

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			9:00 pm-Ball Toss 1 11:00 pm-Dice Games 1:00 am-Remember When 3:00 am-20 Questions 5:00 am-Coffee / Conversation	9:00 pm-Brushstrokes 2 11:00 pm-Memories 1:00 am-Scavenger Hunt 3:00 am-Chicken soup for the soul 5:00 am-Early Risers Walking Club	9:00 pm-Family Stories 3 11:00 am-Midnight Movie 1:00 am-Hand Massages 3:00 am-Early risers walking club 5:00am -Pictionary	9:00 pm-Puzzles 4 11:00 am-Meditational Coloring 1:00 am-Music and hand massage 3:00 am-Sorting 5:00 am-Sunrise stroll
9:00 pm -Concentration 5 11:00 pm- Poetry Reading 1:00 am-3 of a kind 3:00 am-Card Games 5:00 am-Brushstrokes	9:00 pm-Word Search 6 11:00 pm-Puzzles 1:00 am-Who am I 3:00 am-Black Jack 5:00 am -Spelling Bee	9:00 pm-Herbal Tea and Hand massage 7 11:00 pm-Spelling Bee 1:00 am-Uno 3:00 am-Trivia 5:00 am-Boggle	9:00 pm-Memories 8 11:00 pm-Midnight Movie- 1:00 am-Tea and Readers Digest 3:00 am-Counting backwards. 5:00 am-Early risers Walking club	9:00 pm-Ring Toss 9 11:00 pm-Crazy Eights 1:00 am-Amazing Mazes 3:00 am-Shut the Box 5:00 am-Categories	9:00 pm-Card Games 10 11:00 pm-Remembering favorite movie stars 1:00 am-Trivia 3:00 am-What is it?? 5:00 am-Early risers Walking	9:00 pm-Herbal Tea and Hand Massage 11 11:00 am-Word Search 1:00 am-Dice Games 3:00 am-Trivia 5:00 am-Sunrise chat
9:00 pm-Dice Games 12 11:00 pm- Midnight Travels- 1:00 am-Concentration 3:00 am-Puzzles 5:00 am-Early Risers Walking Club	9:00 pm-Memories 13 11:00pm-Midnight Movie 1:00 am-Tea and Readers Digest 3:00 am-Journaling. 5:00 am-Early risers Walking club	9:00 pm-Concentration 14 11:00 pm- Poetry Reading 1:00 am-Name 5 3:00 am-Card Games 5:00 am-Brush strokes	9:00 pm-Ball Toss 15 11:00 pm-Dice Games 1:00 am-Remember When 3:00 am-20 Questions 5:00 am-Coffee / Conversation	9:00 pm-Brushstrokes 16 11:00 pm-Memories 1:00 am-Scavenger Hunt 3:00 am-Chicken soup for the soul 5:00 am-Early Risers Walking Club	9:00 pm-Family Stories 17 11:00 am-Midnight Movie 1:00 am-Hand Massages 3:00 am-Early risers walking club 5:00am -Pictionary	9:00 pm-Puzzles 18 11:00 am-Meditational Coloring 1:00 am-Music and hand massage 3:00 am-Sorting 5:00 am-Sunrise stroll
9:00 pm -Concentration 19 11:00 pm- Poetry Reading 1:00 am-3 of a kind 3:00 am-Card Games 5:00 am-Brushstrokes	9:00 pm-Word Search 20 11:00 pm-Puzzles 1:00 am-Who am I 3:00 am-Black Jack 5:00 am -Spelling Bee	9:00 pm-Herbal Tea and Hand massage 21 11:00 pm-Spelling Bee 1:00 am-Uno 3:00 am-Trivia 5:00 am-Boggle	9:00 pm-Memories 22 11:00 pm-Midnight Movie- 1:00 am-Tea and Readers Digest 3:00 am-Counting backwards. 5:00 am-Early risers Walking club	9:00 pm-Ring Toss 23 11:00 pm-Crazy Eights 1:00 am-Amazing Mazes 3:00 am-Shut the Box 5:00 am-Categories	9:00 pm-Card Games 24 11:00 pm-Remembering favorite movie stars 1:00 am-Trivia 3:00 am-What is it?? 5:00 am-Early risers Walking	9:00 pm-Herbal Tea and Hand Massage 25 11:00 am-Word Search 1:00 am-Dice Games 3:00 am-Trivia 5:00 am-Sunrise chat
9:00 pm-Dice Games 26 11:00 pm- Midnight Travels- 1:00 am-Concentration 3:00 am-Puzzles 5:00 am-Early Risers Walking Club	9:00 pm-Memories 27 11:00pm-Midnight Movie 1:00 am-Tea and Readers Digest 3:00 am-Journaling. 5:00 am-Early risers Walking club	9:00 pm-Concentration 28 11:00 pm- Poetry Reading 1:00 am-Name 5 3:00 am-Card Games 5:00 am-Brush strokes	<h1>February 2023</h1> <p>Night owl Recreation Calendar for Orchard Heights Assisted Living All programs will be conducted by Nursing staff upon request</p>			