

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:00 pm-Concentration-R7 <b>1</b> 11:00 pm -Poetry Reading-R7 1:00 am -3 of a kind-R7 3:00 am -Card Games-R7 5:00 am -Brushstrokes -R7	9:00 pm-Word Search-R7 <b>2</b> 11:00 pm -Puzzles-R7 1:00 am -Who am I-L7 3:00 am-Black Jack -R7 5:00 am -Spelling Bee-L7	9:00 pm-Memories-R7 <b>3</b> 11:00 pm-Midnight Movie-L7 1:00 am-Tea and Readers Digest-R7 3:00 am-Music Hour.-R7 5:00 am-Early risers Walking club-L7 5:00 am -Categories-L7	9:00 pm-Ring Toss-L7 <b>4</b> 11:00 pm -Crazy Eights-R7 1:00 am -Amazing Mazes-R7 3:00 am-Shut the Box-R7 5:00 am-Categories-L7	9:00 pm-Family Stories-L7 <b>5</b> 11:00 am -Midnight Movie-L7 1:00 am -Hand Massages-L7 3:00 am-Early risers walking club-L7 5:00am-Pictionary-L7	9:00 pm -Family Stories-L7 <b>6</b> 11:00 am -Midnight Movie-L7 1:00 am -Hand Massages-L7 3:00 am-Early risers walking club-L7 5:00am -Pictionary-L7	9:00 pm-Herbal Tea and Hand Massage-L7 <b>7</b> 11:00 am-Word Search-L7 1:00 am-Dice Games-R7 3:00 am-Trivia-L7 5:00 am -Sunrise chat-L7
9:00 pm-Dice Games-R7 <b>8</b> 11:00 pm -Midnight Travels-L7 1:00 am -Sorting-R7 3:00 am-Puzzles-R7 5:00 am-Early Risers Walking Club-L7	9:00 pm -Memories-R7 <b>9</b> 11:00 pm-Midnight Movie-L7 1:00 am-Tea and Reader Digest-L7 3:00 am-Paper craft.-R7 5:00 am-Early risers Walking club-L7	9:00 pm-Herbal Tea and Hand massage-R7 <b>10</b> 11:00 pm -Spelling Bee-R7 1:00 am-Uno-R7 3:00 am-Proverbs plus-L7 5:00 am -Magazine scavenger hunt-R7	9:00 pm-Brushstrokes-R7 <b>11</b> 11:00 pm-Memories-R7 1:00 am-What am I?-L7 3:00 am-Yarn Club -R7 5:00 am -Early Risers Walking Club-L7	9:00 pm-Magazine Flip-R7 <b>12</b> 11:00 pm-Netflix movie-R7 1:00 pm -Puzzles-R7 3:00 pm-Counting Sheep etc-R7 5:00 pm-I Spy-R7	9:00 pm -Card Games-R7 <b>13</b> 11:00 pm-Qwirkle-R7 1:00 am -Categories-L7 3:00 am -What is it??-L7 5:00 am-Early risers Walking -L7	9:00 pm -Travel Stories-L7 <b>14</b> 11:00 am-Midnight Movie-L7 1:00 am-Soothing sounds-L7 3:00 am-Early risers walking club-L7 5:00am-Puzzles-L7
9:00 pm-Concentration-R7 <b>15</b> 11:00 pm -Poetry Reading-R7 1:00 am -3 of a kind-R7 3:00 am -Card Games-R7 5:00 am -Brushstrokes -R7	9:00 pm-Word Search-R7 <b>16</b> 11:00 pm -Puzzles-R7 1:00 am -Who am I-L7 3:00 am-Black Jack -R7 5:00 am -Spelling Bee-L7	9:00 pm-Memories-R7 <b>17</b> 11:00 pm-Midnight Movie-L7 1:00 am-Tea and Readers Digest-R7 3:00 am-Music Hour.-R7 5:00 am-Early risers Walking club-L7 5:00 am -Categories-L7	9:00 pm-Ring Toss-L7 <b>18</b> 11:00 pm -Crazy Eights-R7 1:00 am -Amazing Mazes-R7 3:00 am-Shut the Box-R7 5:00 am-Categories-L7	9:00 pm-Family Stories-L7 <b>19</b> 11:00 am -Midnight Movie-L7 1:00 am -Hand Massages-L7 3:00 am-Early risers walking club-L7 5:00am-Pictionary-L7	9:00 pm -Family Stories-L7 <b>20</b> 11:00 am -Midnight Movie-L7 1:00 am -Hand Massages-L7 3:00 am-Early risers walking club-L7 5:00am -Pictionary-L7	9:00 pm-Herbal Tea and Hand Massage-L7 <b>21</b> 11:00 am-Word Search-L7 1:00 am-Dice Games-R7 3:00 am-Trivia-L7 5:00 am -Sunrise chat-L7
9:00 pm-Dice Games-R7 <b>22</b> 11:00 pm -Midnight Travels-L7 1:00 am -Sorting-R7 3:00 am-Puzzles-R7 5:00 am-Early Risers Walking Club-L7	9:00 pm -Memories-R7 <b>23</b> 11:00 pm-Midnight Movie-L7 1:00 am-Tea and Reader Digest-L7 3:00 am-Paper craft.-R7 5:00 am-Early risers Walking club-L7	9:00 pm-Herbal Tea and Hand massage-R7 <b>24</b> 11:00 pm -Spelling Bee-R7 1:00 am-Uno-R7 3:00 am-Proverbs plus-L7 5:00 am -Magazine scavenger hunt-R7	9:00 pm-Brushstrokes-R7 <b>25</b> 11:00 pm-Memories-R7 1:00 am-What am I?-L7 3:00 am-Yarn Club -R7 5:00 am -Early Risers Walking Club-L7	9:00 pm-Magazine Flip-R7 <b>26</b> 11:00 pm-Netflix movie-R7 1:00 pm -Puzzles-R7 3:00 pm-Counting Sheep etc-R7 5:00 pm-I Spy-R7	9:00 pm -Card Games-R7 <b>27</b> 11:00 pm-Qwirkle-R7 1:00 am -Categories-L7 3:00 am -What is it??-L7 5:00 am-Early risers Walking -L7	9:00 pm -Travel Stories-L7 <b>28</b> 11:00 am-Midnight Movie-L7 1:00 am-Soothing sounds-L7 3:00 am-Early risers walking club-L7 5:00am-Puzzles-L7
9:00 pm-Concentration-R7 <b>29</b> 11:00 pm -Poetry Reading-R7 1:00 am -3 of a kind-R7 3:00 am -Card Games-R7 5:00 am -Brushstrokes -R7	9:00 pm-Word Search-R7 <b>30</b> 11:00 pm -Puzzles-R7 1:00 am -Who am I-L7 3:00 am-Black Jack -R7 5:00 am -Spelling Bee-L7	9:00 pm-Memories-R7 <b>31</b> 11:00 pm-Midnight Movie-L7 1:00 am-Tea and Readers Digest-R7 3:00 am-Music Hour.-R7 5:00 am-Early risers Walking club-L7 5:00 am -Categories-L7	<h1>January 2023</h1> <p>Night Owl calendar for Harmony Lane of Orchard Heights</p>			

All programs will be conducted by Nursing staff upon request