

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

October 2024

Recreation Calendar of Harmony Lane of Orchard Heights

<p>10:30 am-Mass on Assisted-A7 11:15am-Exercise to music-R7 11:45am-Toss and Talk-R7 12:00pm- Bills @ Houston 2:15pm-Make Fruit Salad-R7 3:30pm-Junk Drawer Detective -R7 4:30pm-Baskets of Fun-R7 6:45pm-Peace and color-R7</p> <p>Football week</p>	<p>9:30 am- Exercise-R7 10:15am-Nok Hockey-R7 11:30am- Gone Fishing-R7 1:45pm- Walk to ice cream parlor 2:30 pm-Bingo-R7 3:15pm- Football Trivia-R7 4:30am-Its Puzzling-R7 6:45pm- Music by John Renna-R4</p>	<p>9:30am- Sing and stretch-R5 10:15am- Puzzles and Ponderings-R5 11:15am-Trudy and the Bat House-R5 2:00am-Baking cookies-R5 2:30pm-Toss across-R5 3:15pm-Water painting-R5 4:30pm-Baskets of Fun-R5 6:45pm Sing a long -R4</p>	<p>9:30am-Sit and Stretch -R2 10:15am-Spotlight of the Week -R2 11:00am-Card Club-R2 2:15pm-What is Rosh Hashanah? 3:30pm-Rosary-R2 4:30pm Fun with color-R4 6:45pm-Bingo-R4</p> <p>Rosh Hashanah Begins</p>	<p>9:30am-Dance moves-R5 10:15am Catholic Communion-R5 10:45am- Country Ride 12:00pm-Greenhouse Time- R5 2:00pm- Walk to Ice cream parlor-2 2:15pm-Finish the song-R5 3:15pm-Shuffleboard-R5 4:30 pm-Balloon swat-R5 6:30pm-Card Club-R</p>	<p>9:30am- Arthritis exercise -R7 10:15am-Patio Parachute fun-R7 11:15pm-Greenhouse Time-R7 12:00pm-Ball Toss-R7 2:00pm- Make cookiesR7 2:30pm- Dance Break-R7 3:15pm- Grab bag-R7 4:30pm-Group puzzle-R7 6:30pm-Bingo-R7</p>	<p>10:15am- Morning news -R7 10:45am-Zumba with Marilyn-R7 11:30am-One and done dice game-R7 2:15pm-Music by Dick O'Dell-R7 3:30pm-Kickball-R7 7:00pm-Movie Night-8</p>
<p>10:30 am-Mass on Assisted-A7 11:15am-Exercise to music-R7 11:45am-Toss and Talk-R7 12:00pm- Bills @ Houston 2:15pm-Make Fruit Salad-R7 3:30pm-Junk Drawer Detective -R7 4:30pm-Baskets of Fun-R7 6:45pm-Peace and color-R7</p> <p>Football week</p>	<p>9:30 am- Exercise-R7 10:15am-Nok Hockey-R7 11:30am- Gone Fishing-R7 1:45pm- Walk to ice cream parlor 2:30 pm-Bingo-R7 3:15pm- Football Trivia-R7 4:30am-Its Puzzling-R7 6:45pm- Music by John Renna-R4</p>	<p>9:30am- Sing and stretch-R5 10:15am- Remembering Halloween costumes 11:15am-Order Up-R5 2:00am-Baking cookies-R5 2:30pm-Table Football-R5 3:15pm-Clay creations-R5 4:30pm-Baskets of Fun-R5 6:45pm Sing a long -R4</p>	<p>9:30am-Sit and Stretch -R2 10:15am-Spotlight of the Week -R2 10:30am-Linda and Larry visit 11:00am-Card Club-R2 2:15pm-Football Toss-R5 3:30pm-Rosary-R2 4:30pm- Fun with color-R4 6:45pm- Bingo-R4</p>	<p>9:30am-Dance moves-R5 10:15am Catholic Mass-R5 12:00pm-Greenhouse Time- -R5 2:00pm- Walk to Ice cream parlor-2 2:30pm- Rhythm Band-R5 3:15pm-Football Trivia?-R5 4:30 pm-Balloon swat-R5 6:45pm Wesleyan Church Svc.-R5 8:15pm- Bills at Miami</p>	<p>9:30am- Arthritis exercise -R7 10:15am-Matching sayings -R7 11:15pm-Greenhouse Time-R7 12:00pm-Ball Toss-R7 2:00pm- Make cookies-R7 2:30pm- Dance Break-R7 3:15pm- Name 5 Football-R7 4:30pm- Group puzzle-R7 6:30pm-Bingo-R7</p> <p>Yom Kippur Begins</p>	<p>10:15am- Morning news -R7 10:45am-Morning exercise -R7 11:30am-Penny Pitch-R7 2:30am-Going to Boston Dice Game-R7 2:15pm-Music by Ramundo-R7 3:30pm-Kickball-R7 7:00pm-Movie Night-R7</p>
<p>10:30 am-Mass on Assisted-A7 11:15am-Exercise to music-R7 11:45am-Parachute fun-R7 2:15 pm- Make pizza-R7 3:30pm-Old Tyme Sing a long -R7 4:30pm- Baskets of fun-R7 6:45pm-Peace and color-R8</p> <p>Autumn Colors week</p>	<p>9:30 am- Arthritis Exercise-R7 10:30am-Bowling-R7 11:30am-Leaf Rubbing-R7 1:45pm- Walk to ice cream parlor 2:00 pm-Hand massages-R7 3:30pm-Can you picture this? R7 4:30pm-Its Puzzling-R7 6:45pm-Music by Donna Docenko-R4 8:15pm-Bills @NY Thanksgiving Day (Canada) Indigenous Peoples' Day Columbus Day (US)</p>	<p>9:30am- Sing and stretch-R5 10:15am-Fall garden work-raised gardens-R6 11:15am-Can you picture this?-R5 2:00am-Baking cookies-R5 2:30pm-Toss across-R5 3:15pm-Water painting-R5 4:30pm-Baskets of Fun-R5 6:45pm Sing a long -R4</p>	<p>9:30am- Sit and Stretch -R2 10:15am-Spotlight of the week-R2 10:30am-Autumn Humor-R2 11:15am-Card Club-R2 2:15pm- Music by Sujeet-R2 3:30pm- Community Meeting-R2 4:30pm- Fun with color-R4 6:45pm-Faith Sing a long-R4</p> <p>Sukkot Begins</p>	<p>9:30am-Dance moves-R5 10:15am- Catholic Communion-R5 10:45am-Country Ride 12:00am-Greenhouse time-R5 2:00pm-Walk to Ice cream Parlor-R5 2:30pm-Drum for health-R5 3:00pm-Autumn Trivia-R5 3:30pm-Bell Choir-R5 4:30pm- Sewing circle-R4 6:30pm-Card Club-R4</p>	<p>9:30am- Arthritis exercise -R7 10:15am-Card games-R7 11:15pm-Greenhouse Time-R7 12:00pm-Ball Toss-R7 2:00pm-Make cookies-R7 2:15pm-Fall Leaf Swag Garland-R7 3:30pm- Penny's in -P7 4:30pm- Group puzzle-R7 6:30pm-Bingo-R7</p>	<p>10:15am- Morning news-R7 10:30am-Zumba with Marilyn-R7 11:30am-Horseraces-R7 2:15 pm- Music by Joe Mahfoud-R7 3:30pm-Octaband-R7 7:00pm-Movie Night-L7</p>
<p>10:30 am-Mass on Assisted-A7 11:15am-Exercise to music-R7 11:45am-Talk and Toss -R2 1:00pm-Bills vs. Titans 2:15pm- Make Fruit salad-R5 3:30pm-Junk Drawer Detective -R5 4:30pm- Baskets of fun-R5 6:45pm-Peace and Color-R8</p> <p>Pumpkin Week</p>	<p>9:30 am- Arthritis Exercise-R7 10:15am-Indoor Hockey-R7 11:30am-Pumpkin Humor-Word Search 1:45pm- Walk to ice cream parlor 2:15pm-Everyday sounds-R7 3:30pm- Corn hole on the patio-P7 4:30am-Its Puzzling with music-R7 6:45pm-Armchair travels -R4</p>	<p>9:30am- Sing and stretch-R5 10:15am-Bake Pumpkin cookies-R5 11:15 am- Magazine scavenger hunt-R5 12:00am-Greenhouse Time-R5 2:00pm-Make over magic-R5 2:15pm-Bulletin Board Prep.-R5 3:30pm-Horseshoes -P5 4:30pm-Baskets of Fun-R5 6:45pm-Online sing a long with Suzie Q-R4</p>	<p>9:30am-Sit and Stretch-R2 10:15am- Spotlight of the week-R2 10:30am-Decorate Paper pumpkins-R2 11:15am-Bunco-R2 2:15pm- Rosary-R2 3:30pm- Pumpkin Putt -R2 4:30pm-Fun with color-R4 6:30pm- Oktoberfest-R</p>	<p>9:30am-Dance moves-R5 10:15am- Catholic Communion-R5 10:45am- Country Ride-R5 2:00pm- Walk to Ice cream parlor-5 2:30pm-Rhythm Band-R5 3:30pm-Greg and Clarks Pumpkin-R5 carving adventure on you tube 4:30pm- Balloon Swat-R4 6:30pm-Card club-R4</p> <p>Simchat Torah Begins</p>	<p>9:30am- Arthritis exercise -R7 10:15am-Cardo-R7 11:15pm-Greenhouse Time-R7 12:00pm-Ball Toss-R7 2:00pm-Make cookies-R7 2:45pm- Name 5 -Pumpkin-R7 3:30pm-Golf on the patio -P7 4:30pm- Group puzzle-R7 6:30pm-Bingo-R7</p>	<p>10:15am- Morning news -R7 10:45am- Morning exercise-R7 11:15am-Shooting Gallery-R7 2:15pm- American Songbook Sing a long 3:30pm-Corn Hole Toss-R7 7:00pm-Movie Night-L7</p>
<p>10:30 am-Mass on Assisted-A7 11:15am-Exercise to music-R7 11:45am-Parachute Fun -R7 1:00pm-Bills vs. Seattle 2:15pm- Make pizza-R7 3:30pm- Ball Toss-R7 4:30pm-Baskets of Fun-R7 6:45pm-Peace and color-R8</p> <p>Halloween Week</p>	<p>9:30 am- Arthritis Exercise-R7 10:15am- Mummy Bowling-R7 11:30am-Random Trivia-R7 1:45pm- Walk to ice cream parlor 2:45pm- Hand Massages -R7 3:30pm-Famous couples game-R7 4:30am-Its Puzzling-R7 6:45pm-Music by Sinatra and more-R4</p>	<p>9:30am- Sing and stretch-R5 10:15am-Witches Hat Toss -R5 11:15 am-Sing and stroll-R5 12:00am-Greenhouse Time-R5 2:00pm-Baking Cookies-R5 2:15pm-Water Painting-R5 3:30pm-Math facts-R5 4:30pm-Baskets of Fun-R5 6:45pm-Online sing a long with Suzie Q-R4</p>	<p>9:30am-Sit and Stretch-R2 10:15am- Spotlight of the week-R2 11:00am-Bunco-R2 2:15pm- Costume fun-R2 3:30pm- Rosary-R2 4:30pm-Fun with color-R4 6:45pm-Viva Niagara Monster Mash</p>	<p>9:30am-Dance moves-R5 10:15am- Catholic Communion-R5 10:45am- Country Ride-R5 2:00pm- Walk to Ice cream parlor-5 2:30pm-Halloween Party-R5 4:30pm- Balloon Swat-R4 6:30pm-Card club-R4</p> <p>Happy Halloween!</p> <p>Halloween</p>	<p>Key:1-Lee 2-Linda 3-Jen 4-Erika 5-Bekah 6-Valerie 7-Recreation staff 8-Volunteer/Nursing staff- 9-independent Room key: A-Activity Room (Assisted) P-Patio/Parlor R-Recreation/Activities L-Living Room</p> 	