



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>ation Calendar for Orchard Heights Assisted Living Staff:1- Lee 2-Brandi 3-Linda 4-Lori 5-Mary 6-Recreation staff 7-Jen 8-Volunteer- 9-independent Room key: A-Art Gallery C-Chestnut Lounge D- Main dining Room I-Ice cream parlor area LB-Library L-Lilac Lounge O-Outing P-Patio/Parlor R-Recreation</p>			<p>9:30am – Arthritis Exercise/Women's History minute -R6 10:15am-Rosary-R7 11:20am B4 Lunch Trivia Break-I 2:15pm- Glen Miller music hour-R7 3:15pm-Cardo-R7 6:45 pm-Bingo-R7</p>	<p>9:30am- Exercise w/ Brandi -R2 10:15am- Catholic Communion-R2 10:15am-Meeting of the minds men's group with Jim-A8-New 10:45am-Worst Case Scenario Game-A5 2:15pm- Pinochle with Jim-A5 2:15pm-Shop at Home Goods-R4 2:15pm-3:15- Pretty Nails-L2 3:30pm- Afternoon Stretch-W2 6:45pm- Sing with friends-R7</p>	<p>9:30 am- Hasfit Exercise -R3 10:15am-Learn to Crochet with Linda-R3 2:15pm- Paint with Linda-R3 3:00pm-Share and Chat-L2 3:30pm- Share your middle name chat-R3 6:30pm- <i>Jen and Murphy the King Charles Cavalier spaniel visits</i> 6:45pm- Bingo-R2</p>	<p>10:15 am-Exercise to music-R2 2:15pm-Kathy Calerella in concert-R 6:00pm-Saturday night Netflix series—22 6:00pm Saturday night-The Hidden Lives of Pets-4th episode</p>
<p>10:15 am- Catholic Mass-Online Communion Service-R2 2:15 pm-Bible Study-R3 3:15pm- Friendly visits 6:30pm-TV Time-R3</p>	<p>9:30 am-Hasfit Exercise-R2 10:15am-Wheel of Fortune-R2 11:20am-B4 Lunch Trivia Break-I2 2:15pm-Bingo-R2 3:15pm-Sing and Stroll-R2 6:00pm-Monday night at the movies-R7</p>	<p>9:30 am-Exercise to the 50's R2 10:15am-Bake Irish soda bread-R2 10:15pm- Country Ride-O4 2:00pm- Arlene's scrabble club-A8 2:15pm-What is Purim?-R2 3:15pm-Indoor Bocce-L2 6:45pm-Mexican Dominoes-New-W7</p>	<p>9:30am- Arthritis Exercise/Women's History minute -R6 10:15am-Rosary-R7 11:20am-B4 Lunch Trivia Break-I 2:15pm-Wii Games-R7 3:00pm-Unscramble-W3 3:15pm-Cornhole toss-R7 6:45pm-Bingo-R7</p>	<p>9:30am- Exercise w/ Brandi -R2 10:15am- Catholic Mass-R 10:15am-Meeting of the minds men's group with Jim- Ford Mustang Day-A8-New 10:45am-Buzzword-A5 2:15pm- Pinochle with Jim-A5 1:30pm-Coffee and Dessert at the Comfort Zone Café-O4 2:15pm-3:15pm- Pretty Nails-C2 3:30pm- Afternoon Stretch-L2 7:00pm Wesleyan Church Service TBD</p>	<p>9:30 am- Hasfit Exercise -R3 10:15am-Coffee and share your memory of your old neighborhood-R3 2:15pm- Paint with Linda-R3 3:00pm-Share and Chat-L2 3:30pm- Biography-Saint Patrick-R3 6:45-Bingo-R2</p>	<p>10:15 am- Zumba-R6 2:15pm-Music by David Stockton-R 6:00pm- Saturday night Netflix-Magical Andes-episode 1-your lounge</p>
<p>10:15 am -Catholic Mass online with communion-R2 10:45am-Mass on TV-Your lounge 2:15 pm- Games with OP Presbyterian youth-R7 2:15 pm-Make Flower pens-A9 3:15pm- Friendly visits</p>	<p>9:30 am- Balance Exercise-R2 10:15am- Make Irish potato candy-R2 11:20am-B4 Lunch Trivia Break-I2 2:15pm-Bingo-R2 3:30pm- Sing and Stroll -R2 6:00pm- Monday night at the Movies-R7</p>	<p>9:30 am- Strength Exercise-R2 10:15am-March Madness Basketball competition-R2 10:15pm-Driving Tour of South Buffalo-O4 2:00pm- Arlene's scrabble club.-A8 2:15pm-Irish Coffee social-R2 3:15pm-Peace and color-A9</p>	<p>9:30am- Arthritis Exercise/Women's History minute -R6 10:15am-Rosary-R7 11:20am B4 Lunch Trivia Break-I 2:15pm-Who and What?-R7 3:00pm-Unscramble-L3 3:15pm-Calendar Planning-R6</p>	<p>9:30am- Exercise w/ Brandi -R2 10:15am-Tinkerers Club-A8 10:15am-Catholic Communion-R 11:00am-Lunch at JP Fitzgeralds-O4 10:45am-Outburst Game-A5 2:15pm-3:15pm- Pretty Nails-W3 3:30pm- Afternoon Stretch-C2 6:45pm- Rinca na Tiarna Dancers-R7</p>	<p>9:30 am Hasfit Exercise-R3 10:15am- Learn to Crochet with Linda-R3 2:15pm-Saint Patrick's Day party with Caire'-R2 3:30pm- Armchair travels-Ireland-R2 6:30-<i>Jen and Murphy Charles Cavalier spaniel visits</i> 6:45pm-Bingo-R2</p>	<p>10:15 am- Zumba with Marilyn-R2 2:15 pm Nandor Desci returns to Orchard Heights-R 6:00pm Saturday night-The magical Andes- 2nd episode-your lounge</p>
<p>10:15 am-Online mass/Communion Svc-R3 2:15 pm Hymn sing-R2 2:15 pm-Rummy club-A9 3:15pm- Friendly visits</p>	<p>9:30 am- Balance Exercise-R2 10:15am- Bingo-R2 11:20am- B4 Lunch Trivia Break-I2 2:15 pm-Build a Birdhouse-R2 3:15pm- Put a spring in your step and join us for walking club-R2 6:00pm-Monday night at the</p>	<p>9:30 am- Strength Exercise-R2 10:15am- 10:15pm- Driving Tour of South Buffalo-O4 2:00pm- Arlene's scrabble club.-A8 2:15pm- Hollywood Squares-R2 3:15pm-Peace and color-A9 6:45pm- Mexican</p>	<p>9:30am- Arthritis Exercise/Women's History minute -R6 10:15am-Rosary-R6 11:20am B4 Lunch Trivia Break-I 2:15pm-Learn about Ramadan-R 3:00pm-Unscramble-C3 3:30pm-Balloon swat -R7 6:45pm-Bingo-R7</p>	<p>9:30am- Exercise w/Brandi -R2 10:15am- Catholic Communion-R 10:15am-Meeting of the minds men's group with Jim-A8-New 10:45am-Catch Phrase-R3 2:15pm-Pinochle with Jim-A5 2:15pm- Shop at Dollar Tree-O4 3:15pm-Walking club-C3 7:00pm- Early Music entertainers from Buffalo by Rick Falkowski-R7</p>	<p>9:30am Hasfit Exercise-R2- -R2 10:15am-Ask Google-R2 2:15pm-Paint with Linda-R3 3:00pm-Share and Chat-C2 3:30pm-Biography-Albert Einstein-R3 6:45pm- Bingo-R2</p>	<p>10:15 am- Exercise to music-R2 2:15 pm Tony Pedulla in concert-R 6:00pm Saturday night Netflix series-Elephant Whisperers-your lounge</p>
<p>10:15 am-Online mass/Communion Svc-R3 2:15 pm-Online Lutheran service-R7 2:15 pm-Card club-A9 3:15pm- Friendly visits</p>	<p>9:30 am- Balance Exercise-R2 10:15am- Unscramble 11:20am B4 Lunch Trivia Break-I2 2:15 pm-Bingo-R2 3:15pm- Sing and Stroll-R2 6:00pm- Monday night at the movies-R7</p>	<p>9:30 am- Hasfit Exercise-R2 10:15am- Ring them bells-R2 10:15pm- Country Ride-O4 2:00pm- Arlene's scrabble club.-A8 2:15pm-Crafts with Brandi-R2 3:15pm-Peace and color-A9 6:45pm-Golf Putting-BP7</p>	<p>9:30am- Hasfit Exercise-R2 10:15am-Rosary-R6 11:20am B4 Lunch Trivia Break-I 2:15pm-Wii Games-R7 3:00pm-Categories-W3 3:30pm- Axe throwing-R7-New 6:45pm-Bingo-R7</p>	<p>9:30am- Exercise with Brandi -R2 10:15am- Catholic Communion-R 10:15am-Meeting of the minds men's group with Jim- Dice Basball-A8-New 10:45am-Free Rice-R 2:15pm-Pinochle with Jim-A5 2:15pm- Resident Council-R2 3:15pm-Walking club-C3 Baseball season starts</p>	<p>9:30am Hasfit Exercise-R2- -R2 10:15am- Learn to Crochet with Linda-R3 2:15pm-Paint with Linda-R3 3:30pm- Biography-Fred Rogers-R3 6:30pm-<i>Jen and Murphy the King Charles Cavalier spaniel visits</i> 6:45pm- Bingo-R2</p>	<p><i>The Ice cream parlor is open daily at 1:45!</i> </p>