

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<p><b>All programs are conducted by your Nursing staff upon request.</b></p>	<p>9:00 pm-Word Search <b>1</b>            11:00 pm-Puzzles            1:00 am-Who am I            3:00 am-Black Jack            5:00 am -Spelling Bee</p>	<p>9:00 pm-Herbal Tea and Hand massage <b>2</b>            11:00 pm-Spelling Bee            1:00 am-Uno            3:00 am-Trivia            5:00 am-Boggle</p>	<p>9:00 pm-Memories <b>3</b>            11:00 pm-Midnight Movie-            1:00 am-Tea and Readers Digest            3:00 am-Counting backwards.            5:00 am-Early risers Walking club</p>	<p>9:00 pm-Ring Toss <b>4</b>            11:00 pm-Crazy Eights            1:00 am-Amazing Mazes            3:00 am-Shut the Box            5:00 am-Categories</p>	<p>9:00 pm-Card Games <b>5</b>            11:00 pm-Remembering favorite movie stars            1:00 am-Trivia            3:00 am-What is it??            5:00 am-Early risers Walking</p>	<p>9:00 pm-Herbal Tea and Hand Massage <b>6</b>            11:00 am-Word Search            1:00 am-Dice Games            3:00 am-Trivia            5:00 am-Sunrise chat</p>	
	<p>9:00 pm-Dice Games <b>7</b>            11:00 pm- Midnight Travels-            1:00 am-Concentration            3:00 am-Puzzles            5:00 am-Early Risers Walking Club</p>	<p>9:00 pm-Memories <b>8</b>            11:00pm-Midnight Movie            1:00 am-Tea and Readers Digest            3:00 am-Journaling.            5:00 am-Early risers Walking club</p>	<p>9:00 pm-Concentration <b>9</b>            11:00 pm- Poetry Reading            1:00 am-Name 5            3:00 am-Card Games            5:00 am-Brush strokes</p>	<p>9:00 pm-Ball Toss <b>10</b>            11:00 pm-Dice Games            1:00 am-Remember When            3:00 am-20 Questions            5:00 am-Coffee / Conversation</p>	<p>9:00 pm-Brushstrokes <b>11</b>            11:00 pm-Memories            1:00 am-Scavenger Hunt            3:00 am-Chicken soup for the soul            5:00 am-Early Risers Walking Club</p>	<p>9:00 pm-Family Stories <b>12</b>            11:00 am-Midnight Movie            1:00 am-Hand Massages            3:00 am-Early risers walking club            5:00am -Pictionary</p>	<p>9:00 pm-Puzzles <b>13</b>            11:00 am-Meditational Coloring            1:00 am-Music and hand massage            3:00 am-Sorting            5:00 am-Sunrise stroll</p>
	<p>9:00 pm -Concentration <b>14</b>            11:00 pm- Poetry Readin7            1:00 am-3 of a kind            3:00 am-Card Games            5:00 am-Brushstrokes</p>	<p>9:00 pm-Word Search <b>15</b>            11:00 pm-Puzzles            1:00 am-Who am I            3:00 am-Black Jack            5:00 am -Spelling Bee</p>	<p>9:00 pm-Herbal Tea and Hand massage <b>16</b>            11:00 pm-Spelling Bee            1:00 am-Uno            3:00 am-Trivia            5:00 am-Boggle</p>	<p>9:00 pm-Memories <b>17</b>            11:00 pm-Midnight Movie-            1:00 am-Tea and Readers Digest            3:00 am-Counting backwards.            5:00 am-Early risers Walking club</p>	<p>9:00 pm-Ring Toss <b>18</b>            11:00 pm-Crazy Eights            1:00 am-Amazing Mazes            3:00 am-Shut the Box            5:00 am-Categories</p>	<p>9:00 pm-Card Games <b>19</b>            11:00 pm-Remembering favorite movie stars            1:00 am-Trivia            3:00 am-What is it??            5:00 am-Early risers Walking</p>	<p>9:00 pm-Herbal Tea and Hand Massage <b>20</b>            11:00 am-Word Search            1:00 am-Dice Games            3:00 am-Trivia            5:00 am-Sunrise chat</p>
	<p>9:00 pm-Dice Games <b>21</b>            11:00 pm- Midnight Travels-            1:00 am-Concentration            3:00 am-Puzzles            5:00 am-Early Risers Walking Club</p>	<p>9:00 pm-Memories <b>22</b>            11:00pm-Midnight Movie            1:00 am-Tea and Readers Digest            3:00 am-Journaling.            5:00 am-Early risers Walking club</p>	<p>9:00 pm-Concentration <b>23</b>            11:00 pm- Poetry Reading            1:00 am-Name 5            3:00 am-Card Games            5:00 am-Brush strokes</p>	<p>9:00 pm-Ball Toss <b>24</b>            11:00 pm-Dice Games            1:00 am-Remember When            3:00 am-20 Questions            5:00 am-Coffee / Conversation</p>	<p>9:00 pm-Brushstrokes <b>25</b>            11:00 pm-Memories            1:00 am-Scavenger Hunt            3:00 am-Chicken soup for the soul            5:00 am-Early Risers Walking Club</p>	<p>9:00 pm-Family Stories <b>26</b>            11:00 am-Midnight Movie            1:00 am-Hand Massages            3:00 am-Early risers walking club            5:00am -Pictionary</p>	<p>9:00 pm-Puzzles <b>27</b>            11:00 am-Meditational Coloring            1:00 am-Music and hand massage            3:00 am-Sorting            5:00 am-Sunrise stroll</p>
	<p>9:00 pm -Concentration <b>28</b>            11:00 pm- Poetry Readin7            1:00 am-3 of a kind            3:00 am-Card Games            5:00 am-Brushstrokes</p>	<p>9:00 pm-Word Search <b>29</b>            11:00 pm-Puzzles            1:00 am-Who am I            3:00 am-Black Jack            5:00 am -Spelling Bee</p>	<p>9:00 pm-Herbal Tea and Hand massage <b>30</b>            11:00 pm-Spelling Bee            1:00 am-Uno            3:00 am-Trivia            5:00 am-Boggle</p>	<p>9:00 pm-Memories <b>31</b>            11:00 pm-Midnight Movie-            1:00 am-Tea and Readers Digest            3:00 am-Counting backwards.            5:00 am-Early risers Walking club</p>	 <p style="text-align: center;"><b>May 2023</b>  <b>Night owl Recreation Calendar for Orchard Heights Assisted Living</b></p>		