

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

NOVEMBER 2023

Night Owl Recreation Calendar for Orchard Heights Assisted Living



			<p>9:00 pm-Memories 1 11:00 pm-Midnight Movie- 1:00 am-Tea and Readers Digest 3:00 am-Counting backwards. 5:00 am-Early risers Walking club</p>	<p>9:00 pm-Ring Toss 2 11:00 pm-Crazy Eights 1:00 am-Amazing Mazes 3:00 am-Shut the Box 5:00 am-Categories</p>	<p>9:00 pm-Card Games 3 11:00 pm-Remembering favorite movie stars 1:00 am-Trivia 3:00 am-What is it?? 5:00 am-Early risers Walking</p>	<p>9:00 pm-Herbal Tea and Hand Massage 4 11:00 am-Word Search 1:00 am-Dice Games 3:00 am-Trivia 5:00 am-Sunrise chat</p>
<p>9:00 pm-Dice Games 5 11:00 pm- Midnight Travels- 1:00 am-Concentration 3:00 am-Puzzles 5:00 am-Early Risers Walking Club</p>	<p>9:00 pm-Memories 6 11:00pm-Midnight Movie 1:00 am-Tea and Readers Digest 3:00 am-Journaling. 5:00 am-Early risers Walking club</p>	<p>9:00 pm-Concentration 7 11:00 pm- Poetry Reading 1:00 am-Name 5 3:00 am-Card Games 5:00 am-Brush strokes</p>	<p>9:00 pm-Ball Toss 8 11:00 pm-Dice Games 1:00 am-Remember When 3:00 am-20 Questions 5:00 am-Coffee / Conversation</p>	<p>9:00 pm-Brushstrokes 9 11:00 pm-Memories 1:00 am-Scavenger Hunt 3:00 am-Chicken soup for the soul 5:00 am-Early Risers Walking Club</p>	<p>9:00 pm-Family Stories 10 11:00 am-Midnight Movie 1:00 am-Hand Massages 3:00 am-Early risers walking club 5:00am -Pictionary</p>	<p>9:00 pm-Puzzles 11 11:00 am-Meditational Coloring 1:00 am-Music and hand massage 3:00 am-Sorting 5:00 am-Sunrise stroll</p> <p style="text-align: right;"><small>Veterans Day Remembrance Day (Canada)</small></p>
<p>9:00 pm -Concentration 12 11:00 pm- Poetry Readin7 1:00 am-3 of a kind 3:00 am-Card Games 5:00 am-Brushstrokes</p> <p style="text-align: right;"><small>Diwali (Hindi)</small></p>	<p>9:00 pm-Word Search 13 11:00 pm-Puzzles 1:00 am-Who am I 3:00 am-Black Jack 5:00 am -Spelling Bee</p>	<p>9:00 pm-Herbal Tea and Hand massage 14 11:00 pm-Spelling Bee 1:00 am-Uno 3:00 am-Trivia 5:00 am-Boggle</p>	<p>9:00 pm-Memories 15 11:00 pm-Midnight Movie- 1:00 am-Tea and Readers Digest 3:00 am-Counting backwards. 5:00 am-Early risers Walking club</p>	<p>9:00 pm-Ring Toss 16 11:00 pm-Crazy Eights 1:00 am-Amazing Mazes 3:00 am-Shut the Box 5:00 am-Categories</p>	<p>9:00 pm-Card Games 17 11:00 pm-Remembering favorite movie stars 1:00 am-Trivia 3:00 am-What is it?? 5:00 am-Early risers Walking</p>	<p>9:00 pm-Herbal Tea and Hand Massage 18 11:00 am-Word Search 1:00 am-Dice Games 3:00 am-Trivia 5:00 am-Sunrise chat</p>
<p>9:00 pm-Dice Games 19 11:00 pm- Midnight Travels- 1:00 am-Concentration 3:00 am-Puzzles 5:00 am-Early Risers Walking Club</p>	<p>9:00 pm-Memories 20 11:00pm-Midnight Movie 1:00 am-Tea and Readers Digest 3:00 am-Journaling. 5:00 am-Early risers Walking club</p>	<p>9:00 pm-Concentration 21 11:00 pm- Poetry Reading 1:00 am-Name 5 3:00 am-Card Games 5:00 am-Brush strokes</p>	<p>9:00 pm-Ball Toss 22 11:00 pm-Dice Games 1:00 am-Remember When 3:00 am-20 Questions 5:00 am-Coffee / Conversation</p>	<p>9:00 pm-Brushstrokes 23 11:00 pm-Memories 1:00 am-Scavenger Hunt 3:00 am-Chicken soup for the soul 5:00 am-Early Risers Walking Club</p> <p style="text-align: right;"><small>Thanksgiving Day (US)</small></p>	<p>9:00 pm-Family Stories 24 11:00 am-Midnight Movie 1:00 am-Hand Massages 3:00 am-Early risers walking club 5:00am -Pictionary</p>	<p>9:00 pm-Puzzles 25 11:00 am-Meditational Coloring 1:00 am-Music and hand massage 3:00 am-Sorting 5:00 am-Sunrise stroll</p>
<p>9:00 pm -Concentration 26 11:00 pm- Poetry Readin7 1:00 am-3 of a kind 3:00 am-Card Games 5:00 am-Brushstrokes</p>	<p>9:00 pm-Word Search 27 11:00 pm-Puzzles 1:00 am-Who am I 3:00 am-Black Jack 5:00 am -Spelling Bee</p>	<p>9:00 pm-Herbal Tea and Hand massage 28 11:00 pm-Spelling Bee 1:00 am-Uno 3:00 am-Trivia 5:00 am-Boggle</p>	<p>9:00 pm-Memories 29 11:00 pm-Midnight Movie- 1:00 am-Tea and Readers Digest 3:00 am-Counting backwards. 5:00 am-Early risers Walking club</p>	<p>9:00 pm-Ring Toss 30 11:00 pm-Crazy Eights 1:00 am-Amazing Mazes 3:00 am-Shut the Box 5:00 am-Categories</p>	<p>All programs are conducted by your Nursing staff upon request</p>	