

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



December 2022 Recreation Calendar for Orchard Heights Assisted Living

Calendar Key : Staff: 1-Lee 2-Brandi 3-Linda 4-Lori 5-Diana 6-Maggie
7-Jen 8-Volunteer 9-independent Room key: A-Art Gallery C-Chestnut Lounge
D-Main dining Room E-Ice cream parlor area LB-Library L-Lilac Lounge O-Outin
P-Patio/Parlor R-Recreation Room WP-Willow Patio W-Willow Lounge

9:30am- Hasfit Exercise -A2
9:30am-Tour of Niagara Aerospace museum-O4 **1**
10:15am- Catholic Communion-R
2:15am- Pinochle with Jim-A5
2:15pm-3:45- Pretty Nails-L2
6:45pm- Christmas Tree Lighting and Christmas Carols-R1
8:15pm Bills @New England

9:30 am- Hasfit Exercise-R3 **2**
10:15am-Christmas song scramble-R3
2:15pm-Denise's Promotion Party
3:30pm- Now and Then-R3
6:45pm- Bingo-R2

10:15 am- Exercise to music-R2 **3**
2:15pm- Music by Mike Dennehy
6:00pm-Saturday night Netflix series-Call the Midwife-10

10:15 am- *Catholic Mass-Online Communion Service-R2* **4**
2:15 pm-Card Club-A9
2:30 pm-Advent devotional and Hymn sing-R2
3:15pm- Friendly visits

9:30 am-Hasfit Exercise-R2 **5**
10:15am-Nardin Academy Chorus-R3
2:15pm-Bingo-R2
3:15pm- Walking club-R2
6:00pm-Monday night at the movies - Charlie Browns Christmas-R2

9:30 am- Hasfit Exercise R2 **6**
9:30am-Poinsettia Show at the Botanical Gardens
10:15am-Christmas Card Display-R2
2:00pm- Arlene's scrabble club.-A8
2:15pm-Christmas Show Rehearsal-A
3:15pm-Peace and color-A9
6:45pm-Mexican Dominoes-New-W7

9:30am- Hasfit Exercise -A6 **7**
10:15am-Rosary-R7
2:15pm- Make Pat's Christmas cookies-R2
3:15pm-Friendly visits
6:45 pm-Bingo-R7

9:30am- Hasfit Exercise -A2 **8**
10:15am- Catholic Mass-R
2:15pm- Pinochle with Jim-A5
2:15pm-Christmas Clothes Fashion Show-R2
3:30pm- Walking Club-W3
7:00pm- Wesleyan Church Service-R7

9:30 am- Hasfit Exercise -R3 **9**
10:15am-Nutcracker craft-R3
2:15pm- Hot Chocolate social-R3
3:30pm- Friendly visits
6:30pm- *Jen and Murphy the King Charles Cavalier spaniel visits*
6:30pm- OP Symphony Christmas Concert-O4

10:15 am- Zumba-R2 **10**
2:15pm-Mary Alice's Dance Holiday Extravaganza-R3
5:45pm- Saturday night Netflix series-Call the midwife-11

10:15 am- Tai Chi-R5 **11**
10:45am-Mass on TV-Your lounge
1:00pm-Bills vs. Jets-your lounge
2:15 pm- Tailgate Party-R
3:15pm- Friendly visits

9:30 am- Hasfit Exercise -R2 **12**
10:15am-Kitchen Creations-Dan's Christmas cookies-R2
2:15pm-Bingo-R2
3:30pm- Walking club-R2
6:00pm- Monday night at the movies- The Christmas Card-R2

9:30 am- Hasfit Exercise R2 **13**
10:15am-Veterans club with Cmdr. Hornberger-A2
2:00pm- Arlene's scrabble club.-A8
2:15pm- Christmas Show Rehearsal-A
3:15pm-Peace and color-A9
6:45pm-Dinner and Ride to see Christmas lights-O4

9:30am- Hasfit Exercise -A6 **14**
10:15am-Rosary-R7
2:15pm- Tinkerers Group-R9
3:15pm- *Calendar Planning-R6*
6:45pm-Bingo-R7

9:30am- Hasfit Exercise -A2 **15**
10:15am-Catholic Communion-R
2:00pm-Shop at Dollar Tree-O4
2:15pm-Pinochle with Jim-A5
2:15pm-3:45pm- Pretty Nails-W3
3:15pm-Afternoon caroling-C3
6:45pm- Concert- Peter Van Scozza on violin-R7

9:30 am Hasfit Exercise-R3 **16**
10:15am-Traveling Christmas games-
2:15pm-Paint with Linda-R3
3:30pm-Christmas Trivia-R3
6:45pm-Bingo-R2

10:15 am- Zumba with Marilyn-R**17**
2:15 pm Concert- Mark Mazur Trio-R3
6:00pm Saturday night-Call the midwife-12

10:15 am-Online mass/Communion Svc-R3 **18**
2:15 pm- Advent devotional and Hymn sing-R2
2:15 pm-Card club-A9
3:15pm- Friendly visits

Hannukah begins at sundown

9:30 am- Hasfit Exercise-R2 **19**
10:15am- Bingo-R2
2:15 pm-Sing a long with the Dotted Notes-R9
3:15pm-Walking club-R2
6:00pm- Monday night at the movies-A Christmas Carol-R2

9:30 am- Hasfit Exercise-R2 **20**
10:15am- Dreidl Game-R2
2:00pm- Arlene's scrabble club.-A8
2:15pm- Christmas Show Rehearsal-A
3:15pm-Peace and color-A9
6:45pm- Ride to see Christmas lights-O4

9:30am- Hasfit Exercise-R2-A6 **21**
10:15am-Rosary-R6
2:15pm- Christmas around the world-R1
3:30pm-Indoor Golf-C2
6:45pm-Bingo-R7

9:30am- Hasfit Exercise-R2A2 **22**
10:15am- Catholic Communion-R
2:00pm-Country Ride-O4
2:15pm-Pinochle with Jim-A5
2:15pm-Orchard Heights Christmas Show-R2
3:15pm-Walking club-C3
7:00pm- Brass by Lewis Custode-R7

9:30am Hasfit Exercise-R2- -R2 **23**
10:15am-Santa Visits-Harmony/Lilac
1:30pm-Santa Visits-Chestnut/Willow
6:30pm- *Jen and Murphy the King Charles Cavalier spaniel visits*
6:45pm- Bingo with the Girl Scouts-R2

10:15 am- Exercise to music-R2 **24**
2:15 pm Christmas cookies and music by Tony Pedulla
5:45pm Saturday night Netflix series-Call the midwife-13

10:15 am-Pass the Present game-R3 **25**
2:15 pm-Music by Mari McNeil
3:15pm- Friendly visits Merry Christmas!!

9:30 am- Hasfit Exercise **26**
10:15am-Make Coconut cake for Kwanzaa-R2
2:15 pm-Bingo-R2
3:15pm-Walking club-R2
6:00pm- Monday night at the movies-Cats-R2

Boxing Day Kwanzaa

9:30 am- Hasfit Exercise R2 **27**
10:15am-Card Club-A2
11:00am-Mass at the Basilica-R2
2:00pm- Arlene's scrabble club.-A8
2:15pm-Wii games-R2
3:15pm-Peace and color-A9
6:45pm-Golf Putting-BP7

9:30am- Hasfit Exercise -A6 **28**
10:15am-Rosary-R7
2:15pm-Bowling-R7
3:30pm-Friendly visits
6:45-Bingo-R7

9:30am- Hasfit Exercise -A2 **29**
10:15am- Catholic Communion-R
2:00pm-Country Ride-O4
2:15pm-Pinochle-with Jim-A5
2:15pm-Resident Council-R1
3:15pm-Walking club-C3
6:45pm- Bell Choir practice-R7

9:30 am- Hasfit Exercise-R2 -R3 **30**
10:15am- Coffee and Current events-R2
2:15pm-Paint with Linda-R3
3:30pm- New Years around the world-R3
6:45pm-Bingo-R2

10:15 am- Zumba with Marilyn-R**31**
2:15 pm New Years Eve Celebration with Lyle Stang
6:00pm Saturday night-Call the midwife-14