

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

September 2023

Orchard Heights Assisted Living Night Owl Recreation Calendar

<p>9:00 pm-Dice Games 11:00 pm- Midnight Travels- 1:00 am-Concentration 3:00 am-Puzzles 5:00 am-Early Risers Walking Club</p> <p>3</p>	<p>9:00 pm-Memories 11:00pm-Midnight Movie 1:00 am-Tea and Readers Digest 3:00 am-Journaling. 5:00 am-Early risers Walking club</p> <p>4</p> <p>Labor Day</p>	<p>9:00 pm-Concentration 11:00 pm- Poetry Reading 1:00 am-Name 5 3:00 am-Card Games 5:00 am-Brush strokes</p> <p>5</p>	<p>9:00 pm-Ball Toss 11:00 pm-Dice Games 1:00 am-Remember When 3:00 am-20 Questions 5:00 am-Coffee / Conversation</p> <p>6</p>	<p>9:00 pm-Brushstrokes 11:00 pm-Memories 1:00 am-Scavenger Hunt 3:00 am-Chicken soup for the soul 5:00 am-Early Risers Walking Club</p> <p>7</p>	<p>9:00 pm-Family Stories 11:00 am-Midnight Movie 1:00 am-Hand Massages 3:00 am-Early risers walking club 5:00am -Pictionary</p> <p>8</p>	<p>9:00 pm-Puzzles 11:00 am-Meditational Coloring 1:00 am-Music and hand massage 3:00 am-Sorting 5:00 am-Sunrise stroll</p> <p>9</p>
<p>9:00 pm -Concentration 11:00 pm- Poetry Readin7 1:00 am-3 of a kind 3:00 am-Card Games 5:00 am-Brushstrokes</p> <p>10</p> <p>Grandparents Day</p>	<p>9:00 pm-Word Search 11:00 pm-Puzzles 1:00 am-Who am I 3:00 am-Black Jack 5:00 am -Spelling Bee</p> <p>11</p>	<p>9:00 pm-Herbal Tea and Hand massage 11:00 pm-Spelling Bee 1:00 am-Uno 3:00 am-Trivia 5:00 am-Boggle</p> <p>12</p>	<p>9:00 pm-Memories 11:00 pm-Midnight Movie- 1:00 am-Tea and Readers Digest 3:00 am-Counting backwards. 5:00 am-Early risers Walking club</p> <p>13</p>	<p>9:00 pm-Ring Toss 11:00 pm-Crazy Eights 1:00 am-Amazing Mazes 3:00 am-Shut the Box 5:00 am-Categories</p> <p>14</p> <p>Rosh Hashanah Begins</p>	<p>9:00 pm-Card Games 11:00 pm-Remembering favorite movie stars 1:00 am-Trivia 3:00 am-What is it?? 5:00 am-Early risers Walking</p> <p>15</p> <p>Rosh Hashanah Begins</p>	<p>9:00 pm-Herbal Tea and Hand Massage 11:00 am-Word Search 1:00 am-Dice Games 3:00 am-Trivia 5:00 am-Sunrise chat</p> <p>16</p> <p>Oktoberfest Begins</p>
<p>9:00 pm-Dice Games 11:00 pm- Midnight Travels- 1:00 am-Concentration 3:00 am-Puzzles 5:00 am-Early Risers Walking Club</p> <p>17</p>	<p>9:00 pm-Memories 11:00pm-Midnight Movie 1:00 am-Tea and Readers Digest 3:00 am-Journaling. 5:00 am-Early risers Walking club</p> <p>18</p>	<p>9:00 pm-Concentration 11:00 pm- Poetry Reading 1:00 am-Name 5 3:00 am-Card Games 5:00 am-Brush strokes</p> <p>19</p>	<p>9:00 pm-Ball Toss 11:00 pm-Dice Games 1:00 am-Remember When 3:00 am-20 Questions 5:00 am-Coffee / Conversation</p> <p>20</p>	<p>9:00 pm-Brushstrokes 11:00 pm-Memories 1:00 am-Scavenger Hunt 3:00 am-Chicken soup for the soul 5:00 am-Early Risers Walking Club</p> <p>21</p>	<p>9:00 pm-Family Stories 11:00 am-Midnight Movie 1:00 am-Hand Massages 3:00 am-Early risers walking club 5:00am -Pictionary</p> <p>22</p>	<p>9:00 pm-Puzzles 11:00 am-Meditational Coloring 1:00 am-Music and hand massage 3:00 am-Sorting 5:00 am-Sunrise stroll</p> <p>23</p> <p>Autumn Begins</p>
<p>9:00 pm -Concentration 11:00 pm- Poetry Readin7 1:00 am-3 of a kind 3:00 am-Card Games 5:00 am-Brushstrokes</p> <p>24</p> <p>Yom Kippur Begins</p>	<p>9:00 pm-Word Search 11:00 pm-Puzzles 1:00 am-Who am I 3:00 am-Black Jack 5:00 am -Spelling Bee</p> <p>25</p>	<p>9:00 pm-Herbal Tea and Hand massage 11:00 pm-Spelling Bee 1:00 am-Uno 3:00 am-Trivia 5:00 am-Boggle</p> <p>26</p>	<p>9:00 pm-Memories 11:00 pm-Midnight Movie- 1:00 am-Tea and Readers Digest 3:00 am-Counting backwards. 5:00 am-Early risers Walking club</p> <p>27</p>	<p>9:00 pm-Ring Toss 11:00 pm-Crazy Eights 1:00 am-Amazing Mazes 3:00 am-Shut the Box 5:00 am-Categories</p> <p>28</p> <p>Sukkot Begins</p>	<p>9:00 pm-Card Games 11:00 pm-Remembering favorite movie stars 1:00 am-Trivia 3:00 am-What is it?? 5:00 am-Early risers Walking</p> <p>29</p> <p>Sukkot Begins</p>	<p>9:00 pm-Herbal Tea and Hand Massage 11:00 am-Word Search 1:00 am-Dice Games 3:00 am-Trivia 5:00 am-Sunrise chat</p> <p>30</p>

All programs are conducted by your Nursing staff upon request