

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|--|---|--|---|--|--|
| Calendar Key: Staff: 1- Lee 2-Linda 3-Jen 4-Lori/Jim 5-Jacie 6-Diana 7-Jen 8-Volunteer- 9-independent Room key: A-Art Gallery C-Chestnut Lounge LI-Library D- Main dining Room I-Ice cream parlor area LB-Library L-Lilac Lounge O-Outing P-Patio/Parlor R-Recreation/Activities \$\$-Admission charge THIS CALENDAR IS SUBJECT TO CHANGE. Please see Lee with questions and suggestions | 9 :30 am-Strength Exercise –R3 10:15am-Kitchen Creations-R3 11:45am-Lunchtime Trivia Break 2:15pm- New Year's day social with Mike Horning-R 3:30pm-Movie selection committee-R3 7:00pm- Bingo-R3 New Year's Day | 9:30 am- Moving to the 40's-R2 10:15am- Coffee chat-R2 10:15am-Independent Scrabble-A The Store is open 11:00am-1:00pm 2:15pm-Catch Phrase game-R 3:30pm-Friendly visits 6:45pm-Sing with Friends-R | 9:30am- Arthritis Exercise-R3 10:15am- Rosary-R2 11:00am-Nail polishing-L 2:15pm- Bingo-R3 3:30pm-Calendar Planning-P3 7:00pm- Crossword Puzzle-R3 | 9:30am-Move to music/clap for health-R2 10:30am-Catholic Communion-R2 The Store is open 12:00am-1:00pm 1:15pm-Boys in the Boat at McKinley 6 Theatre trip-O 10:45am- 2:15pm- Name that Bird-R 3:30pm-Target Practice-R 7:00pm-Wesleyan church Service- | 9:30 am-Spiro Exercise –R2 10:15am-Knit and Crochet club-R2 10:15am-Country Ride-O 2:15pm-Paint with Linda-R2 3:30pm-Ted Talks: How to Humor your Stress 6:15pm Bingo-R2 | 10:15 am- Zumba with Marilyn 10:45am-Euchre-R2 2:00pm-Music by Kathy Beck-R 3:45pm-Share a joke 5:45pm- Saturday night movie – Maestro on Netflix in your lounge |
| 10:30 am-Catholic Mass online with communion-R2 11:00am-Traveling Horseshoes-R2 2:15 pm-Bible Study with the Barnetts-A 3:15pm- Online Presbyterian Svc.-R 3:30pm- Kings in the corner-A 6:30pm- Independent Pinochle-A | 9:30 am- Strength Exercise-R 10:15am-Pack up Christmas-R 11:45am-Lunchtime Trivia Break 2:15pm- Monday matinee- 3:30pm- Walk for health-R2 6:45pm- Bingo-R2 | 9:30 am- Moving to the 50's-R2 10:30am-Tea Chat-R2 10:15am-Independent Scrabble-A The Store is open 11:00am-1:00pm 2:15pm- Nova the Goat visits-R 3:30pm- Men's Beer club-R7 6:45pm- Sing with Friends-R | 9:30 am- Move to music-R2 10:15am- Rosary-R2 11:00am-Nail Polishing-C 2:15pm- Bingo-R3 3:30pm-Friendly visits 6:45pm- Crossword Puzzle-R3 | 9:30am Move to music/clap for health-R2 10:30am-Catholic Mass-R The Store is open 12:00am-1:00pm 2:00pm-Trip to Dollar Tree-O1 2:15pm- How well do you know your neighbor?-R 3:30pm-War Buffs-R 6:45pm-Head banz-R | 9:30 am-Tai Chi -R3 10:15am- Knit and Crochet club-R2 10:15am-Country Ride-O 2:15pm- Paint with Linda-R2 3:30pm-Travels to Alabama 6:45pm-Bingo-R2 | 10:15 am- Exercise to music 10:45am- Ind. Euchre -R2 2:15pm-Music by Joe Brancato-R 3:45pm-Jewelry making-R2 5:45pm- Saturday night movie - Netflix-your lounge-The Secret-Dare to Dream- |
| 10:30 am-Online mass/Communion Svc-R3 11:00am- Basketball-R3 2:15 pm-Bible Study with the Barnetts-A 3:15pm-Sunday Stretch-R2 6:30pm-Independent Pinochle-A - | 9:30 am- Strength Exercise-R2 10:15am-Baking bread in the bread machine-R3 11:45am Lunchtime Trivia Break 2:15 pm-Peace and Justice-R 3:30pm-City Walk for health-R2 6:45pm- Bingo-R2 Martin Luther King Jr. Day | 9:30 am- Moving to the 60's-R2 10:15am- Coffee chat-R2 10:15am-Independent Scrabble-A The Store is open 11:00am-1:00pm 2:15pm-Writing with Steven-R 3:30pm-Friendly visits 6:45pm- Sing with Friends-R | 9:30am- Move to music-R2 10:15am- Rosary-R2 11:00am-Nail Polishing-W 2:15pm-Bingo-R 3:30pm-Friendly visits 6:45pm-Faith sing a long-R5 | 9:30am- Move to music/Clap for health-R2 10:30am- Catholic Communion-R The Store is open 12:00am-1:00pm 2:00pm-Trip to WNY Discovery ctr.-O 2:15pm-Dolly Parton's Recipe 3:30pm-All about Dolly Parton 6:45pm-Mexican Dominos-R | 9:30 am-Tai Chi -R3 10:15am- Knit and Crochet club-R2 11:00am-Movie and lunch at OP Senior Center-O 2:15pm- Paint with Linda-R2 3:30pm-Documentary-Penguins-R 6:45pm-Bingo-R2 | 10:15 am-Zumba with Marilyn- 10:45am-Ind. Euchre -R2 2:00 pm-Music by Cathy Calderella-R 3:30pm-Brain Games-R 5:45pm-Saturday night movie - Netflix-your lounge-Stronger |
| 10:30 am-Online mass/Communion Svc-R3 11:00am- Corn hole toss-R3 2:15 pm- Bible Study with the Barnetts-A 3:15pm- Sunday Stretch-R2 4:25pm-Traveling library 6:30pm- Independent Pinochle-A Activity Professionals Week | 9:30 am- Strength Exercise-R2 10:15am-Intro to Cricut-R2 11:45am-Lunchtime Trivia Break 2:15 pm-Cricut Craft-R2 3:30pm- City Walk for health-R2 6:45pm- Bingo-R2 | 9:30 am- Moving to the 70's-R2 10:15am- Tea Chat-R2 10:15am-Independent Scrabble-A The Store is open 11:00am-1:00pm 2:15pm-Hobby Show-R 6:45pm- Hymn Sing-R | 9:30am- Move to music--R2 10:15am- Rosary-R2 11:00am- Nail Polishing-L 2:15pm- <i>Connect Four-R</i> 3:30pm-Readers Theatre-W2 6:45pm- Crossword Puzzle-R3 Tu B'Shevat Begins | 9:30am- Move to music/Clap for health--R2 10:30am- Catholic Communion-R The Store is open 12:00am-1:00pm 11:00PM- Lunch at Iron Kettle Restaurant 2:15pm- Resident Council-R3 3:30pm-Who What and Where 6:45pm-Wheel of Fortune-R | 9:30am-Tai Chi -R2 10:15am-Knit and Crochet club-R2 10:45am-Mass at St. Bernadettes-O 2:15pm-Paint with Linda-R3 3:30pm-Biography-Neiman Marcus-R 6:45pm-Bingo-R2 Australia Day (Observed) | 10:15 am- Exercise to music 10:45am-Ind. Euchre -R2 2:15 pm-Music by John Renna-R 3:45pm-Unscramble-R 5:45pm-Saturday night movie - Netflix-your lounge-Lift |
| 10:30 am-Online mass/Communion Svc-R3 11:00am- Ladderball Toss-R 2:00 pm- Bible Study with the Barnetts-A 3:30pm-Online Presbyterian svc. 4:25pm-Traveling Dart ball 6:30pm- Independent Pinochle-A | 9:30 am- Strength Exercise-R2 10:15am- Baking cheesecake-R3 11:45am Lunchtime Trivia Break 2:15 pm-The Month in Pictures-R 3:30pm- Walk for health-R2 6:45pm- Bingo-R2 | 9:30 am- Moving to the 80's-R2 10:15am- Coffee chat-R2 10:15am-Independent Scrabble-A The Store is open 11:00am-1:00pm 2:15pm-Men's Tinkerers Group-R2 3:30pm-Friendly visits 6:45pm- Sing with Friends-R | 9:30am- Move to music--R2 10:15am- Rosary-R2 11:00am-Nail Polishing-C 2:15pm- Winter Olympics-R 3:30pm-Wine of the month club-R 6:45pm-Crossword Puzzle-R3 | <div>January 2024</div> <div>Recreation Calendar of Orchard Heights Assisted Living</div> | | |