

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

March 2023

Recreation Calendar for Harmony Lane of Orchard Heights

Calendar Key Staff: 1-Lee 2-Brandi 3-Linda 4-Lori 5-Mary 6. Recreation staff 7.Jen 8-Volunteer- 9-independent .Room: A-Activities Room (AL side) R-Recreation Room This calendar is subject to change .Questions regarding this schedule may be directed to Lee in

Recreation .

<p>10:15 am-Exercise-R3 11:00 am-TV Mass-3 11:45am- Parachute fun-R2 2:15 pm-Charades-R2 3:00 pm-Hymn Sing-R5 6:45pm-Peace and color-R8</p>	<p>9:30 am-Arthritis Exercise-R6 10:15am-Indoor Hockey-R6 11:30am-News and views-R6 2:15pm-Hot Cocoa and humor-R6 3:00pm-Bingo-R6 <i>3:30pm- Paper puzzles-R6</i> <i>6:45pm-Nature Web Cam-R7</i></p>	<p>9:30am- Sing and stretch-R3 10:15am-Gone Fishing-R3 11:15am-Greenhouse Time-R3 2:00pm-Walk to ice cream parlor 2:45pm- What shall we bake?-R3 3:15pm-Pretty Nails-R3 3:30pm-Its Puzzling-R5 6:45pm-Online Sing a long-R5</p>	<p>9:30am- Conga line exercise -R4 10:15am-Inspiration moment-R3 11:15am-Basketball-R3 2:15pm-Spelling Bee-R2 2:45pm- Uno Cards-R2 3:30 pm Rosary-R2 4:30pm-Sing and Stroll-R5 6:45pm-Americas funniest home videos-R7</p>	<p>9:30am-Dance moves-R3 10:15 am Communion Service-R3 11:00am-Country Ride-04 2:15pm-Bowling-R6 3:00pm-Picture this-R6 3:30pm-Baskets of Fun-R6 4:30pm-Fun with color-R5 6:00pm-Easel Escapades-R5</p>	<p>9:30 am- Exercise cube -R6 10:15am- Peace and color-R9 12:00pm-Greenhouse time-R6 2:00pm- Walk to Ice cream parlor-2 2:45pm-Conversation Starters-R6 3:30pm-Table Ball-R9 -R6 4:30pm-Share a Photograph-R6 6:30pm-Bingo-R5 Jen and Murphy visit</p>	<p>10:15am- Morning news-R2 10:45am-Zumba -R2 11:15am-Match up sayings game-R2 2:00 pm-Concert-Kathy Calderella-A3 3:30pm-Balloon swat-R3 7:00pm-Movie Night- L8</p>
<p>10:15 am-Exercise-R3 11:00 am-TV Mass-3 11:45am- Parachute fun-R2 2:15 pm-Charades-R2 3:00 pm-Hymn Sing-R5 6:45pm-Peace and color-R8</p>	<p>9:30 am-Arthritis Exercise-R6 10:15am-Indoor Hockey-R6 11:30am-News and views-R6 2:15pm-Hot Cocoa and humor-R6 3:00pm-Bingo-R6 <i>3:30pm- Paper puzzles-R6</i> <i>6:45pm-Nature Web Cam-R7</i></p>	<p>9:30am- Sing and stretch-R3 10:15am-Gone Fishing-R3 11:15am-Greenhouse Time-R3 2:00pm-Walk to ice cream parlor 2:45pm- What shall we bake?-R3 3:15pm-Pretty Nails-R3 3:30pm-Its Puzzling-R5 6:45pm-Online Sing a long-R5</p>	<p>9:30am- Conga line exercise -R4 10:15am-Inspiration moment-R3 11:15am-Basketball-R3 2:15pm-Dice games-R3 2:45pm-Junk Drawer detective-R6 3:30pm-Rosary-R2 4:30pm-Sing and Stroll-R5 6:45 pm-Americas funniest home videos-R7</p>	<p>9:30am-Dance moves-R3 10:15am-Catholic Mass-R3 11:00am-Country Ride-04 2:15pm-Bowling-R6 3:00pm-Junk drawer detective-R6 3:30pm- Baskets of Fun-R6 4:30pm-Fun with color-R6 6:00pm- Easel Escapades-R5</p>	<p>9:30 am- Exercise cube-R6 10:15am- Peace and color-R9 12:00pm-Greenhouse time-R6 2:00pm-Walk to Ice cream parlor-2 2:45 pm-Dice Wheel of fortune-R6 3:30pm-Table Ball-R9 4:30pm-Magazine flip-R5 6:30pm-Bingo-R5 Jen and Murphy visit</p>	<p>10:15am- Morning news -R2 10:45am- Zumba -R2 11:30am-Its in the bag-R2 12:00am-Giant Connect 4-R2 2:00am-Concert-David Stockton-A3 3:30pm-Octaband-R3 7:00pm-Movie Night-L8</p>
<p>10:15 am-Communion Service-R3 11:00 am-TV Mass-3 11:45am-Parachute fun-R2 2:15 pm-Hymn sing-R5 3:30pm- Baskets of fun-R5 6:45pm-Peace and color-R8</p>	<p>9:30 am- Arthritis Exercise-R6 10:15am-Indoor hockey-R6 11:30am-You be the judge-R6 2:15pm-Shake Rattle and Roll Rhythm band-R6 3:00pm-Bingo-R6 <i>3:30pm-Armchair Travels-</i> <i>6:45pm- Nature Web Cam-R7</i></p>	<p>9:30am- Sing and stretch-R3 10:15am-Penny Pitch-R3 11:15am-Greenhouse Time-R3 2:00pm- Walk to ice cream parlor 2:45pm- What shall we bake?-R3 3:15pm- Pretty nails-R3 3:30pm-Its Puzzling-R5 6:45pm- Online Sing a long-R5</p>	<p>9:30am-Conga line exercise -R4 10:15am-Rosary-R3 11:15am- Inspiration moment-R3-R3 2:15pm-Music by Brian Beaudry-R8 3:15pm-Community mtg.-R3 4:30pm-Sing and Stroll-R5 6:45pm- Americas funniest home videos-R7</p>	<p>9:30am-Dance moves-R3 10:15am-Communion Service-R3 11:00am-Country Ride-04 2:15pm- Bowling-R6 3:00pm- Picture this-R6 3:30pm- Baskets of Fun-R6 4:30 pm-Fun with color-R6 6:00pm-Easel Escapades-R5</p>	<p>9:30am- Exercise cube -R6 10:15am- Peace and color-R9 12:00pm-Greenhouse time-R6 2:15pm-Saint Patrick's Day party-R6 2:45pm-Conversation Starters-R6 3:15pm-Table Ball-R9 4:30pm-Share a photograph-R5 6:30pm-Bingo-R5 Jen and Murphy visit</p>	<p>10:15am- Morning news -R2 10:45am-Zumba-R3 11:30am-Common Factor-R2 2:15pm-Bingo-R3 2:15pm-Concert-Nandor Desci-A3 3:30pm-Balloon swat-R3 7:00pm-Movie Night-L8</p>
<p>10:15 am-Exercise-R3 11:45am- Parachute fun-R2 11:00am-TV Mass-3 2:15pm-Charades-R2 3:30pm- Baskets of fun-R5 6:45pm-Peace and color-R8</p>	<p>9:30 am- Arthritis Exercise-R6 10:15am-Indoor hockey-R6 11:30am-News and views-R6 2:15 pm-Drum circle-R6 2:45pm-Bingo-R6 <i>3:30pm-Paper puzzles-R6</i> <i>6:45pm-Nature Web Cam-R7</i></p>	<p>9:30am- Sing and stretch-R3 10:30am-Fine art Miracle Art class-A3 11:15am-Greenhouse Time-R3 2:00pm- Walk to ice cream parlor 2:45pm-What shall we bake?-R3 3:15pm-Pretty nails-R3 3:30pm-Its Puzzling-R5 6:45pm- Online Sing a long-R5</p>	<p>9:30am-Conga line exercise -R4 10:15am- Inspiration moment-R3 11:15am-Basket ball-R3 2:15pm- Dice Games-R3 2:45pm- Junk Drawer detective-R8 3:30pm- Rosary-R3 4:30pm-Sing and Stroll-R5 6:45pm- Americas funniest home videos-R7</p>	<p>9:30am- Dance moves-R3 10:15am-Communion Service-R3 11:00am-Country Ride-04 2:15pm-Bowling-R6 3:00pm-Junk Drawer Detective-R2 3:30pm-Baskets of Fun-R6 4:30pm-Fun with color-R6 6:00pm- Easel Escapades-R5</p>	<p>9:30am- Exercise cube -R6 10:15am-Peace and color-R9 Jen and Murphy visit 12:00pm-Greenhouse time-R6 2:00pm-Walk to Ice cream parlor-2 2:45pm-Dice Wheel of Fortune-R6 3:30pm-Table Ball-R9 4:30pm-Magazine flip-R5 6:30pm-Bingo-R5</p>	<p>10:15am-Exercise-R3 10:45am-Bowling-R2 11:15am-Its in the bag-R2 2:15pm-Bingo-R3 2:15pm-Concert-Tony Pedulla-A3 3:30pm-Octaband-R3 7:00pm-Movie Night-L8</p>
<p>10:45 am-Exercise-R3 11:45am-Parachute fun-R2 11:00 am-TV Mass-3 2:15 pm-Hymn sing-R2 3:30pm-Baskets of fun-R5 6:45pm-Peace and color-R8</p>	<p>9:30 am- Arthritis Exercise-R6 10:15am-Indoor hockey-R6 11:30am-News and views-R6 2:15pm- Shake Rattle and Roll Rhythm band-R6 2:45pm-Bingo-R6 3:30pm-Armchair Travels- 6:45pm- Nature Web Cam-R7</p>	<p>9:30am- Sing and stretch-R3 10:15am-Gone Fishing-R3 11:15am-Greenhouse Time-R3 2:00pm-Walk to ice cream parlor 2:45pm-What shall we bake?-R3 3:15pm- Pretty nails-R3 4:30pm-Its Puzzling-R5 6:45pm- Online Sing a long-R5</p>	<p>9:30am-Conga line exercise -R4 10:15am- Inspiration moment-R3 11:15am-Basketball-R3 2:15pm-Spelling bee-R3 3:30pm-Rosary 4:30pm-Sing and Stroll-R5 6:45pm- Americas funniest home videos-R7</p>	<p>9:30am- Move to music-R3 10:15am Communion Service-R3 11:00am-Country Ride-04 10:15am-Baking Bread-R3 11:30am-Your best Pitch...-R3 2:15pm-Bowling-R6 3:00pm-Picture this-R6 3:30pm-Baskets of Fun-R6 4:30pm-Fun with color-R6 6:00pm- Easel Escapades-R5</p>	<p>9:30am- Exercise cube -R6 10:15am-Peace and color-R9 12:00pm-Greenhouse time-R6 2:00pm-Walk to Ice cream parlor-2 2:45pm-Conversation starters-R6 3:30pm-Table Ball-R9 4:30pm-Share a photograph-R5 6:30pm-Bingo-R5 Jen and Murphy visit</p>	