

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>9:00 pm-Dice Games <b>1</b></p> <p>11:00 pm- Midnight Travels-</p> <p>1:00 am-Concentration</p> <p>3:00 am-Puzzles</p> <p>5:00 am-Early Risers</p> <p>Walking Club</p>	<p>9:00 pm-Memories <b>2</b></p> <p>11:00pm-Midnight Movie</p> <p>1:00 am-Tea and Readers Digest</p> <p>3:00 am-Journaling.</p> <p>5:00 am-Early risers</p> <p>Walking club</p>	<p>9:00 pm-Concentration <b>3</b></p> <p>11:00 pm- Poetry Reading</p> <p>1:00 am-Name 5</p> <p>3:00 am-Card Games</p> <p>5:00 am-Brush strokes</p>	<p>9:00 pm-Ball Toss <b>4</b></p> <p>11:00 pm-Dice Games</p> <p>1:00 am-Remember When</p> <p>3:00 am-20 Questions</p> <p>5:00 am-Coffee / Conversation</p>	<p>9:00 pm-Brushstrokes <b>5</b></p> <p>11:00 pm-Memories</p> <p>1:00 am-Scavenger Hunt</p> <p>3:00 am-Chicken soup for the soul</p> <p>5:00 am-Early Risers</p> <p>Walking Club</p>	<p>9:00 pm-Family Stories <b>6</b></p> <p>11:00 am-Midnight Movie</p> <p>1:00 am-Hand Massages</p> <p>3:00 am-Early risers walking club</p> <p>5:00am -Pictionary</p>	<p>9:00 pm-Puzzles <b>7</b></p> <p>11:00 am-Meditational Coloring</p> <p>1:00 am-Music and hand massage</p> <p>3:00 am-Sorting</p> <p>5:00 am-Sunrise stroll</p>
<p>9:00 pm -Concentration <b>8</b></p> <p>11:00 pm- Poetry Readin7</p> <p>1:00 am-3 of a kind</p> <p>3:00 am-Card Games</p> <p>5:00 am-Brushstrokes</p>	<p>9:00 pm-Word Search <b>9</b></p> <p>11:00 pm-Puzzles</p> <p>1:00 am-Who am I</p> <p>3:00 am-Black Jack</p> <p>5:00 am -Spelling Bee</p>	<p>9:00 pm-Herbal Tea and Hand <b>10</b></p> <p>massage</p> <p>11:00 pm-Spelling Bee</p> <p>1:00 am-Uno</p> <p>3:00 am-Trivia</p> <p>5:00 am-Boggle</p>	<p>9:00 pm-Memories <b>11</b></p> <p>11:00 pm-Midnight Movie-</p> <p>1:00 am-Tea and Readers Digest</p> <p>3:00 am-Counting backwards.</p> <p>5:00 am-Early risers</p> <p>Walking club</p>	<p>9:00 pm-Ring Toss <b>12</b></p> <p>11:00 pm-Crazy Eights</p> <p>1:00 am-Amazing Mazes</p> <p>3:00 am-Shut the Box</p> <p>5:00 am-Categories</p>	<p>9:00 pm-Card Games <b>13</b></p> <p>11:00 pm-Remembering favorite movie stars</p> <p>1:00 am-Trivia</p> <p>3:00 am-What is it??</p> <p>5:00 am-Early risers</p> <p>Walking</p>	<p>9:00 pm-Herbal Tea and Hand <b>14</b></p> <p>Massage</p> <p>11:00 am-Word Search</p> <p>1:00 am-Dice Games</p> <p>3:00 am-Trivia</p> <p>5:00 am-Sunrise chat</p>
<p>9:00 pm-Dice Games <b>15</b></p> <p>11:00 pm- Midnight Travels-</p> <p>1:00 am-Concentration</p> <p>3:00 am-Puzzles</p> <p>5:00 am-Early Risers</p> <p>Walking Club</p>	<p>9:00 pm-Memories <b>16</b></p> <p>11:00pm-Midnight Movie</p> <p>1:00 am-Tea and Readers Digest</p> <p>3:00 am-Journaling.</p> <p>5:00 am-Early risers</p> <p>Walking club</p>	<p>9:00 pm-Concentration <b>17</b></p> <p>11:00 pm- Poetry Reading</p> <p>1:00 am-Name 5</p> <p>3:00 am-Card Games</p> <p>5:00 am-Brush strokes</p>	<p>9:00 pm-Ball Toss <b>18</b></p> <p>11:00 pm-Dice Games</p> <p>1:00 am-Remember When</p> <p>3:00 am-20 Questions</p> <p>5:00 am-Coffee / Conversation</p>	<p>9:00 pm-Brushstrokes <b>19</b></p> <p>11:00 pm-Memories</p> <p>1:00 am-Scavenger Hunt</p> <p>3:00 am-Chicken soup for the soul</p> <p>5:00 am-Early Risers</p> <p>Walking Club</p>	<p>9:00 pm-Family Stories <b>20</b></p> <p>11:00 am-Midnight Movie</p> <p>1:00 am-Hand Massages</p> <p>3:00 am-Early risers walking club</p> <p>5:00am -Pictionary</p>	<p>9:00 pm-Puzzles <b>21</b></p> <p>11:00 am-Meditational Coloring</p> <p>1:00 am-Music and hand massage</p> <p>3:00 am-Sorting</p> <p>5:00 am-Sunrise stroll</p>
<p>9:00 pm -Concentration <b>22</b></p> <p>11:00 pm- Poetry Readin7</p> <p>1:00 am-3 of a kind</p> <p>3:00 am-Card Games</p> <p>5:00 am-Brushstrokes</p>	<p>9:00 pm-Word Search <b>23</b></p> <p>11:00 pm-Puzzles</p> <p>1:00 am-Who am I</p> <p>3:00 am-Black Jack</p> <p>5:00 am -Spelling Bee</p>	<p>9:00 pm-Herbal Tea and Hand <b>24</b></p> <p>massage</p> <p>11:00 pm-Spelling Bee</p> <p>1:00 am-Uno</p> <p>3:00 am-Trivia</p> <p>5:00 am-Boggle</p>	<p>9:00 pm-Memories <b>25</b></p> <p>11:00 pm-Midnight Movie-</p> <p>1:00 am-Tea and Readers Digest</p> <p>3:00 am-Counting backwards.</p> <p>5:00 am-Early risers</p> <p>Walking club</p>	<p>9:00 pm-Ring Toss <b>26</b></p> <p>11:00 pm-Crazy Eights</p> <p>1:00 am-Amazing Mazes</p> <p>3:00 am-Shut the Box</p> <p>5:00 am-Categories</p>	<p>9:00 pm-Card Games <b>27</b></p> <p>11:00 pm-Remembering favorite movie stars</p> <p>1:00 am-Trivia</p> <p>3:00 am-What is it??</p> <p>5:00 am-Early risers</p> <p>Walking</p>	<p>9:00 pm-Herbal Tea and Hand <b>28</b></p> <p>Massage</p> <p>11:00 am-Word Search</p> <p>1:00 am-Dice Games</p> <p>3:00 am-Trivia</p> <p>5:00 am-Sunrise chat</p>
<p>9:00 pm-Dice Games <b>29</b></p> <p>11:00 pm- Midnight Travels-</p> <p>1:00 am-Concentration</p> <p>3:00 am-Puzzles</p> <p>5:00 am-Early Risers</p> <p>Walking Club</p>	<p>9:00 pm-Memories <b>30</b></p> <p>11:00pm-Midnight Movie</p> <p>1:00 am-Tea and Readers Digest</p> <p>3:00 am-Journaling.</p> <p>5:00 am-Early risers</p> <p>Walking club</p>	<p>9:00 pm-Concentration <b>31</b></p> <p>11:00 pm- Poetry Reading</p> <p>1:00 am-Name 5</p> <p>3:00 am-Card Games</p> <p>5:00 am-Brush strokes</p>	<h1 style="margin: 0;">January 2023</h1> <p style="margin: 0;">Night owl Recreation Calendar for Assisted Living</p>			

All programs are conducted by your Nursing staff upon request