

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 9:45 am-Chair Yoga-R2 10:30 am- Online mass/Communion Svc-R3 2:00pm-What is Shavuot?-R3 2:15 pm- Creative Crafts- Flower painting pt.1-R3 3:30 pm-Online Presbyterian Svc.-R2 6:45 pm-Independent cards-A Shavuot Begins	2 9:30 am-Strength Exercise-R4 10:00pm-Buzzword Game-R4 11:45-Lunchtime Trivia 2:15 pm-Making snacks-R4 3:30 pm-Word Mining-L5 4:15 pm- Kings in the corner with Erika-R5 6:45 pm-Bingo	3 9:30 am-Tai Chi-R2 10:15 am- Classical Music and Tea-R2 The Store is open 11:00 am-1:00 pm 2:15 pm-Welcome Tea-R3 3:30 pm-Reading aloud-P3 4:15pm-Sudoku with Erika-R3 6:45am-Sing with Friends-R5	4 9:30 am- Arthritis Exercise- Daily Chronicle -R6 10:00am-Cranium Crunches-R6 10:30 am-Linda and Larry return to visit! 11:00 am -Skipbo-R4 11:45am-Lunchtime Trivia Challenge 1:30am-Friends Walking Club-R4 2:15 pm- Planting raised gardens-R4 3:30 pm-Friendly visits 6:45 pm-Bingo-R6	5 9:30 am Move to music-R2 10:15 am- Catholic communion-R 10:45 am- Mass at St.Bernadettes-R The Store is open 12:00 am-1:00 pm 2:15pm-Yahtzee/Dominoes/Cheese tasting-R3 3:30 pm-Nail Décor-L3 6:45 pm-Crossword Puzzle-R5	6 9:30 am- Cardio Drumming -R2 10:00 am Country Ride-R2 10:15am-Chat and color-R2 10:15 am- Knit and Crochet club-R2 2:15 pm- Paint with Linda-R2 3:30 pm- Biography- Maureen Stapleton 6:45pm-Bingo-R6	7 10:15 am- Zumba with Marilyn-R 10:45am-Independent Chess-R2 11:00am-Nail Décor-C2 10:45am-Independent Chess-R2 2:15 pm- Music by Dennis Reilly-R2 3:45 pm-Horse shoes-R2 5:45 pm- Saturday night movie- Leggo the movie- your lounge
8 10:00 am -Chair Yoga-R2 10:30 am- Online mass/Communion Svc-R3 2:15pm-Creative Crafts- Assembling flowers-R3 3:30 pm- Online United Methodist service-R3 6:45pm-Independent cards-R	9 9:30 am- Strength Exercise-R4 10:15 am- Bingo-R6 11:45 am-Lunchtime Trivia 2:00 pm- Monday matinee- Father of the Bride-R 3:30pm-Rummy 500-A4 4:15 pm- Kings in the corner with Erika-R5 6:45 pm- Father's Day Celebration with Jacob Drops-R	10 9:30 am- Tai Chi-R2 10:15 am- Chef Chat-R2 The Store is open 11:00 am-1:00 pm 2:15 pm- Faith Sing-along-R2 3:30 pm- Flavored Iced Tea social-R2 6:45 pm- Crafts with EA soccer girls-R2	11 9:30 am June Spiro exercise Daily chronicle - R6 10:00am-Wheel of Fortune-R6 11:45am-Lunchtime trivia Challenge 1:30 am- Friends Walking club-R4 2:15 pm- Floral Melodies-R2 3:30pm-Name that tool-R2 6:45pm-Bingo-R2	12 9:30 am- Move to music-R2 10:15 am- Catholic Mass-R 10:45 am- Rosary-R7 The Store is open 12:00 am-1:00 pm 1:15 pm- Men to Buffalo Naval Park museum-O4 2:15pm-Human Slot Machine-R 3:30pm-Nail Décor-W3 6:45 pm Crossword Puzzle-R5	13 9:30 am- Cardio Drumming -R2 10:00am-Country Ride-R2 10:15am-Chat and color-R2 10:15 am- Knit and Crochet club-R2 11:30 pm- Pizza party with Nardin Academy-R 3:00 pm- Paint with Linda-R2- 6:45 pm- Bingo-R6	14 9:45 am- Exercise to music 11:00am-Nail Décor-L2 10:45am-Ind. Euchre -R2 2:15 pm- Flag day with Scott Celani-R2 3:45pm-Friendly visits 5:45 pm- Saturday night The Theory of Everything- Netflix- your lounge Flag Day (U.S.)
15 9:45 am- Chair yoga-R2 10:30 am- Online mass/Communion Svc-R3 2:15 pm- Father's Day with Bill Hedderich 3:30pm-Gift delivery-R3 6:30 pm- Independent cards-A Father's Day	16 9:30 am- Strength Exercise-R4 10:00 am- Kitchen Creations-R4 11:45 am- Lunchtime Trivia 2:15pm-Front Porch Games-R5 3:30 pm-Spelling Bee-R5 4:15 pm- Kings in the corner with Erika-R5 6:45 pm-Bingo-R6	17 9:30 am- Tai Chi-R2 10:00 am- Coffee and What would you do? R2 The Store is open 11:00 am-1:00 pm 2:30 pm- Men's building club-R 3:30pm-Reading aloud-P 4:15pm-Sudoku with Erika-R5 6:45 pm- VA informational program-R2	18 9:30 am Arthritis Exercise – Daily Chronicle-R6 10:00 am- Can you name this Animal on YouTube-R6 11:00 am-1:00pm-Alzheimer's Longest day Footlong hot dog sale-R6 1:30 am- Friends Walking club-R4 2:15 pm- Paint with Linda-R2 3:30pm-Friendly visits-R2 6:45 pm-Bingo-6	19 9:30 am- Move to music-R2 10:15am-Catholic Communion-R 10:45 am- Rosary-R7 11:00 am- Lunch trip to Connors Hotdogs-O4 2:15 pm- Juneteenth- celebration of freedom-R2 3:30pm-Nail Décor-C2 6:45 pm-Crossword Puzzle-R5 Juneteenth	20 9:30 am-Cardio Drumming-R3 10:00am-Country Ride-R2 10:15am-Chat and color-R2 10:15 am- Knit and Crochet club-R2 2:15 pm- Welcome Summer Party on the Porch with Mark Mazur Little Big Band-P1 6:45pm-Bingo-R6 Summer Begins	21 10:15 am- Zumba with Marilyn-R2 11:00-am Nail Décor-W2 10:45am-Ind. Chess -A2 2:15 pm- Music by Sujeet Desai-R2 3:45pm-Friendly visits 5:45 pm- Saturday night movie - Ali - Netflix- your lounge
22 9:45 am- Chair yoga-R2 10:30 am- Online mass/Communion Svc-R3 2:15 pm- pm-Greg Kinal- The 1970's-R3 3:30 pm- Hymn Sing-R3 6:45pm-Independent cards-A	23 9:30 am- Strength Exercise-C2 10:00 am-Headbanz game-R4 11:45am-Lunchtime Trivia Break 2:00pm-Bar-room buzzards concert-R5 4:15 pm- Kings in the corner with Erika-R5 6:45 pm- Bingo-R6	24 9:30 am- Tai Chi-W2 10:00 am- Coffee Chat and Table Talk-W2 The Store is open 11:00 am-1:00 pm 2:15 pm- Resident Council-W2 3:15 pm-Reading aloud-P 6:45 pm-Crossword Puzzle-R5	25 9:30 am Arthritis Exercise- Daily Chronicle -L6 10:00am-Traveling Library cart 11:45am-Lunchtime Trivia Challenge 1:30am-Friends Walking club-R4 2:15 pm- Sing with friends- R2 3:30pm-Friendly visits-R2 6:45 pm-Bingo-R6	26 9:30 am- Move to music-C2 10:15am-Catholic Communion-C 10:45 am- Rosary-C7 The Store is open 12:00 am-1:00 pm 2:00 pm- Shop at Ollies-R2 2:15 Traveling Strawberry Shortcakes-C2 3:30pm-Nail Décor-C2 6:45 pm- Craft with EA soccer girls-R2	27 9:30 am- Cardio Drumming-L2 10:00 am- Country Ride-R2 10:15am-Chat and color-L2 10:15 am- Knit and Crochet club-L2 2:15-Traveling art projects 3:15 pm about Giraffes-L2 6:45pm-Bingo-R6	28 10:15 Exercise to music-R2 11:00-am Nail Décor-C2 10:45am-Ind. Euchre -A2 2:15 pm- Music by Lyle Stang-R2 3:45 pm-Horseshoe tournament 5:45 pm- Saturday night movie- Netflix-The Forge-your lounge
29 9:45 am- Balance Exercise-R2 10:30 am- Online mass/Communion Svc-R3 2:15 pm- Creative crafts- jewelry making-R3 3:30 pm-Online Lutheran Svc.-R2 6:30 pm- Independent Cards-A	30 9:30 am- Strength Exercise-C2 10:00am-Catch Phrase game-R4 11:45am-Lunchtime Trivia Break 2:00pm-Monday matinee-Six days Seven nights-R 3:00pm-Charades-C5 4:15 pm- Kings in the corner with Erika-R5 6:45 pm-Bingo-R6	<div> <div>June 2025</div> <div>Recreation Calendar for Orchard Heights Assisted Living.</div> </div>				

This calendar is subject to change. Please see Lee with questions and suggestions. Key: Calendar Key: Staff- 1-Lee 2-Linda 3-Breanna 4-Recreation staff 5-Erika 6-staff 7-Recreation staff 8-Volunteer- 9-independent Room key: A-Art Gallery C-Chestnut Lounge LI-Library D- Main dining Room I-Ice cream parlor area LB-Library L-Lilac Lounge O-Outing P-Patio/Parlor R-Recreation