washers game-R5 6:45pm-Peace and color-R8</p> <p style="text-align: right;">18</p>	<p>9:30 am- Arthritis Exercise-R6 10:15am-Indoor hockey-R6 11:30am-News and views-R6 2:15 pm-Christmas a-z game-R6 2:45 pm-Bingo-R6 3:30 pm- 4:30pm-Armchair Travels- 6:45pm- Nature Web Cam -R7</p> <p style="text-align: right;">19</p>	<p>11:15am-Greenhouse Time-R6 2:15pm-Kitchen Creations-Christmas cookies-R3 2:45pm-Hot cocoa and Christmas memories-R3 3:15 pm- 4:30 pm- Its Puzzling-R5 6:45 pm-Music video-R7</p> <p style="text-align: right;">20</p>	<p>9:30am- Conga line exercise R4 10:15am-Inspiration moment-R3 11:15am-Where is the elf on the shelf?-R3 2:15 pm- Drum Circle-R2 2:45 pm-Bulletin Board Art-R5 3:30 pm- 4:30pm-Walking club-R2 6:30 pm- Americas funniest home videos-R7</p> <p style="text-align: right;">21</p>	<p>10:15 am-Communion Service-R6 11:30 am-Name 5-R6 2:15 pm-Concert- 3:00pm- Pretty Nails-R6 3:30pm- Baskets of Fun-R6 4:30 pm-Fun with color-r6 7:15pm- Twilight sing a long -O6</p> <p style="text-align: right;">22</p>	<p>9:30 am- Exercise cube -R6 10:15am-Conversation Starters-R6 11:00am Corn Hole Toss-R6 12:00pm-Greenhouse time-R6 2:15 pm-Walk to Ice cream parlor-2 2:45 pm-Table Ball-R2 3:15 pm-Carol sing-R2 4:30 pm-Magazine flip-R5 7:15pm-Classic TV shows-L5</p> <p style="text-align: right;">23</p>	<p>10:15am-Exercise-R3 10:45am- Bowling -R2-R2 11:15am-Match up game-R2 2:15 pm-Bingo-R3 2:00pm-Concert- 3:30pm-Parachute fun-R3 7:00pm-Movie Night-L8</p> <p style="text-align: right;">24</p>
<p>10:15 am-Communion Service-R3 11:00 am-TV Mass-3 11:45am- Parachute fun-R2 2:15 pm- Walking Club-R3 2:30pm- Hymn sing-R5 3:00 pm-Washers game-R5 6:45pm-Peace and color-R8</p> <p style="text-align: right;">25</p>	<p>9:30 am- Arthritis Exercise-R6 10:15am- Indoor hockey-R6 2:15 pm-EZ does it trivia-R6 2:45 pm-Bingo-R6 3:30 pm-Junk Drawer detective-R5 4:30pm-ArmChair Travels-Florida-R5 6:45pm- Docenko Music Hour-R7</p> <p style="text-align: right;">26</p>	<p>11:15am-Greenhouse Time-R6 2:15pm-Walk to ice cream parlor-P3 2:45pm-Penny Pitch-R3 3:15 pm- Paint with water-R3 4:30 pm- Its Puzzling-R5 6:45 pm-Music video-R7</p> <p style="text-align: right;">27</p>	<p>9:30am- Conga line exercise R4 10:15am-Inspiration moment-R3 11:15am-Basketball-R3 2:15 pm- Drum Circle-R2 2:45 pm- <u>Rosary</u>-R2 3:30 pm- Rhyming Table Ball-R2 4:30pm-Walking club-R2 6:30 pm-Americas funniest home videos-R7</p> <p style="text-align: right;">28</p>	<p>10:15 am-Communion Service-R6 11:30 am-Conversation ball-R6 2:15 pm-Concert- 3:00pm- Pretty Nails-R6 3:30pm- Baskets of Fun-R6 4:30 pm-Fun with color-r6 7:15pm- Twilight sing a long -O6</p> <p style="text-align: right;">29</p>	<p>9:30 am- Exercise cube -R6 10:15am-Trivia challenge-R6 11:00am-Axe Throwing-R6 12:00pm-Greenhouse time-R6 2:15 pm-Horseraces-R2 2:45 pm- Dice Wheel of fortune-R2 3:15 pm-Sing a long-R2 4:30 pm-Magazine flip-R2 7:15pm-Classic TV shows-L5</p> <p style="text-align: right;">30</p>	<p>10:15am- Zumba-R7 11:30am-I Remember That-R7 12:00am-Giant Connect 4-R2 2:15 pm-Bingo-R3 2:00pm-Concert- A3 3:30pm-Octaband-R3 7:00pm-Movie Night-L8</p> <p style="text-align: right;">31</p>

Calendar Key Staff: 1-Lee 2-Brandi 3-Linda 4-Lori 5-Diana 6. Recreation staff 7.Jen 8-Volunteer- 9-independent
Room: A-Activities Room (AL side) R-Recreation Room This calendar is subject to change. Questions regarding this schedule may be directed to Lee in Recreation