


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
All programs will be conducted by Nursing staff upon request. L-Living Room R-Recreation Room	9:00 pm -Memories-R7 1 11:00 pm-Midnight Movie-L7 1:00 am-Tea and Reader Digest-L7 3:00 am-Paper craft.-R7 5:00 am-Early risers Walking club-L7	9:00 pm-Herbal Tea and Hand massage-R7 2 11:00 pm -Spelling Bee-R7 1:00 am-Uno-R7 3:00 am-Proverbs plus-L7 5:00 am -Magazine scavenger hunt-R7	9:00 pm-Brushstrokes-R7 3 11:00 pm-Memories-R7 1:00 am-What am I?-L7 3:00 am-Yarn Club -R7 5:00 am -Early Risers Walking Club-L7	9:00 pm-Magazine Flip-R7 4 11:00 pm-Netflix movie-R7 1:00 pm -Puzzles-R7 3:00 pm-Counting Sheep etc-R7 5:00 pm-I Spy-R7	9:00 pm -Card Games-R7 5 11:00 pm-Qwirkle-R7 1:00 am -Categories-L7 3:00 am -What is it??-L7 5:00 am-Early risers Walking -L7	9:00 pm -Travel Stories-L7 6 11:00 am-Midnight Movie-L7 1:00 am-Soothing sounds-L7 3:00 am-Early risers walking club-L7 5:00am-Puzzles-L7
9:00 pm-Concentration-R7 7 11:00 pm -Poetry Reading-R7 1:00 am -3 of a kind-R7 3:00 am -Card Games-R7 5:00 am -Brushstrokes -R7	9:00 pm-Word Search-R7 8 11:00 pm -Puzzles-R7 1:00 am -Who am I-L7 3:00 am-Black Jack -R7 5:00 am -Spelling Bee-L7	9:00 pm-Memories-R7 9 11:00 pm-Midnight Movie-L7 1:00 am-Tea and Readers Digest-R7 3:00 am-Music Hour.-R7 5:00 am-Early risers Walking club-L7 5:00 am -Categories-L7	9:00 pm-Ring Toss-L7 10 11:00 pm -Crazy Eights-R7 1:00 am -Amazing Mazes-R7 3:00 am-Shut the Box-R7 5:00 am-Categories-L7	9:00 pm-Family Stories-L7 11 11:00 am -Midnight Movie-L7 1:00 am -Hand Massages-L7 3:00 am-Early risers walking club-L7 5:00am-Pictionary-L7	9:00 pm -Family Stories-L7 12 11:00 am -Midnight Movie-L7 1:00 am -Hand Massages-L7 3:00 am-Early risers walking club-L7 5:00am -Pictionary-L7	9:00 pm-Herbal Tea and Hand Massage-L7 13 11:00 am-Word Search-L7 1:00 am-Dice Games-R7 3:00 am-Trivia-L7 5:00 am -Sunrise chat-L7
9:00 pm-Dice Games-R7 14 11:00 pm -Midnight Travels-L7 1:00 am -Sorting-R7 3:00 am-Puzzles-R7 5:00 am-Early Risers Walking Club-L7	9:00 pm -Memories-R7 15 11:00 pm-Midnight Movie-L7 1:00 am-Tea and Reader Digest-L7 3:00 am-Paper craft.-R7 5:00 am-Early risers Walking club-L7	9:00 pm-Herbal Tea and Hand massage-R7 16 11:00 pm -Spelling Bee-R7 1:00 am-Uno-R7 3:00 am-Proverbs plus-L7 5:00 am -Magazine scavenger hunt-R7	9:00 pm-Brushstrokes-R7 17 11:00 pm-Memories-R7 1:00 am-What am I?-L7 3:00 am-Yarn Club -R7 5:00 am -Early Risers Walking Club-L7	9:00 pm-Magazine Flip-R7 18 11:00 pm-Netflix movie-R7 1:00 pm -Puzzles-R7 3:00 pm-Counting Sheep etc-R7 5:00 pm-I Spy-R7	9:00 pm -Card Games-R7 19 11:00 pm-Qwirkle-R7 1:00 am -Categories-L7 3:00 am -What is it??-L7 5:00 am-Early risers Walking -L7	9:00 pm -Travel Stories-L7 20 11:00 am-Midnight Movie-L7 1:00 am-Soothing sounds-L7 3:00 am-Early risers walking club-L7 5:00am-Puzzles-L7
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9:00 pm-Dice Games-R7 28 11:00 pm -Midnight Travels-L7 1:00 am -Sorting-R7 3:00 am-Puzzles-R7 5:00 am-Early Risers Walking Club-L7	9:00 pm -Memories-R7 29 11:00 pm-Midnight Movie-L7 1:00 am-Tea and Reader Digest-L7 3:00 am-Paper craft.-R7 5:00 am-Early risers Walking club-L7	9:00 pm-Herbal Tea and Hand massage-R7 30 11:00 pm -Spelling Bee-R7 1:00 am-Uno-R7 3:00 am-Proverbs plus-L7 5:00 am -Magazine scavenger hunt-R7	9:00 pm-Brushstrokes-R7 31 11:00 pm-Memories-R7 1:00 am-What am I?-L7 3:00 am-Yarn Club -R7 5:00 am -Early Risers Walking Club-L7	 <h1 style="text-align: center;">May 2023</h1> <h2 style="text-align: center;">Night owl Recreation Calendar for Orchard Heights Harmony Lane</h2>		