

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Calendar Key Staff:1- Lee 2-Recreation staff 3-Linda 4-Lori 5-Diana 6-Recreation staff 7-Jen 8-Volunteer- 9-independent Room key: A-Art Gallery C-Chestnut Lounge D- Main dining Room I- Ice cream parlor area LB- Library L-Lilac Lounge O- Outing P-Patio/Parlor R- Recreation	9:30 am-Balance Exercise/history of May Day-R2 10:15am-Start Nurses gifts-R2 2:15pm-Bingo-R2 3:15pm-Sing and Stroll-R2 6:00pm-Monday night at the movies-Gone with the Wind-Part 1-R7	9:30 am-Exercise to the 50's R2 10:15am-Make Nurse's Gifts-R2 10:15pm-Scenic Ride-O4 2:00pm- Arlene's scrabble club-A8 2:15pm-Catch Phrase/Charades-R2 3:15pm-Indoor Bocce-L2 6:45pm-Mexican Dominoes-New-W7 Store is open 11:00am-1:00pm	9:30am-Arthritis Exercise -R3 10:15am-Rosary-R7 11:20am B4 Lunch Trivia Break-I2 2:15pm-Crossword puzzle-R6 3:15pm-Cornhole toss-R7 6:45pm-Bingo-R7	8:30am-The High School Musical at Nardin-O1 9:30am- Move to music--R2 10:15am- Catholic Communion-R 10:15am-Meeting of the minds men's group with Jim-A8-New 2:15pm-Shop at Gabes-O4 2:15pm- Pinochle with Jim-A5 2:15pm-Indoor Hockey-A5 3:30pm- Afternoon Stretch-L2 6:45pm-Sing with friends-R7 Store is open 11:00am-1:00pm	9:30 am-Has fit Exercise -R5 10:15am-Pinata fun-R3 2:30pm-Cinco De Mayo Party with Lyle-R3 3:30pm-Travelogue-Mexico-R2 6:45pm-Bingo-R2 <p style="text-align: center;">Cinco de Mayo</p>	10:15 am-Zumba-R2 2:15pm-Music by Dennis Reilly-R2 7:30pm- Kentucky Derby on TV
10:15 am-Catholic Mass- Online Communion Service-R2 2:15 pm-Bible Study-R3 3:15pm-Friendly visits 6:30pm-TV Time-R3	9:30 am-Balance Exercise-R2 10:15am- Kitchen Creations-Double Chocolate Red Wine Bundt cake-R2 2:15pm-Bingo-R2 3:15pm-Sing and Stroll-R2 6:00pm-Monday night at the movies-Gone with the wind Part 2-R7	9:30 am-Exercise to the 50's R2 10:15am- True or False-R2 10:15pm Scenic Ride-O4 2:00pm- Arlene's scrabble club-A8 2:15pm-Worst case scenario-R2 3:15pm- Balloon swat-R2 7:00pm Lake effect harmony Chorus with Mothers' day celebration-R1 Store is open 11:00am-1:00pm	9:30am- Arthritis Exercise -R6 10:15am-Rosary-R7 11:20am B4 Lunch Trivia Break-I2 2:15pm- Unscramble-R3 3:15pm-Cornhole toss-R7 6:45pm-Bingo-R7	9:30am- Move to music--R2 10:15am- Catholic Communion-R 10:15am-Meeting of the minds men's group with Jim-A8-New 10:45am-Buzzword-A5 2:15pm- Pinochle with Jim-A5 3:30pm- Afternoon Stretch-L2 6:45pm-Sing with friends-R7 Store is open 11:00am-1:00pm	9:30 am-Has fit Exercise -R2 10:15am- Knit and Crochet club-R3 2:15pm-Paint with Linda-R3 3:30pm- History Moment-A day on the Titanic- 6:45pm-Bingo-R2	10:15 am-Exercise to music-R2 2:15pm-Music by Cindy Sue and Brian-R3 6:00pm- Saturday night movie -Netflix-your lounge-Twins
10:15 am -Catholic Mass online with communion-R2 10:45am-Mass on TV-Your lounge 2:15 pm-Mother's Day Piano Concert with Sam Carlton-R8 3:15pm- Friendly visits 6:30pm-TV Time-R3 <p style="text-align: center;">Happy Mother's Day</p>	9:30 am- Balance Exercise -R2 10:15am-Baking Chocolate lava cake brownies-R2 11:20am-B4 Lunch Trivia Break-I2 2:15pm- Bingo-R2 3:30pm-Chat and Stroll-R2 6:00pm-Monday night at the Movies-R7	9:30 am- Strength Exercise- R2 10:15am-Free Rice Game-R2 10:15pm- Scenic Ride-O4 2:00pm- Arlene's scrabble club.-A8 2:15pm-News and views-R2 3:15pm- Indoor Bocce-W2 6:45pm-Golf Putting-BP7 Store is open 11:00am-1:00pm	9:30am- Arthritis Exercise -R7 10:15am-Rosary-R7 11:20am B4 Lunch Trivia Break-I2 2:15pm-Crossword puzzle-R6 3:15pm- <i>Calendar Planning-R6</i> 6:45pm-Bingo-R7	9:30am- Scrabble scavenger hunt-R2 10:15am-Tinkerers Club-A8 10:15am-Catholic Mass-R 10:45am-Outburst Game-A5 1:15pm-Dance with Nardin 2:15pm-Pinochle with Jim-A5 3:30pm- Afternoon Stretch-C2 7:00pm Wesleyan Church Service-	9:30 am-Has fit Exercise-R3 10:15am- Knit and Crochet club-R3 2:15pm- Make a patriotic wreath with Linda-R3 3:30pm-Traveling Happy Hour 6:30-Jen and Murphy Charles Cavalier spaniel visits 6:45pm-Bingo-R2	10:15 am-Zumba with Marilyn-R2 2:15 pm -Music by Richard Dejenais and friends-New-R2 6:00pm Saturday night movie -Netflix-your lounge-Fletch
10:15 am-Online mass/Communion Svc-R3 2:15 pm Hymn sing-R2 3:15pm- Friendly visits 6:30pm-TV Time-R3	9:30 am- Balance Exercise-R2 10:15am-Kitchen Creations-Tiramisu-R2 11:20am- B4 Lunch Trivia Break-I2 2:15 pm- Bingo-R2 3:15pm- Sing and Stroll-R2 6:00pm-Monday night at the movies Victoria Day	9:30 am- Strength Exercise-R2 10:15am-Wordle-R2 10:15pm- Country Ride-O4 2:00pm- Arlene's scrabble club.-A8 2:15pm- Hollywood Squares-R2 3:15pm-Balloon swat-R2 6:45pm- Mexican Dominoes-W7 Store is open 11:00am-1:00pm	9:30am- Arthritis Exercise-R6 10:15am-Rosary-R6 10:30am-Linda/ Larry(Poodle) visit 11:20am B4 Lunch Trivia Break-I 2:15pm-Plant raised gardens-R2 3:30pm-Balloon swat -R7 6:45pm-Bingo-R7	9:30am- Move to music--R2 What's Shauvot?-R2 10:15am- Catholic Communion-R 10:15am-Meeting of the minds men's group with Jim-A8-New 2:15pm-Pinochle with Jim-A5 2:15pm-Ride to Barnes and Noble-O4 3:15pm-Walking club-C3 6:45pm-Sing with friends-R7	9:30am-Has fit Exercise-R2 10:15am- Knit and Crochet club-R3 2:15pm-Paint with Linda-R3 3:30pm-Biography-Irene Sandler-R 6:45pm-Bingo-R2	10:15 am-Exercise to music-R2 2:15 pm Music by Michael Dennehy-R7 Saturday night movie - Netflix-your lounge-LaLa land
10:15 am-Online mass/Communion Svc-R3 2:15 pm- Bible Study-R3 2:15 pm-Card club-A9 3:15pm- Friendly visits 6:30pm-TV Time-R3	9:30 am- Balance Exercise-R2 10:15am- Kitchen Creations-No Fry-Fried ice cream -R2 11:20am -B4 Lunch Trivia Break-I2 2:15 pm-Memorial Day celebration 3:15pm- Chat and Stroll-R2 6:00pm- Monday night at the movies-	9:30 am-Strength Exercise-R2 10:15am-Name that Bird-R2 10:15pm-Country Ride-O4 2:00pm- Arlene's scrabble club.-A8 2:15pm-Jeopardy-R2 3:15pm- Indoor Bocce-W2 6:45pm-Golf Putting-BP7 Store is open 11:00am-1:00pm	9:30am- Arthritis Exercise-R6 10:15am-Rosary-R6 10:30am-Linda / Larry(Poodle) visit 11:20am B4 Lunch Trivia Break-I 2:15pm-Ccrossword puzzleR3 3:00pm-Categories-W3 3:30pm-Axe throwing-R7-New 6:45pm-Bingo-R7	 <h1 style="font-size: 48px; margin: 0;">May 2023</h1> <h2 style="font-size: 36px; margin: 0;">Recreation Calendar for Orchard Heights Assisted Living</h2>		