

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10:15 am-Exercise-R3 11:00 am-TV Mass-3 11:45am- Parachute fun-R2 2:15 pm- Ring in the New Year with Brian Beaudry-R2 3:00 pm-Hymn Sing-R5 6:45pm-Peace and color-R8	9:30 am- Arthritis Exercise-R6 10:15am-Indoor Hockey-R6 11:30am-News and views-R6 2:15pm-Shake Rattle and Roll Rhythm band-R6 3:00pm-Bingo-R6 3:30pm-Armchair Travels-25 Best Places to visit in USA on you tube 6:45pm-Nature Web Cam -R6 8:30pm Bills vs Bengals	11:15am-Greenhouse Time-R3 2:15pm-Walk to ice cream parlor 2:45pm-Let's Bake-R3 3:15 pm-Pretty Nails-R3 3:30 pm-Its Puzzling-R5 6:45 pm-Music video-R5	9:30am- Conga line exercise - R4 10:15am-Inspiration moment-R3 11:15am-Basketball-R3 2:15pm-Back to school-Spelling Bee-R2 2:45pm- Uno Cards-R2 3:30 pm Rosary-R2 4:30pm-Walking Club-R5 6:45 pm- Americas funniest home videos-R7	10:00am-Country Ride-04 10:15 am Communion Service-R3 11:30am-Dance moves-R3 2:15pm-Bowling-R6 3:00pm-Picture this-R6 3:30pm-Baskets of Fun-R6 4:30pm-Fun with color-R5 6:30pm-Online sing a long-O6	9:30 am- Exercise cube -R6 10:15am-Peace and color-R9 12:00pm-Greenhouse time-R6 2:15 pm- Walk to Ice cream parlor-2 2:45 pm- Conversation Starters-R6 3:00pm-Table Ball 3:30pm- Baskets of Fun-R6 4:30 pm-Fun with color-R6 7:15pm-Classic TV shows-L5	10:15am- Morning news-R2 10:45am-Zumba -R2 11:15am-Match up game-R2 2:00 pm-Concert-Lew Custode-R2 3:30pm-Parachute Fun-R3 7:00pm-Movie Night- - L8
10:15 am-Exercise-R3 11:00 am-TV Mass-3 11:45am- Parachute fun-R2 2:15 pm-Happy Birthday Elvis celebration-R2 3:00 pm-Hymn Sing-R5 6:45pm-Peace and color-R8	9:30 am- Arthritis Exercise-R6 10:15am-Indoor Hockey-R6 11:30am-News and views-R6 2:15pm- Hot Cocoa and humor-R6 3:00pm-Bingo-R6 3:30pm-Armchair Travels- <i>New England Vacation Travel Video Guide-R6</i> 6:45pm- Docenko Music Hour-R7	11:15am-Greenhouse Time-R6 10:30am-Fine Art Miracles-R6 2:15pm-Walk to ice cream parlor 2:45pm- Tic Tac Toe-R3 3:15 pm- Pretty Nails-R3 3:30 pm-Its Puzzling-R5 6:45 pm-Music video-R5	9:30am- Conga line exercise -R4 10:15am-Inspiration moment-R3 11:15am-Basketball-R3 2:15pm-Back to school-Math facts-R2 2:45pm- Junk Drawer detective-R6 3:30 pm Rosary-R2 4:30pm-Walking Club-R5 6:45 pm-Americas funniest home videos-R7	10:15am-Catholic Mass-R3 11:30am-Car Races-O3 2:15pm- Bowling-R6 3:00pm- Junk drawer detective-R6 3:30pm- Baskets of Fun-R6 4:30pm-Fun with color-R6 7:00pm-Wesleyan church service	9:30 am- Exercise cube-R6 10:15am-Peace and color-R9 12:00pm-Greenhouse time-R6 2:15 pm-Minute to Win it games-R2 2:45 pm-Dice Wheel of fortune-R6 3:30 pm-Table Ball-R9 4:30 pm-Magazine flip-R5 7:15pm-Classic TV shows-L5	10:15am-Exercise to music-R2 10:45am-Morning News-R2 11:30am-Picture this-R2 12:00am-Giant Connect 4-R2 2:00am-Concert-Gary Boyle-R2 3:30pm-Octaband-R3 7:00pm-Movie Night-L8
10:15 am-Communion Service-R3 11:00 am-TV Mass-3 11:45am- Parachute fun-R2 2:15 pm- 2:30pm- Hymn sing-R5 3:00 pm-Washers game-R5 6:45pm-Peace and color-R8	9:30 am- Arthritis Exercise-R6 10:15am-Indoor hockey-R6 11:30am You be the judge-R6 2:15 pm- Shake Rattle and Roll Rhythm band-R6 3:00pm-Bingo-R6 3:30pm-Armchair Travels- <i>Florida Vacation Travel Video Guide • Great Destinations-R6</i> 6:45pm-Nature Web Cam-R7	11:15am-Greenhouse Time-R3 2:15pm- Walk to ice cream parlor 2:45pm- Let's Bake-R3 3:15pm- Pretty nails-R3 3:30 pm-Its Puzzling-R5 6:45 pm-Music video-R7	9:30am- Conga line exercise -R4 10:15am-Rosary-R3 11:15am-Basketball-R3 2:15 pm- Brian Beaudry in concert-R3 3:15 pm-Community mtg.-R3 4:30 pm-Walking club-R5 6:45 pm- Americas funniest home videos-R7	10:00am-Country Ride-04 10:15am Communion Service-R3 11:30 am-Say Anything-O3 2:15 pm-Bowling-R6 3:00pm- Picture this-R6 3:30pm- Baskets of Fun-R6 4:30 pm-Fun with color-R6 6:30 pm-Online sing a long-O6	9:30 am- Exercise cube -R6 10:15am-Peace and color-R9 12:00pm-Greenhouse time-R6 2:15 pm- Walk to Ice cream parlor-2 2:45 pm- Conversation Starters-R6 3:15 pm-Table Ball 4:30 pm-Magazine flip-R5 7:15pm-Classic TV shows-L5	10:15am-Zumba-R3 10:45am- Bowling -R2-R2 11:15am-Match up game-R2 2:15 pm-Bingo-R3 2:15pm-Concert-Tricia Feraro-R2 3:30pm-Parachute fun-R3 7:00pm-Movie Night-L8
10:15 am-Exercise-R3 11:45am- Parachute fun-R2 11:00 am-TV Mass-3 2:15 pm-Charades-R2 3:00 pm-Washers game-R5 6:45pm-Peace and color-R8	9:30 am- Arthritis Exercise-R6 10:15am-Indoor hockey-R6 11:30am-News and views-R6 2:15 pm-Hot Cocoa and Reminisce-R6 2:45 pm-Bingo-R6 3:30 pm- Armchair travels- <i>Niagara Falls Awesome Things to Do and Amazing Places to See-R6</i> 6:45pm- Docenko Music Hour-R7	11:15am-Greenhouse Time-R6 2:15pm- Walk to ice cream parlor 2:45pm-Tic Tac Toe-R3 3:15 pm-Pretty nails-R3 3:30 pm-Its Puzzling-R5 6:45 pm-Music video-R7	9:30am-Conga line exercise -R4 10:15am-Inspiration moment-R3 11:15am-Basketball-R3 2:15 pm-Back to school-Spelling Bee-R2 2:45 pm-Bulletin Board Art-R5 3:30 pm-Rosary-R2 4:30pm-Walking club-R2 6:30 pm-Americas funniest home videos-R7	10:00am-Country Ride-04 10:15 am Communion Service-R3 11:30 am-Dance moves-R3 2:15 pm-Bowling-R6 3:00pm- Creative Corner-R2 3:30pm- Baskets of Fun-R6 4:30 pm-Fun with color-r6 6:30 pm-Online sing a long-O6	9:30 am- Exercise cube -R6 10:15am-Peace and color-R9 12:00pm-Greenhouse time-R6 2:15 pm-Walk to Ice cream parlor-2 2:45 pm- Conversation Starters-R6 3:30 pm-Table Ball-R9 4:30 pm-Magazine flip-R5 7:15pm-Classic TV shows-L5	10:15am-Exercise-R3 10:45am- Bowling-R2 11:15am-Match up game-R2 2:15 pm-Bingo-R3 2:15pm-Concert-Mike Horning-R2 3:30pm-Octaband-R3 7:00pm-Movie Night-L8
10:45 am-Exercise-R3 11:45am- Parachute fun-R2 11:00 am-TV Mass-3 2:15 pm-Charades-R2 3:00 pm-Washers game-R5 6:45pm-Peace and color-R8	9:30 am- Arthritis Exercise-R6 10:15am-Indoor hockey-R6 11:30am-News and views-R6 2:15 pm- Shake Rattle and Roll Rhythm band-R6 2:45 pm-Bingo-R6 3:30 pm-Armchair Travels- <i>Things To Do In New York: 4 Day Travel Guide-R6</i> 6:45pm- Nature Web Cam -R7	11:15am-Greenhouse Time-R6 10:30am-Music by Tom Bender-R9 2:15pm- Walk to ice cream parlor 2:45pm-Let's Bake-R3 3:15 pm-Paint with water-R3 4:30 pm-Its Puzzling-R5 6:45 pm-Music video-R7	<h1>January 2023</h1> <h2>Recreation Calendar for Harmony Lane of Orchard Heights</h2> <p>Calendar Key Staff: 1-Lee 2-Brandi 3-Linda 4-Lori 5-Diana 6. Recreation staff 7.Jen 8-Volunteer- 9-independent Room: A-Activities Room (AL side) R-Recreation Room This calendar is subject to change .Questions regarding this schedule may be directed to Lee in Recreation</p>			