



Orchard Heights 5200 Chestnut Ridge Road Orchard Park, New York 14127



March 2023



Arlene enjoys a dance with Terry Buchwald at our the Valentines Day celebration





Sax man slim entertained the residents with his Saxophone for Maridi Gras this year!





We had a nice visit from Moo the bunny this month. He was the perfect size for cuddling!



Teresa displays the crocheting that she is relearning!

A Note from Tami Jo



Hello Residents, Families and Friends,

It is my pleasure to introduce to you our new Director of Nursing – Samantha Vecchio, RN. Sam has been a nurse for over 20 years, with experience in hospital and long-term care settings. She and her family live in Gowanda where they enjoy spending time together and with their German Shephard, Beau and two horses, Savvy and Luna. Sam is excited to join our team and is looking forward to getting to know our residents and their families. She says "I want to see people happy, aging in place when



possible and enjoying life with their loved ones." She welcomes residents, families and nursing staff to reach out if they need anything! Please help me welcome Sam Vecchio to the Orchard Heights team!

Tami Jo Smith

Assistant Administrator



Little Known facts about Buffalo

- 1. Buffalo is one of only three cities in the U.S. with a radial street pattern.
- 2. Buffalo is known as the largest flour milling city in the world.
- 3. Buffalo's Nightlife doesn't call it quits until 4 a.m
- 4. Buffalo, New York, is called the Queen city because it was once the largest city along the Great Lakes.
- 5. The Dyngus Day celebration in Buffalo is the largest in the United States, featuring polka music and plenty of Polish
- 6. Originally known as the Statler Hotel, the Hotel Buffalo had private bathing areas in each room before any other hotel in the world
- 7. The Turkey Trot is the oldest continually run race in America (1896).
- 8. The nickname "the City of No Illusions" stems from the 1980s when locals had to endure lots of good news, but lots of bad news. Non-dairy creamer, whipped topping, and instant coffee came from Buffalo.

Best wishes for a Great March

Birthday

Residents

Coworkers

Don McSwain	March 2
Margaret Boehm	March 3
Shirley Kelly	March 3
Kathleen Burns	March 4
Ann Wielgosz	March 9
Paul Pieczonka	March 14
Carol Rosser	March14
Dorothy Blake	March 17
Loretta Petrell	March 17
Cynthia Hapman	March 20
Mary Moscato	March 25



Tremayne YarboroughMarch 2Prince RudahindwaMarch 6Diana FilipiakMarch 12Tamara ScheuMarch 28Tracy McGloinMarch 30Chrishonda WilliamsMarch 31

Resident of the Month-Cynthia Hapman



Cynthia is being recognized this month because of the way she helps all of our new residents when they arrive at Orchard Heights. She also brightens any party with her great dance moves. In her spare time she loves the BUFFALO BILLS, Elvis as well as crocheting. She has lived in both Lackawanna and Rochester and worked for KODAK at one time. She is great for morale too, frequently expressing gratitude to the staff for all they do. Congratula-tions Cynthia and thanks for making Orchard Heights a happier place!

Resident of the Month – Prince Rudahindwa



Providing excellent care for the residents in his care for the past several years is our Co-Worker of the Month, Prince. He is know for his dependability, his work ethic and willingness to do anything asked of him without complaint. He was the first person from his family to settle in the US when he arrived 7 years ago. He loves the change of seasons especially the snow. He also enjoys watching soccer on TV. He is most proud of his ability to make the residents smile. Thanks for all you do Prince!

Co-Worker of the Month – Valentina Chlosta



Tina is also from Lackawanna New York and loves to help other people. After receiving her BA from Fredonia she worked as a teacher. She is a mother of one. Some of her favorite things to do are to dance and skate. Other interests include crafts, bowling, cooking poker, golf, movies Bingo, gardening and parties. It is due to her kindness and helpfulness that she was named Resident of the month. Congratulations Tina and thank you for all you do!

Entertainment for March

Kathy Calderella March 4-Vocals David Stockton March 11-Guitar Rinca Na Tiarna Dancers– March 16 Cairde-Saint Patrick's Day-Irish Band Nandor Decsi– March 18-Multi Instrumentalist Tony Pedulla-March 25-Crooner



On the Road

In March

- Country Rides
- Driving Tours of South Buffalo
- Coffee at Comfort Zone
 Café'
- Lunch at JP Fitzgeralds
 - Shop at Dollar Tree

Irish Humor

Two lads were on opposite sides of the river Lee in Cork. 'How do I get to the other side of the river?', shouted one lad to the other. 'Sure you're on the other side', replied the second.

Religious Services

Rosary Wednesday morning at 10:15

Communion Service Thursday March 2,16,23 and 30 At 10:15 Sunday March 5,12,19 and 26

Wesleyan Church service Thursday march 9 at 7:00pm

Catholic Mass Thursday March 9,2023

> Bible Study-Sunday March 5

Hymn Sing-Sunday March 19

On line Lutheran Service Sunday March 26

Your Management Team!!

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