

January 2025

Recreation Calendar for Harmony Lane of Orchard Heights

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>10:30 am-Online Catholic Mass with Communion-R 5</p> <p>11:45am-Axe Throwing-R 2:15 pm- Qwirkle-R2 3:30 pm- Baskets of fun-R5 4:25 pm-Puzzles-R5 6:45pm-Peace and color-R8</p> <p style="text-align: center;">Winter Week</p>	<p>9:30 am- Arthritis Exercise-R6 6</p> <p>10:30 am- Snowman Bowling-R5 11:30am-True or False-R5 2:15 pm- Bingo-R5 2:45pm-Clay Creations-R5 3:30 pm-Toss across-R5 6:45 pm- Music by John Renna-R5</p>	<p>9:30 am- Sing and stretch-R3 7</p> <p>10:15 am-Bell Choir-R3 11:00 am-Indoor Hockey-R3 12:00am-Greenhouse Time-R3 2:00 pm- Walk to the ice cream parlor 2:45pm-Snowball Games-R3 3:15pm-Pretty nails/family stories-R3 3:45pm-Its Puzzling-R5 6:45pm-Online sing a long with Suzie Q-R5</p>	<p>9:30am-Sit and Stretch -R5 1</p> <p>10:30am-In the spotlight-R5 11:30am-Knock Hockey-R5 2:15pm-New years social with Mike Horning-A5 3:15pm-Rosary-R5 4:30pm-Sing and Stroll-R5 6:45pm-Americas funniest home videos-R6</p> <p style="text-align: center;">New Year's Day</p>	<p>9:30am-Dance moves-R7 2</p> <p>10:15 am- Catholic Communion-R7 10:45am-Country Ride-O 2:15 pm- Where in the world?-R5 3:00 pm-Balloon Swat-R5 3:30pm-Charades-P5 4:30 pm-Fun with color-R5 7:00 pm-Classic TV</p>	<p>9:30am-Move to Music -R7 3</p> <p>10:15am-Bake cupcakes -R7 11:00 am-Dice game-R7 Noon- Greenhouse Time-R7 2:00 pm- Walk to Ice cream parlor-2 2:45 pm- Flower Arranging-R5 3:15 pm-Songs about snow-R5 4:30pm-Table Ball-R5 6:30pm-Bingo-R5</p>	<p>10:15am-Morning News-R2 4</p> <p>10:45 am- Zumba with Marilyn-R2 11:30am-One and done dice game-R3 2:15pm-Music by Bill Hedderich-R2 3:30pm-Indoor Bocci-R3 7:00pm-Movie Night-L8</p>
<p>10:30am-Online Catholic Mass with Communion-R2 12</p> <p>11:45am-Parachute Fun-R2 2:15pm-Junk Drawer detective-R2 3:30pm-Nail Décor-R2 4:25pm-Puzzles 6:45 pm- Peace and color Bird week</p>	<p>9:30 am- Arthritis Exercise-R5 13</p> <p>10:15am-Make a Bird craft-R5 11:30am-Card game-R5 2:15pm-Hand massage with Donna Bridges 2:45pm-Bingo-R5 3:30pm-Armchair Travels- 6:45pm-Music by Donna Docenko-R</p>	<p>9:30 am- Sing and stretch-R3 14</p> <p>10:15pm-Trivia Time -R3 11:30am-Indoor Golf-R3 12:00am-Greenhouse Time-R3 2:00 pm- Walk to the ice cream parlor 2:45pm-Paint a birdhouse-R3 3:45 pm- Pretty nails/family stories-R3 6:45pm-Online sing a long with Suzie Q-R5</p>	<p>9:30am-Sit and Stretch-R5 15</p> <p>10:15am-In the spotlight-R5 11:30am-Categories-R5 1:30pm-Make Cookies-R5 2:15pm-Music with Mike Dennehy-R5 3:30 pm- Community Meeting 4:00 pm- Rosary-R5 4:30pm-Sing and Stroll-R5 6:45pm-Classic TV-R5</p>	<p>9:30 am- Move to music-R7 16</p> <p>10:15am-Communion Service-R7 10:45am-Country Ride-R5 2:15 pm- Basket ball-R5 3:00pm-Balloon Swat-R5 3:30 pm- Picture this-Birds-P5 4:30pm-Fun with color-R5 7:00pm-Wesleyan Church svc.-R2</p>	<p>9:30am-Move to Music -R7 17</p> <p>10:15am-Baking cookies -R7 11:00 am-Dice game-R7 Noon- Greenhouse Time-R7 12:00-Table Ball Rhyme-R7 2:00pm-Walk to Ice cream parlor-2 2:45 pm-Washers game-R7 3:30 pm-Paint With Water -P5 4:30pm-Table Ball-R5 6:15pm-Bingo-R5</p>	<p>10:15 am- Morning news -R2 18</p> <p>10:45am-Zumba with Marilyn-R2 11:30am-One and done dice game-R3 2:15pm-Music by Scott Celani-R2 3:30pm-Balloon swat-R3 7:00pm-Movie Night-L8</p>
<p>10:30 am-Online Catholic Mass with Communion-R 19</p> <p>11:45am-Axe Throwing-R 2:00 pm- Junk Drawer Detective-R5 2:30pm-Make Pizza-R2 3:30pm-Nail Décor-R2 4:25pm-Puzzles-R2 6:45pm-Peace and color-R8 Peanut butter week Activity Professionals Week</p>	<p>9:30 am- Arthritis Exercise-R5 20</p> <p>10:15am-Coffee and remembering MLK -R5 11:30am-Card game-R5 2:30 am-Bingo-R5 3:30pm-Nature watch—R5 6:45 pm- Music with The Kindred</p> <p style="text-align: center;">Martin Luther King Jr. Day</p>	<p>9:30 am- Sing and stretch-R3 21</p> <p>10:15am-Make PB and Jelly sandwiches-R3 11:15am-Indoor Hockey-R3 12:00am-Greenhouse Time-R3 2:00 pm- Walk to the ice cream parlor:15 pm- 3:30pm-Pretty nails/family stories-R3 4:30pm-Baskets of Fun-R5 6:45 pm- Online sing-a-long with Suzie Q-R5</p>	<p>9:30am-Sit and Stretch-R5 22</p> <p>10:30am-Coffee and unusual uses for peanut butter 11:30am-Knock hockey-R5 1:30pm-Make Cookies-R5 2:00pm-Easel Escapades-R5 3:15pm Rosary-R5 4:30pm-Sing and Stroll-R5 6:45pm-Americas funniest home videos-R6</p>	<p>9:30 am- Move to music-R7 23</p> <p>10:15am-Communion Service-R7 10:45am-Country Ride-R7 2:15pm-Sing a long-R5 3:00pm-Balloon Swat-R5 3:30 pm-Matching sayings-P5 4:30pm-Fun with color-R5 6:00pm-Classic TV R2</p>	<p>9:30 am- Move to Music -R7 24</p> <p>10:15 am- Make a PB and Banana sandwich-R7 11:00 am-Dice game-R7 12:0pm-Greenhouse Time-R7 2:00pm-Walk to Ice cream parlor-2 2:45 pm-Horseshoes-R7 3:30 pm- Spelling Bee -P5 4:30pm-Table Ball-R5 6:15pm-Bingo-R5</p>	<p>10:15 am- Morning news -R2 25</p> <p>10:45am-Exercise-R2 11:30am-One and done dice game-R3 2:15 pm-Music by the Kindred 3:30pm-Balloon swat-R3 7:00pm-Movie Night-L8</p>
<p>10:30 am-Online Catholic Mass with Communion-R 26</p> <p>11:45am-Parachute Fun-R 2:00 pm- Junk Drawer Detective-R5 2:30pm-Make Pizza-R2 3:30pm-Nail décor-R 4:25pm-Puzzles 6:45pm-Peace and color-R8 Chinese New Year Week Australia Day (Observed)</p>	<p>9:30 am- Arthritis Exercise-R5 27</p> <p>10:15am-Tea and Chinese Horoscope 11:30am-Card game-R5 2:30 am-Bingo-R5 3:30pm-Nature watch- 6:30 pm- Music by Sinatra and more</p>	<p>9:30 am- Sing and stretch-R3 28</p> <p>10:15 am- Order up-R3 11:00am-Indoor Golf-R3 12:00am-Greenhouse Time-R3 2:15pm-Sampling egg rolls 3:30pm-Pretty nails/family stories-R3 4:30pm-Baskets of Fun-R5 6:45pm-Travels to China</p>	<p>9:30am-Sit and Stretch-R5 29</p> <p>10:30am-Oranges and Lucky items 1:30pm-Make Cookies-R5 2:00pm-Bulletin Board Art-R5 3; 15 pm- Rosary-R5 4:30pm-Sing and Stroll-R5 6:45 pm -America's funniest videos-R6</p> <p style="text-align: center;">Chinese New Year (Year of the Snake)</p>	<p>9:30 am- Move to music-R7 30</p> <p>10:15am-Communion Service-R7 10:45am-Country Ride-R7 2:15pm-Sing a long-R5 3:00 pm-Balloon Swat-R5 3:30 pm- Picture this-P5 4:30pm-Fun with color-R5 6:00pm-Classic TV</p>	<p>9:30 am- Move to Music -R7 31</p> <p>10:15 am- Make a sandwich-R7 11:00am-Dice Game-R7 12:00pm-Greenhouse Time-R7 2:00pm-Walk to Ice cream parlor-2 2:45 pm-Velcro Catch-R2 3:30 pm-Pennys in -P5 4:30pm-Table Ball-R5 6:15pm-Bingo-R5</p>	<p>Key:1-Lee 2-Linda 3-Erika 4-Jen 5-Julie 6-Diana 7-Recreation staff 8-Volunteer/Nursing staff- 9-independent Room key: A-Activity Room (Assisted) Patio/Parlor R-Recreation/Activities L-Living Room</p>